



# FISHER INDEPENDENT SCHOOL DISTRICT #600

Mason Grimes, Interim Superintendent  
Jake Sele, Dean of Students  
Emily Moulds, Business Manager

313 Park Avenue  
Fisher, MN 56723  
218-891-4105

## WELLNESS MEETINGS 2025-26

*All wellness meetings are open to the public and are posted on the school calendar and website.*

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### FALL MEETING

**DATE:** October 6th, 2025

**PRESENT:** Emily Moulds, Caroline Tinkham, Alaina Adams, Mason Grimes, and Jake Sele

**AGENDA:**

1. **Review Wellness Policy (433)** - *updated to MSBA model and presented to the board*
2. **Review Unpaid Meals Policy (434)** - *updated to MSBA model and presented to the board*
3. **Identify Winter Staff Wellness Event** - *staff gathering at Downtown Axe*
4. **Complete Well SAT Assessment** - *completed and posted*
5. **Complete Triannual Assessment** - *completed and posted*

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### SPRING MEETING

**DATE:** April 13th, 2026

**PRESENT:** *Emily Moulds, Caroline Tinkham, Alaina Adams, Mason Grimes, and Jake Sele*

**AGENDA:**

1. **Evaluate the implementation of Wellness Policy** - *would like to improve breakfast and lunch offerings.*
  - a. *Create a better space for HS students to eat*
  - b. *Hire 2nd cook to make more scratch meals*
2. **Fresh Fruits and Veggies Update** - *do not qualify next year*
3. **Identify End-Of-Year Staff Wellness Event** - *send survey to staff as we have done in the past*