



30 DAY PRAYER GUIDE



HOPE PREGNANCY CENTER

FRIENDSOFHPC.COM

PO BOX 400 / 17 SW 6TH ST.
ONTARIO, OR 97914

541-889-4272
OFFICE@HPCONTARIO.COM

Note: Please make a copy of this prayer guide and customize to the needs and specific prayer requests of your church and local pregnancy center.

2026 PRAYER GUIDE

Use these 30 Scriptures and prayer points to pray for your Hope Pregnancy Center.

DAY 01 *Psalm 27:14 Wait for the LORD; be strong, and let your heart take courage; wait for the LORD!*

- Pray for mothers and fathers to be strong and trust the Lord to help them parent their child
- Pray our clients will wait on the Lord and trust He will provide everything they need for their child.
- Pray for God to give our clients courage, strength and faith to walk out the journey of carrying their child and parenting their child.

DAY 02 *Psalm 71:14 But as for me, I will hope continually and will praise You yet more and more.*

- Pray for clear communication as we share truth regarding the physical, emotional and spiritual consequences of sex outside God's plan of marriage.
- Pray for those who are blind to the consequences of sin, to receive God's ability to see (through faith and repentance)!

DAY 03 *Psalm 91:2 I will say to the LORD, "My refuge and my fortress, my God, in whom I trust."*

- Pray for protection over the Center- Board, staff and volunteers.
- Pray for protection for clients who come into the center.
- Pray for the mother's decision to carry and parent their babies (choose life).

DAY 04 *Psalm 119:9 How can a young man keep his way pure? By guarding it according to your word.*

- Pray for the youth of our communities and churches. That they might understand at an early age that keeping /obeying God's word, keeps them out of most troubles.
- Pray for the Community Educators Kami, and Chet who go out into our local public schools to teach the youth the dangers of sexual sins outside of marriage.
- Pray for your local school district- to welcome HPC and for fruit from our efforts.

DAY 05 *Psalm 127:3-5 Behold, children are a heritage from the LORD, the fruit of the womb a reward. Like arrows in the hand of a warrior are the children of one's youth. Blessed is the man who fills his quiver with them! He shall not be put to shame when he speaks with his enemies in the gate.*

- Pray that both mothers and fathers view their children as gifts from God.
- Pray for the fathers, that they encourage the mother to carry the child to full term.
- Pray that both mothers and fathers find support and help through their family and friends.

DAY 06 *Psalm 139:14 I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.*

- Pray for moms to have joy, thanksgiving and celebration for the new life in her womb.
- Pray for salvation for each one to know the love of Christ.
- Pray for our medical team- Jessica, Jana, Kim, Chanda, Valerie, Dr. Wootton, Dr. Cegnar.

DAY 07 *Psalm 139:15-16 My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth. Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me, when as yet there was none of them.*

- Pray for an end to abortion- nation, Oregon and Idaho, and in Ontario.
- Pray for abortion-minded clients to find HPC.
- Pray for Ontario to be a community that supports life!

DAY 08 *Proverbs 6:16-17 There are six things that the LORD hates, seven that are an abomination to him: haughty eyes, a lying tongue, and hands that shed innocent blood*

- Pray that the enemy's voice be silenced when a client walks into Hope Pregnancy Center.
- Pray that once the client leaves HPC, she can distinctly hear the voice of God over the world's influences.
- Pray there is a softening of the heart once the mother realizes that abortion means murder.

DAY 09 *Isaiah 40:31 But they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.*

- Pray For our Client Advocates (Deb, Raquel, Charlene and Heather) to share the hope of the Gospel with the mother.
- Pray that the client will then come back to take advantage of our "Earn While You Learn" program and go through the bible study that is offered with it.
- Pray for the Client not to get discouraged, fearful and lonely. Ask God for his Spirit to engulf her.

DAY 10 *Isaiah 41:10* *Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.*

- Pray that our Fatherhood ministry (Chet Bayes, director) will be completely blessed by God, and that men who come in feel welcomed, heard, and supported.
- Pray that the fathers who are seen do not feel alone, and are able to hear the Good News, accept Christ and begin the journey with God.
- Pray for God's Spirit to soften men's hearts- to be loving and caring providers of their family and protectors of the preborn.

DAY 11 *Isaiah 61:1-4* *The Spirit of the Lord GOD is upon me, because the LORD has anointed me to bring good news to the poor; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; to proclaim the year of the LORD's favor, and the day of vengeance of our God; to comfort all who mourn; to grant to those who mourn in Zion— to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning, the garment of praise instead of a faint spirit; that they may be called oaks of righteousness, the planting of the LORD, that he may be glorified. They shall build up the ancient ruins; they shall raise up the former devastations; they shall repair the ruined cities, the devastations of many generations.*

- That those enslaved to the sin of abortion will be liberated through the Healing Hearts Bible study.
- That those who mourn over their sin of abortion would be comforted through the Lord's redemption.
- Pray for your Church- to support men, women, and teens facing an unplanned pregnancy (and to begin a support ministry for moms or young families).

DAY 12 *Jeremiah 1:5* *"Before I formed you in the womb I knew you, and before you were born, I consecrated you; I appointed you a prophet to the nations."*

- Pray that the mothers see their child as an individual who needs a chance at life and who has the potential to do great things.
- Pray that the knowledge of conception where life begins, the soul is created, a human being is being formed - resonates loudly with the parents.
- Pray for your pastor to have a vision and the conviction of supporting and promoting life in your church.

DAY 13 *Ezekiel 33:11* *Say to them, As I live, declares the Lord GOD, I have no pleasure in the death of the wicked, but that the wicked turn from his way and live; turn back, turn back from your evil ways, for why will you die, O house of Israel?*

- Pray for those who work in abortion clinics, to recognize the evil of the work they perform and to be saved into God's kingdom.
- Pray for the states to lose the ability to fund abortion.
- Pray for God's people to battle in the spiritual realm against the forces of evil who seek to harm the innocent.

DAY 14 *Matthew 4:16* *The people dwelling in darkness have seen a great light, and for those dwelling in the region and shadow of death, on them a light has dawned.*

- Pray that potential clients see HPC's marketing efforts (billboard, theater ad, etc.) and see it as a beacon of light, ushering them to HPC so that they can find the Lord.
- Ask for protection and favor over HPC's presence (physical and promotional) within the community, including schools, campuses, and churches.
- Pray for our marketing team to reach those in darkness- pray for God's creative wisdom for Christana, Katie, and Rod (videographer).

DAY 15 *Matthew 5:4* *Blessed are those who mourn, for they shall be comforted.*

- 1 in 4 pregnancies end in miscarriage. This is often heartbreaking and/or guilt producing to a mother. In most cases though the cause of death is not known.
- Pray for both the mothers and fathers to come back into HPC after experiencing a miscarriage and allow for God's word to be shared with them and that they find comfort.

DAY 16 *Luke 10:27-37* *...And he answered, "You shall love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and your neighbor as yourself." And he said to him, "You have answered correctly; do this, and you will live." But he, desiring to justify himself, said to Jesus, "And who is my neighbor?" Jesus replied, "A man was going down from Jerusalem to Jericho, and he fell among robbers, who stripped him and beat him and departed, leaving him half dead. Now by chance a priest was going down that road, and when he saw him, he passed by on the other side. So likewise, a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he journeyed, came to where he was, and when he saw him, he had compassion. He went to him and bound up his wounds, pouring on oil and wine. Then he set him on his own animal and brought him to an inn and took care of him. And the next day he took out two denarii and gave them to the innkeeper, saying, 'Take care of him, and whatever more you spend, I will repay you when I come back.' Which of these three, do you think, proved to be a neighbor to the man who fell among the robbers?" He said, "The one who showed him mercy." And Jesus said to him, "You go, and do likewise."*

- Ask that the Lord will help us establish connection and trust with our clients and that they will perceive His love through us.
- Pray that we will extend the Lord's kindness, compassion and mercy to all our clients.
- Pray also for the local church to reach out with compassion to our neighbors, especially those needing HPC's services.

DAY 17 *John 15:4* *Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me.*

- Pray for the Board, staff and volunteers to spend time with God in his word and in prayer. Nothing can be done without Jesus being involved. Hearts will not be changed; lives cannot be restored. Only through prayer and the pleading for the Spirit of God to intervene in the lives of the clients, can lives be saved. (both child and mother).
- Pray for the Earn While You Learn (EWYL) program to be fruitful in their bible study with the clients and for their lives to be changed (Raquel, Kathy, Sandy, Reyna, Cynthia, and Chet).

DAY 18 *Acts 3:19 Repent therefore, and turn back, that your sins may be blotted out...*

- Pray for the Board, staff and volunteers to keep their hearts humbled before God, repenting when needed, so that the power of God's Spirit may be present in this ministry.
- Pray that our clients can quickly recognize their sins upon hearing the word of God and be saved.
- Pray for strong unity and love for our board of directors, staff, and volunteers.

DAY 19 *Acts 26:18 To open their eyes, so that they may turn from darkness to light and from the power of Satan to God, that they may receive forgiveness of sins and a place among those who are sanctified by faith in me.*

- Ask the Lord that those at HPC, to have the right words to say at the right moment when speaking with the clients, and that they might receive Christ.
- For the gospel to take root in hearts and bear fruit.

DAY 20 *2 Corinthians 5:11-15 Therefore, knowing the fear of the Lord, we persuade others. But what we are is known to God, and I hope it is known also to your conscience. We are not commending ourselves to you again but giving you cause to boast about us, so that you may be able to answer those who boast about outward appearance and not about what is in the heart. For if we are beside ourselves, it is for God; if we are in our right mind, it is for you. For the love of Christ controls us, because we have concluded this: that one has died for all, therefore all have died; and he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.*

- Pray that we would be controlled by the love of Christ.
- Pray that we would have spiritual insight into client's lives and situations.
- Pray that as Christ's ambassadors, we would rightly proclaim God's appeal of reconciliation.

DAY 21 *2 Corinthians 5:16-21 From now on, therefore, we regard no one according to the flesh. Even though we once regarded Christ according to the flesh, we regard him thus no longer. Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come. All this is from God, who through Christ reconciled us to himself and gave us the ministry of reconciliation; that is, in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting to us the message of reconciliation. Therefore, we are ambassadors for Christ, God making his appeal through us. We implore you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.*

- Pray for new life for our clients- salvation, repentance, and holiness.
- Pray for our staff and volunteers to share the gospel with boldness, clarity, and the Spirit's power (Chet, Cynthia, Deb, Raquel, Sandy, Kathy, Reyna, Heather and Charlene).

DAY 22 *Galatians 6:1-2* Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted. Bear one another's burdens and so fulfill the law of Christ.

- Pray for those who come into HPC to feel a sense of being cared for in the spirit of gentleness, not to shame them in their hour of need, but for each client to be treated with the love of God so that they may hear of the true hope in their lives - Jesus.
- Pray for a humility of heart in those who work or volunteer for HPC, so that they can represent Jesus well.

DAY 23 *Galatians 6:9* And let us not grow weary of doing good, for in due season we will reap, if we do not give up.

- Pray for the Board of Directors of HPC (Pastor Ian, Kent, Dawn, Jenny and Holly), that they can listen to the still small voice of God.
- Pray for the Board of HPC, that the time that they freely give to this ministry will be given back to them seven-fold.
- Pray for the Board of HPC, that they can discern God's vision, heart, and mind to further the purposes of God's Kingdom through HPC.

DAY 24 *Ephesians 5:11* Take no part in the unfruitful works of darkness but instead expose them.

- Pray for God's light to shine so brightly, that those who are searching for hope and comfort will be able to find HPC easily.
- Pray for God to remove Planned Parenthood from Ontario and to prevent them from entering local schools.
- Pray for those enslaved to drugs that God would set them free.

DAY 25 *Colossians 4:5-6* Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.

- Pray for our Community Educators (Kami and Chet), as they go out into schools, that their work will be fruitful, that they will find favor with our local schools
- Pray for students to understand the consequence of sexual activities before marriage, that they are able to absorb the teaching and apply it to their lives.
- Pray that our Community Educators are invited into the Church's youth groups.

DAY 26 *1 Thessalonians 5:11* Therefore encourage one another and build one another up, just as you are doing.

- Pray for the encouragement of the staff and volunteers at HPC to continue in the Lord's strength (Dr. Wootton, and Dr. Cegnar)
- Pray for the partnering of churches and individuals to continue in their financial support of HPC.
- Pray that the outside activities of HPC be successful and fruitful in drawing in clients and supporters.

DAY 27 *1 John 1:9* If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

- Pray that those who hear the word of God will recognize the need for forgiveness, to repent and become a part of the family of God.
- Pray that as God's family we are quick through the Holy Spirit to recognize when we sin, and quickly ask for forgiveness, so that our sins do not hinder the work of God.

DAY 28 *James 4:6-10* But he gives more grace. Therefore, it says, "God opposes the proud but gives grace to the humble." Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double minded. Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. Humble yourselves before the Lord, and he will exalt you.

- Pray all are reminded, and that we continually pray for those who are still under the bondage of sin.
- Pray for all those who - work /support/volunteer at Hope Pregnancy Center, ever be mindful that without God nothing is possible, but with God all things are possible.

DAY 29 *Ephesians 6:10-13* Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore, take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.

- Pray God's protection upon our local churches- to remain strong and committed to the sanctity of human life.
- Pray for God to rescue our youth out of a culture of death.
- Pray for your own family as the enemy attempts to deceive and destroy the image of God among your marriage and children.

DAY 30 *Ephesians 6:14-18* Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God, praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints.

- Pray that God lifts this ministry in our communities, allowing for HPC to do good to those who come to our door.
- Pray that God will silence those who wish to silence us.

THANK YOU FOR STANDING WITH US IN PRAYER!

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