

Additional Resources

Asistencia Financiera

Dept. of Health and Human Services (Temporary Cash assistance) - Dial 311

Interfaith Works: 301-762-8682

Gaithersburg Help: 301-216-2510

Asistencia alimentaria

Nourish Now: 301-330-0222

Shepherd's Table: 301-585-6463

Manna Food: 301-424-1130

Gilchrist Immigrant Resource Center

Referencias para alimentos y asistencia de alquiler: 240-777-4940

Food Stamps/Cupones de alimentos

This is where the rules are that says you can apply for Food stamps as long as your kids are citizens and some other waivers:

<http://dhs.maryland.gov/food-supplement-program/eligibility-rules/>



Eligibility Rules - Maryland Department of Human Services

Listed below are some of the basic rules and the kinds of proof you may need during your interview. Your case may be completed faster if you bring the proof with you to the interview. If you have trouble



getting papers
(documents) or
information you
need, the case
manager may be
able to help you.
Read the Rest...

dhs.maryland.gov

Se puede traducir la pagina a espanol

This is the application page. You can open an account with an email, or do the quick link with no email required:

<https://mydhrbenefits.dhr.state.md.us/dashboardClient/#/home>

Se puede traducir la pagina en espanol.