



# **Shoreham-Wading River High School**

# **2025-2026**

## **Co-Curricular Catalog**

### **High School Administration**

Frank Pugliese, Principal  
Daniel Ackerman, Assistant Principal  
Jonathan Lilla, Assistant Principal

### **Guidance Counselors**

Salvatore Rosato (A to Gor)  
Gina Randazzo (Goes to M)  
Jessica Siemes (Muller to Z)

## 2025-2026 SWRHS Co-Curricular Catalog

Co-Curricular programs at Shoreham-Wading River High School provide students with the opportunities to expand and enrich their learning beyond the school day. Students have a variety of programs to choose from, including STEM, robotics, athletics, leadership, community service, visual arts, performing arts, and more.

### **List of Co-Curricular Offerings**

ACT NOW Theatre Group  
Art Club  
Best Buddies  
Brainstormers  
Chamber Orchestra  
Class of 2029 – Freshmen Class  
Class of 2028 – Sophomore Class  
Class of 2027 – Junior Class  
Class of 2026 – Senior Class  
Coffee House  
*Cymbals* Art and Literature Magazine/Poetry  
SWR Dance Team  
DECA  
Drama Club  
English Honor Society  
Fall Production  
Future Farmers of America (FFA)  
Global Awareness  
GSA  
Jazz Ensemble  
Journalism Club: The *Wildcat Pause* School Newspaper  
Mathletes  
Media Production Club  
Mock Trial  
Modern Band  
National Honor Society (NHS)  
National History Day Club  
Natural Helpers  
Nautilus (Fitness Center Club)  
Robotics  
SADD  
Spark Program  
Spring Production  
Student Government  
Tri-M Music Honor Society  
Vocal Express  
Women in Science and Engineering (WISE)  
World Languages Club  
Yearbook  
Yoga

## **Descriptions of Co-Curricular Offerings**

### **ACT NOW Theater Group**

ACT NOW is a theater group that aims to promote and raise awareness of the importance of mental health, building emotional resilience, maintaining physical well being, and developing positive coping skills. The group also aims to highlight resources available in support of mental health and advocacy within the school community.

**Adviser:** Ms. Agius

**Meeting Times:** Performances on 11/3 & 11/19

**Meeting Location:** Auditorium

**Google Classroom Code:** 33karj23

### **ART CLUB**

Art Club is a place for students to work on creative projects outside of the classroom setting and to engage in conversation about different ideas and happenings in the visual arts here at SWR High School. Independent work and group projects will take place, as well as opportunities to be engaged in outside art events. All students are welcome to join! This is an encouraging and supportive place for anyone to express their creativity. Whether you enjoy drawing, painting, crafting, crocheting, etc., this is the place for you!

**Adviser:** Ms. Shepard

**Meeting Times:** Wednesdays, 2:15 – 3:15 pm

**Meeting Location:** R118

**Google Classroom Code:** 6jsr7k6

### **BEST BUDDIES**

Best Buddies is dedicated to creating opportunities for students with and without disabilities to build one-on-one friendships. Students can choose to be an associate member or a peer buddy. Members meet twice a month to take part in different activities and gatherings both in and out of school to build friendships. Activities include fundraising, the Best Buddies Friendship Walk, the Friendship Ball, and Spread the Word to End the Word. Anyone can join!

**Adviser:** Ms. Gould

**Meeting Times:** Every other Tuesday, after school

**Meeting Location:** 221-222 (RISE Classrooms)

**Google Classroom Code:** z62bfoa (letter “o”)

### **BRAINSTORMERS**

A team that competes in Quiz Bowl competitions. If you enjoy fun competitions and having lots of laughs, this club is for you.

**Adviser:** Ms. Gianfalla

**Meeting Times:** Every Thursday, 2:15 to 3:15 pm

**Meeting Location:** B105

**Google Classroom Code:** x7fkwcu

## **CHAMBER ORCHESTRA**

Chamber Orchestra is open to all high school string players (violin, viola, cello, bass). Chamber Orchestra rehearses weekly to prepare for two showcase concerts throughout the year (January and May). The repertoire includes classical, pop, rock, movie, video game, and Broadway music.

**Adviser:** Ms. O'Connor

**Meeting Times:** Every Tuesday, 2:15 to 3:15 pm

**Meeting Location:** CHOR

**Google Classroom Code:** slt5ehb

## **CLASS OF 2029 – FRESHMAN CLASS**

The Class of 2029 organizes fundraising events for the Freshman class. All freshmen are invited to join!

**Adviser:** Mr. Caskie

**Meeting Times:** Every 3rd week on Mondays during HB, and as needed after school

**Meeting Location:** B114

**Google Classroom code:** kufab3ri

## **CLASS OF 2028 – SOPHOMORE CLASS**

The Class of 2028 organizes fundraising events for the Junior Prom, the Senior Prom, and for senior activities. The sophomore class also participates in community service projects. All sophomores are invited to attend!

**Adviser:** Ms. Ziegler

**Meeting Times:** Every other Tuesday, 2:15

**Meeting Location:** C226

**Google Classroom code:** 3qplmkh

## **CLASS OF 2027 – JUNIOR CLASS**

The Class of 2027 organizes fundraising events for the Junior Prom. All juniors are invited to join.

**Adviser:** Ms. Hollywood

**Meeting Times:** 3rd Wed month during HB

**Meeting Location:** Mac Lab

**Google Classroom code:** ltdkver

## **CLASS OF 2026 – SENIOR CLASS**

The Class of 2026 helps plan many senior events, such as the Senior Prom, Senior Days, and Senior Breakfast. Students also organize fundraising events to raise money for the class. Since many decisions affect seniors, all seniors are encouraged to participate in this club.

**Advisers:** Ms. Agius

**Meeting Times:** 1x month during HB

**Meeting Location:** Mac Lab

**Google Classroom code:** mt6zj2m

## **COFFEE HOUSE**

Coffee House is a talent show held in December to highlight the many creative talents of SWR high school students. Anyone interested in sharing their talents on stage is encouraged to audition. All talents are welcome.

**Advisers:** Ms. O'Connor and Ms. Shepard

**Meeting Times:** Auditions and rehearsals will be announced in November.

## **CYMBALS ART AND LITERATURE MAGAZINE**

Cymbals aims to inspire students to generate original works of art and creative writing for publication in our annual magazine, *Cymbals*. Each club meeting will focus on a different activity designed to inspire students in an artistic or literary sense, so they can build a network of shared support and confidence in their natural talents.

Creative students of any kind can join. At Cymbals, there are poets, painters, photographers, artists, and more. Students who may not have found the medium they prefer can also join to find their passion. To anyone who likes to write, draw and be creative, Cymbals would be right for you.

**Advisers:** Ms. Nazer and Ms. Trenn

**Meeting Times:** Every Thursday, 2:15 -3:00 pm

**Meeting Location:** A204

**Google Classroom Code:** jbkvada

## **SWR DANCE TEAM**

The SWR Dance Team inspires school spirit within the high school community through game day and sporting traditions, and pep rallies. Various dance styles may be incorporated as part of Dance Club's choreography and routine, as well as technical work, precision work, synchronization, and showmanship. Dance Team members will rehearse twice a week, each week, learning and refining routines to be performed throughout the school year, including at Coffee House, basketball games, pep rallies, and Homecoming. The SWR Dance Team is a safe, welcoming environment where our dancers will build a community and develop friendships. Dancers will develop skills, dedication, leadership, and confidence while working collaboratively. Please see Ms. Zambrano for more information.

**Adviser:** Randazzo, G

**Meeting Times:** Tuesdays and Thursdays 2:30

**Meeting Location:** Cafeteria

**Google Classroom Code:** eg2s3wbw

## **DECA**

DECA stands for Distributive Education Clubs of America. Students in DECA participate in business competitions in marketing, finance, hospitality, and management. Students in DECA brainstorm to solve business problems, and present entrepreneurial projects. Students also take tests, author papers, and role play various business situations to help prepare students in areas of finance, marketing, hospitality, and management to become emerging leaders.

**Adviser:** Ms. Cosgrove

**Meeting Times:** Every other Tuesdays, 2:15 to 3:15

**Meeting Location:** 237

**Google Classroom Code:** tgnsoaj5

## **DRAMA CLUB**

The Drama Club puts together the Student Production. Students choose the show, set up auditions, rehearsals, and show nights. The club hopes to participate in other projects, as well.

**Adviser:** Ms. Agius

**Meeting Times:** **2:15**- Meeting times depend on the show's schedule. The club's first meeting will be in November to vote on a show and a director. Once rehearsals begin, they are held **every day for up to 3 hours**.

**Meeting Location:** Auditorium

**Google Classroom Code:** uj5vgsmi

## **ENGLISH HONOR SOCIETY**

A program for students who are captivated by English language and literature, creative writing, theater and drama, film and journalism. The students will immerse themselves in the experience of promoting literacy and related subjects.

**Adviser:** Mr. Gilley

**Meeting Time:** Tuesdays 2:10-3:00pm

**Meeting location:** Room A205

**Google Classroom Code:** 5duy2l4

## **FALL PRODUCTION**

Please see Mr. Creighton or Ms. Agius for more information.

## **FUTURE FARMERS OF AMERICA (FFA)**

FFA is a dynamic youth organization that changes lives and prepares members for premier leadership, personal growth and career success through agricultural education. FFA develops members' potential and helps them discover their talent through hands-on experiences, which give members the tools to achieve real-world success.

**Adviser:** Dr. Neff

**Meeting Time:** Fridays 2:10-3:00pm

**Meeting location:** Rm 108

**Google Classroom Code:** s45bm4l

## **GLOBAL AWARENESS**

Members of the Global Awareness Club aim to discuss global issues and to raise awareness about the interconnectedness of the world's cultures and its peoples. The club educates the student community about everyday life decisions that impact the lives of people worldwide. The Global Awareness Club fundraiser for local and global organizations, participates in community service events, and discusses global issues. Anyone who would like to promote good works and to influence positive change both locally and internationally is encouraged to join.

**Adviser:** Ms. Mann

**Meeting Times:** Every Thursday, from 2:15 to 3:15 pm

**Meeting Location:** B112

**Google Classroom Code:** t6o66hy7

## **GSA**

Genders and Sexualities Alliance (GSA) aims to build community and provide safe spaces and social and emotional support to LGBTQ+ and allied students, and to organize around issues that impact them. GSA aims to advocate, educate, and promote awareness for a safer, healthier school and community.

**Advisers:** Marine-Mancuso

**Meeting Times:** Every other Tuesday, 2:15 to 3:00 pm

**Meeting Location:** A201

**Google Classroom Code:** 6N5SKU7

## **JAZZ ENSEMBLE**

The Jazz Ensemble aims to develop performances that are well-versed in jazz literature. Please see Mr. O'Brien for more information.

**Adviser:** Mr. O'Brien

**Meeting Location:** Band Room

**Google Classroom Code:**

## **JOURNALISM CLUB: THE *WILDCAT PAUSE* SCHOOL NEWSPAPER**

The Journalism Club brainstorms and generates story ideas for the school digital newspaper, *Wildcat Pause*. Students write news and sports articles, opinion pages, features, A&E, club participation, and materials of class interest. Students also capture photographs, conduct and transcribe interviews for students and staff, organize journalism artifacts and resources, collaborate on copy editing projects and work on the newspaper's digital layout. Anyone can join!

**Adviser:** Mr. Ball

**Meeting Times:** Every Tuesday, 2:15-3:00pm

**Meeting Location:** A205

**Google Classroom Code:** xsou3v2

**Website:** Please visit our digital newspaper at [wildcatpause.com](http://wildcatpause.com).

## **MATHLETES**

Mathletes participate in various math competitions that are low-pressure, fun, and empowering. Some competitions are at the individual level, and some are collaborative. If you enjoy math and want a challenge beyond math class, Mathletes is for you!

**Adviser:** Ms. Fraser

**Meeting Times:** Every Monday, 2:15 to 2:45 pm,

**Meeting Location:** B214

**Google Classroom Code:** guxxiim

## **MEDIA PRODUCTION CLUB**

The Media Production Club collaborates to create, edit, and design imaginative student work. If you're interested in digital media production, visual effects (VFX), and cinematography for audio, video, music, and photography, be sure to join.

**Advisers:** Mr. Ball and Mr. Gilley

**Meeting Times:** Every Wednesday, 2:15 to 3:30 pm

**Meeting Location:** Mac Lab A209

**Google Classroom Code:** xums2fi

### **MOCK TRIAL**

Mock Trial Club will be competing against other schools in a mock trial. Students can play the role of attorneys or witnesses for either the Prosecution or the Defense. Our first competition will be the beginning of February and our performance at the competition will determine how long our season is.

**Advisor:** Gianfalla

**Meeting Time:** Every other Wednesdays at 2:15

**Meeting Location:** B105

**Google Classroom Code:** u75cxbc

### **MODERN BAND**

Modern Band is for a specialized group of high school musicians who are interested in the musical style of modern popular music.

Features: trumpets, trombones, saxophones, piano, guitar, voice and drums. They rehearse throughout the year and have performances in January and June.

Modern band is a new ensemble with no defined parameters and is designed to be student led.

**Advisor:** O'Brien

**Meeting Time:** Thursdays at 2:15-

**Meeting Location:** Band Rm

**Google Classroom Code:** hprlbgh

### **NATIONAL HONOR SOCIETY (NHS)**

NHS equips, inspires, and empowers students with the skills, training, and knowledge to be innovative leaders within their school and community. Students meeting eligibility requirements can apply during their Junior year.

**Adviser:** Mr. Ackerman

**Meeting Times and Google Classroom Code:** Please see Mr. Ackerman.

**Meeting Location:** HS Library

### **NATIONAL HISTORY DAY CLUB**

In the National History Day Club, students research historical topics aligned with the annual National History Day theme and develop projects in formats such as exhibits, documentaries, performances, papers, or websites. The club also participates in local, state, and national NHD competitions.

**Advisor:** A. Conroy

**Meeting Time:** Every other Thursdays at 2:15-3

**Meeting Location:** B110

**Google Classroom Code:** uob4gvau

## **NATURAL HELPERS**

Natural Helpers aims to train students on how to help and to listen so that they may connect vulnerable peers to appropriate resources. Students grow a network of social connections that provide supportive services and resources that promote mental and emotional wellbeing. Natural Helpers also participate in community service projects, including replenishing food banks, assisting in training 9<sup>th</sup> grade ACT NOW members, helping in the ACT NOW Suicide Prevention program, the RAK Projects, the Happiness Bag Projects, and participating in overnight training retreats.

**Adviser:** Ms. Mitchell

**Meeting Times:** Every Thursday, 2:15

**Meeting Location:** Mac Lab

\*\*Nominated Based Club

## **NAUTILUS (FITNESS CENTER CLUB)**

Nautilus (Fitness Center Club) allows students to exercise in a safe environment. Students will be able to perform various exercises that will benefit them in the areas of Cardiovascular Endurance, Muscular Endurance, Muscular Strength, Flexibility, and Body Composition. Students will learn how to safely use the fitness equipment and develop exercise routines. Anyone can join! From a beginner looking to get a base, to a serious athlete looking to improve their performance, all are welcome.

**Adviser:** Anderson

**Meeting Times:** Every Monday, Tuesday, and Thursday, 2:10 to 3:00 pm

**Meeting Location:** Fitness Center

**Google Classroom Code:** c5bdvlw2:

## **ROBOTICS**

Students will explore the field of STEM (Science, Technology, Engineering and Math) through hands-on experiences involved in manufacturing, design-testing, troubleshooting, and competing with robots. Students will follow the engineering design process in a methodical series of steps to solve problems and design solutions. Through designing, building, and operating their robots, students will gain knowledge of mechanical systems, electronics and electrical systems, and coding. Students learn coding skills through the development of programs used to control and operate their robots in competition with opposing and alliance teams.

**Advisers:** Sigerson

**Meeting Times:** Tuesday and Thursday, 2:15

**Meeting Location:** C232/ S126

**Google Classroom Code:** 6jcl2jt

## **SADD**

SADD (Students Against Destructive Decisions) empowers students to bring about positive change through smart decision-making and leadership. Students aim to bring awareness to the importance of buckling up and not drinking and driving. They also promote mental health awareness. Students start with Hello Week and work with the Text Less and Live More campaign. Students grades 9-12 can join.

**Advisers:** Ms. Agius and Ms. Hollywood

**Meeting Times:** Every other Tuesday, 2:15 to 2:45 pm

**Meeting Location:** Band Room

**Google Classroom Code:** u3ev2uck

### **SPARK PROGRAM**

Students are welcome to join the SPARK program if they have completed the first year of the Science Research program, are still currently enrolled in the Science Research program (years 2, 3 or 4) and are 15 years old or older. Students are actively enrolled in Research to develop experimental design, data collection, analysis, and study that constitute the students' year-long project. The high school collaborates with Brookhaven National Laboratory (BNL) on research projects. Please see Ms. Schaefer for more information.

**Adviser:** Ms. Schaefer

**Meeting Times:** TBD

**Meeting Location:** TBD

**Google Classroom Code:** TBD

### **SPRING PRODUCTION**

Please see Ms. Hygom or Ms. Agius for more information.

### **STUDENT GOVERNMENT**

The Student Government represents, advocates, and empowers students through creative ideas, leadership, and resources to unify and enhance the high school community. Students participate in elections, in organizing Homecoming themes, Floats and Dances, Fall and Spring Pep Rallies, Spirit Days, and fundraisers. Any student grades 9-12 looking to get more involved in the school community can join!

**Adviser:** Mr. Ackerman and Mr. Lilla

**Meeting Times:** TBD

**Meeting Location:** TBD

**Google Classroom Code:** 6weihd

### **TRI-M MUSIC HONOR SOCIETY**

Tri-M (Modern Music Masters) Music Honor Society is an international music society for high school students, a program in collaboration with the National Association for Music Education (NAfME). Our chapter goal is to inspire and recognize musical achievement in our school's Music Department. Our Tri-M chapter completes music-related service projects in our school and throughout the community. Students are first eligible to apply in the spring of their freshman year. Students must be an active member of a school music ensemble and have an average of 90 or above in their music classes and an overall GPA of 80.

**Adviser:** Ms. O'Connor

**Meeting Times:** Every other Monday, 2:15 to 3:15 pm

**Meeting Location:** CHOR

**Google Classroom Code:** vhe4ahf

### **VOCAL EXPRESS**

Students in Vocal Express perform in two district-sponsored concerts. The group also often performs at outside events, where possible.

**Adviser:** Mr. Creighton

**Meeting Times:** Audition based. Please see Mr. Creighton for more information.

**Meeting Location:** Auditorium

## **WOMEN IN SCIENCE AND ENGINEERING (WISE) PROGRAM**

The Women in Science and Engineering (WISE) Program is an innovative and highly effective program directed at women who are interested in science, technology, engineering, and/or math (STEM). The high school WISE Program aims to engage these academically talented women in the excitement and challenge of STEM, and to motivate them to pursue further education and careers that require advanced STEM training. Students participate in group activities, group projects, visit laboratories, and are introduced to research under the supervision of WISE University mentors. 10<sup>th</sup> grade students, please see club leader or Ms. Fraser for an application, and for more information.

**Adviser:** Ms. Fraser

**Meeting Dates:** Fall (Oct 29, Nov 12, 19 and Dec 3 and 10) and 5 (TBD) in the Spring.

**Meeting Times:** 2:15

**Meeting Location:** B214- Students board bus to Stonybrook University

**Google Classroom Code:** 7k4wwcl

## **WORLD LANGUAGES CLUB**

Students explore and learn about the many languages of the world through cultural and recreational activities. Any student interested in learning more about other cultures is encouraged to attend.

**Adviser:** Lally

**Meeting Times:** Every other Monday, 2:15 to 3:00 pm

**Meeting Location:** Library

**Google Classroom Code:** kr6hy7w

## **YEARBOOK**

Students will work together to create the 2024-2025 high school yearbook. Students will work on design, layout, content, marketing, and sales. Any student interested in contributing to the creation of the yearbook can join! If you are interested in page layout and design, journalism, journalistic photography, and community-building, Yearbook Club is for you. All grade levels are welcome.

**Adviser:** Ms. Shepard

**Meeting Times:** Every Tuesday and Thursday and as needed; 2:15 to 3:15 pm

**Meeting Location:** R118

**Google Classroom Code:** c5o64dfi

## **YOGA CLUB**

The Yoga Club is an extracurricular space where students can deepen their yoga practice. During their practice, students will learn new techniques for releasing anxiety and stress through meditation, breathing exercises, and yoga flow. Students will learn techniques on how to infuse more mindfulness into their daily lives and will experience these mindful practices within each meeting. At the end of the year, students will have the opportunity to go on a field trip to the Elizabeth Morton Preserve, where they will hike, spend time with nature, and participate in yoga on the beach. Anyone can join!

**Adviser:** Mitchell

**Meeting Times:** Mostly Wednesdays, 2:15-2:45

**Meeting Location:** C224

**Google Classroom Code:** twmumixq