

Privacy Policy

Effective Date: February 20, 2026

Introduction

[TU APP] ("the App", "we", "us", or "our") is committed to protecting the privacy of its users ("you" or "your"). This Privacy Policy explains how we collect, use, and protect your information when you use the App.

Information We Collect

We may collect the following types of information when you use the App:

Account Information

When you create an account, we may collect your name, email address, and password.

Profile Information

You may choose to provide additional profile information, such as a profile picture or other optional details.

Usage Data

We may collect limited information about how you use the App in order to improve performance and user experience.

Device Information

We may collect basic technical information about your device, such as device model, operating system version, and IP address.

Use of Information

We use your information for the following purposes:

- To provide and improve the App

- To communicate with you regarding your account or updates
 - To enhance performance, security, and user experience
 - To prevent fraud, abuse, or misuse of the service
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Screen Time / Family Controls Usage

[TU APP] uses Apple's Family Controls and Screen Time frameworks strictly for voluntary, user-initiated digital wellbeing purposes.

The App does not access or store detailed app usage data beyond what is required to enable user-selected app restrictions.

[TU APP] does not monitor other individuals, does not provide covert tracking functionality, and does not share Screen Time data externally.

All app restrictions are initiated and controlled by the user and can be modified or disabled at any time.

Sharing of Information

We do not sell, rent, or trade your personal information.

We may share information only in the following cases:

- With trusted service providers that help operate the App (e.g., hosting providers)
 - If required by law or legal process
 - To protect our legal rights or user safety
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Your Choices

You may access, update, or delete your account information at any time within the App settings.

You may opt out of non-essential communications by adjusting your notification settings.

Data Security

We implement reasonable administrative, technical, and organizational safeguards to protect your information. However, no method of transmission or storage is completely secure.

Changes to This Policy

We may update this Privacy Policy from time to time. Any changes will be posted within the App and/or on our website.

Contact

If you have any questions about this Privacy Policy, you may contact us at:

[EMAIL DE TU APP] @gmail.com