

Shimanchu Spiritual Study & Circle

Draft 6 month curriculum

Before we begin: Setting the Container | Community Agreements

- [Nonviolent Communication](#)
- Importance of [psychic hygiene](#)
 - Identifying support on and offline
 - Buddy system
- Commitment to Racial & Social Justice, Inclusion, Diversity & Equity
 - [Access](#) needs
- Confidentiality
- Feedback loops
- Commitment to the work for the duration (6 months)
- Dismantling [essentialism](#); focus on what serves in this time, deviations from tradition to those ends

6 Month Study

Month 1 & 2 | Cultivating Curiosity: Play, Manifest, Revel

Sept & Oct.

- ~~● September 14th, 2023, at 6:39 pm PT~~
- ~~🌾 September 23, 2023, | Autumn Equinox | Aki nu Higan (take note of what has been harvested)~~
- ~~🌅 September 29th, 2023, at 2:57 am PT~~
- ~~🌍 October 9, 2023 | Indigenous Peoples Day (Gregorian)~~
- ~~🌑 October 14th, 2023, at 10:54 am PT (Annular Solar Eclipse)~~
- ~~🍜 October 17, 2023 | Okinawa Soba Day (Gregorian)~~
- ~~🌸 October 21, 2023 | Kajimayaa (Lunar 9/7)~~
- ~~🌼 October 23, 2023 | Chiku Zaki nu Ugami | Chrysanthemum sake prayers (Lunar 9/9)~~
- ~~🌕 October 28th, 2023, at 1:23 pm PT (Partial Lunar Eclipse)~~
- [Self-Initiation](#) to this journey
 - Self-designed vow and/or ritual, committing to the journey and the work.
- Foundational Checkin:
 - Access needs check-in
 - [Psychic Hygiene](#) review
 - Identify who/what is your offline support
 - Buddies
 - Identity | Gender: Acknowledge the need to dismantle gender in spirituality

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- Building the Basics
 - Ryukyu Holidays/Holy Days (Calendar of the year)
 1. New Years: What is your zodiac and element?
 2. Hatsumode, Wakamizu
 - Basic Prayer
 - Basic Altar
 - Traditional spiritual roles to inform our roles (Gender in spirituality)
 - Crafting & Creativity
 - Choose a DIY project for the year (pottery, sanshin, singing, making altar items, charms, sewing, ryuka/poetry, etc.)
 - History 101
 - Basics of Ryukyu history & literature
 - Ryuka 8886
 - 2 month reflection
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Month 3 & 4 | Death, Rebirth, & Mystery: Diving into the Dark

November & December

-  ~~November 13th, 2023, at 1:27 am PT~~
-  ~~November 27th, 2023, at 1:16 am PT~~
-  ~~December 12th, 2023, at 3:31 pm PT~~
-  ~~December 21, 2023, Winter Solstice | Tunjii~~
-  ~~December 26th, 2023, at 4:32 pm PT~~
- Honing relationship with ancestors & spirit
 - Dreams
 - Meet & deepen relationship with guide, ally, healthy ancestor
- Honing relationship with land flora & fauna
 - Journey to your ancestral village / utaki
 - Working with plant relations / herbalism
 - How to be Indigenous on land you are not Indigenous to
- History 201
 - Deepening the knowledge to explore contextualize ancestral trauma
- Death Practices (+)
- Shamanic Death / Rebirth (?)
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- 2 month reflection

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Month 5 & 6 | Ikigai, Finding Purpose & Giving Back

January & February

- ~~● January 11, 2024 6:57 AM EST~~
- ~~● January 25, 2024 12:54 PM EST ((TAT leading))~~
- ~~● February 9, 2024 5:59 PM EST (LUNAR NEW YEAR celebrated on Feb 10)~~
- ~~● February 24, 2024 7:30 AM EST (shifting to Feb. 26)~~
- History 301 - deepening knowledge in a specific area
 - Committing to a Ryukyuan area of interest of your choice & honing mastery
- Community service & giving back
 - Explore offering your skill to the community (mentorship, teaching, etc.)
- Concluding reflections

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Upcoming New & Full Moons |

2023

- September 14th, 2023, at 6:39 pm PT
- September 29th, 2023, at 2:57 am PT
- October 14th, 2023, at 10:54 am PT (Annular Solar Eclipse)
- October 28th, 2023, at 1:23 pm PT (Partial Lunar Eclipse)
- November 13th, 2023, at 1:27 am PT
- November 27th, 2023, at 1:16 am PT
- December 12th, 2023, at 3:31 pm PT
- December 26th, 2023, at 4:32 pm PT

2024

- January 11, 2024 6:57 AM EST
- January 25, 2024 12:54 PM EST
- February 9, 2024 5:59 PM EST (LUNAR NEW YEAR celebrated on Feb 10)
- February 24, 2024 7:30 AM EST
- March 10, 2024 4:00 AM EDT
- March 25, 2024 3:00 AM EDT
- April 8, 2024 2:21 PM EDT
- April 23, 2024 7:49 PM EDT
- May 7, 2024 11:22 PM EDT
- May 23, 2024 9:53 AM EDT
- June 6, 2024 8:38 AM EDT
- June 21, 2024 9:08 PM EDT
- July 5, 2024 6:57 PM EDT
- July 21, 2024 6:17 AM EDT
- August 4, 2024 7:13 AM EDT
- August 19, 2024 2:26 PM
- September 2, 2024 9:55 PM EDT
- September 17, 2024 10:34 PM EDT
- October 2, 2024 2:49 PM EDT
- October 17, 2024 7:26 AM EDT
- November 1, 2024 7:47 AM EDT
- November 15, 2024 4:28 PM EST
- December 1, 2024 1:21 AM EST
- December 15, 2024 4:02 AM EST
- December 30, 2024 5:27 PM EST

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2023 Autumn Equinox September 23, 2023 at 2:50 AM EDT
2023 Winter Solstice December 21, 2023 at 10:27 PM EST

2024 Spring Equinox March 19, 2024 at 11:06 PM EDT
2024 Summer Solstice June 20, 2024 at 4:51 PM EDT
2024 Autumn Equinox September 22, 2024 at 8:43 AM EDT
2024 Winter Solstice December 21, 2024 at 4:20 AM EST

2025 Spring Equinox March 20, 2025 at 5:01 AM EDT
2025 Summer Solstice June 20, 2025 at 10:42 PM EDT
2025 Autumn Equinox September 22, 2025 at 2:19 PM EDT
2025 Winter Solstice December 21, 2025 at 10:03 AM EST

2026 Spring Equinox March 20, 2026 at 10:45 AM EDT
2026 Summer Solstice June 21, 2026 at 4:24 AM EDT
2026 Autumn Equinox September 22, 2026 at 8:05 PM EDT
2026 Winter Solstice December 21, 2026 at 3:50 PM EST

2027 Spring Equinox March 20, 2027 at 4:24 PM EDT
2027 Summer Solstice June 21, 2027 at 10:10 AM EDT
2027 Autumn Equinox September 23, 2027 at 2:01 AM EDT
2027 Winter Solstice December 21, 2027 at 9:42 PM EST

2028 Spring Equinox March 19, 2028 at 10:16 PM EDT
2028 Summer Solstice June 20, 2028 at 4:01 PM EDT
2028 Autumn Equinox September 22, 2028 at 7:45 AM EDT
2028 Winter Solstice December 21, 2028 at 3:20 AM EST

2029 Spring Equinox March 20, 2029 at 4:01 AM EDT
2029 Summer Solstice June 20, 2029 at 9:48 PM EDT
2029 Autumn Equinox September 22, 2029 at 1:37 PM EDT
2029 Winter Solstice December 21, 2029 at 9:14 AM EST

2030 Spring Equinox March 20, 2030 at 9:51 AM EDT
2030 Summer Solstice June 21, 2030 at 3:31 AM EDT
2030 Autumn Equinox September 22, 2030 at 7:27 PM EDT
2030 Winter Solstice December 21, 2030 at 3:09 PM EST