

Primary 1 Learning Tasks E

Literacy	Numeracy	Health and Wellbeing	Learning Across the Curriculum
Read stories together. • Make predictions as you read • Look for clues in pictures • Discuss what has happened so far • Draw a picture of your favourite part of the story and write what happened. • Draw what happened at the beginning, middle and end of the story and describe it in your own words.	Count different objects, items and toys you find around the house. How many would you have if you took some of them away? How many would you have if you had a few more? Make groups of objects, items or toys. Which group has more?	Take time to be active each day. Try to come up with different creative ways to move your body or to travel around the house. Can you skip, jump, hop or gallop? Can you think of different types of exercises you could try? Get some ideas here: https://youtu.be/mhHY8mQQ5eo Or try Cosmic Yoga. https://www.cosmickids.com/	Create a poster, presentation or video about your family. Who are the people in your family, how are they related to you? Tell a little bit about them.
Visit https://www.storylineonline.net/ to stream videos featuring actors reading children's books.	Practise counting as high as you can. Count in multiples of 2, 5, and 10. Practise counting forward and backward from a given number.	When having meals and snacks or when unpacking groceries discuss the different foods. What types of foods are they according to the eatwell plate? Are they Fruit and Vegetables; Bread, rice, potatoes, pasta and other starches; Meat, fish, eggs and beans and other proteins; Milk and dairy; Sugar and fat Draw out your own eatwell plate or try this activity: https://www.foodafactoflife.org.uk/5-7-years/healthy-eating/interactive-resources/ Discuss which foods you need to eat the most and which you need to eat the least and why.	Explore any outdoor space you have around your home. Search for different wildlife. What types of insects and animals did you find? If you couldn't find any do some research about the types of animals and insects that live in Scotland. Draw pictures of what you found and where they live.
Practise writing different letters. What sound does it make? Draw pictures of things that start with that sound.	Practise writing the numbers 0-9. Can you make them using different materials?	Think of ways to relax and be mindful. Try some mindful colouring activities, make playdough to squeeze, or do some breathing exercises.	Find out about the 5 senses (sight, hearing, taste, smell, and touch). Draw pictures of the different body parts that match each sense. Can you give examples

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Make the letters using different materials like playdough or by writing it in sand or shaving foam. Try to find examples of different letters in your home environment.	Write out numbers up to 20. Can you represent them with drawings or objects? Can you write the word that matches the number?		of things you can see, hear, taste, smell and touch? Draw some things for each.
Practise writing your name. Use different pens and pencils of various colours. Draw pictures of other things that start with the same letter as your name.	Practise addition and subtraction problems at least within 10. Use objects, items and pictures to help. Share out a group of items equally.		
Draw a picture and then write what it is about.	Learn the value of coins using real money. You could do coin rubbings and write down the value of each.		
Draw a picture of a character you have made up or one you know. Then write about them.	Practise the days of the week. Find some songs online to help you remember. Can you sing them to your class when you come back to school?		
	Look for different 2D shapes in your environment. Can you name them? Can you take photos of them or draw them? How many sides and corners do they have?		
Other helpful links: • https://education.gov.scot/improvement/scotland-learns/ Here you will find a range of ideas and suggestions of activities from the Scottish Government and Education Scotland to help you support learning at home. They are arranged into Literacy and English, Mathematics and Numeracy, Health and Wellbeing, as well as Themed learning activities. The activities are aimed at a variety of ages. The year groups next to the activities are a general guide only. • https://www.bbc.co.uk/bitesize/levels/zf7hgwx and https://www.bbc.co.uk/bitesize/dailylessons for a variety of activities and lessons from across the curriculum. • https://www.twinkl.co.uk/blog/practical-maths-activities-to-try-at-home#:~:text=Practical%20Maths%20Activities%20to%20Try%20at%20Home%201.Garden.%20...%208%20Out%20for%20a%20Walk.%20 There are lots of practical Maths activities you could try at this link.			