

Letter Topics and Prompts

What did you do today?
What do you do for work?
What are some interesting things about where you live or have lived?
What do you do for fun?
How do you relax?
What have you recently learned?
What are you currently reading or watching?
Tell me about your family.
What types of swaps and crafts are you working on or would like to try?
What are your pet peeves?
What are your favorite possessions?
What types of things do you do for self-care?
Tell me about your family traditions or customs.
What do you believe about _____? (ghosts, bigfoot, UFOs, religion, etc)
What type of music do you enjoy? What are you listening to currently?
Are you an introvert or extrovert?
Tell me about a podcast you enjoy.
What is something that can instantly make your day better?
Which is your favorite meal - breakfast, lunch or dinner? Share a favorite recipe.
What is your favorite season and why?
Do you enjoy alone time? How do you like to spend that time?
What are you doing for personal fitness? Any struggles?
How do you care for people in your life?
Do you like animals? Do you have pets?
Have you lost someone important to you?
What's the best gift you ever received?
Is there a career you wish you would have pursued?
What annoys you? Do you need to rant about anything?
What do you want to change about yourself?
Do you set personal goals?
What are three things you need to get done?
Do you have a mentor?
What energizes you and pumps you up?
How do you deal with stress?
Tell me about your bestie.
Tell me a favorite childhood memory.
Are you having difficulty with a friend or family member? What's going on?
Tell me a time when someone disappointed you.
Go for a walk and tell me about the things you see and find along the way.
Tell me about a piece of poetry you find meaningful.
Explain something you've recently learned about.
Take this [personality quiz](#) and share your results - do you think it accurately describes you?