

## **Counseling Resources**

***\*\*Inclusion on this list does not mean CCPS endorses or recommends these providers\*\****

### **Charlotte County Mental Health Resource Guide**

<https://charlotte.floridahealth.gov/CharlotteDocuments/documents/MentalHealthResourceGuideCharlotteCounty2024.pdf>

List of Local providers that serve residents of Charlotte County

#### **Charlotte Behavioral Health Care**

**1700 Education Avenue, Punta Gorda, FL 33950, 941-639-8300**

Medication Management/Therapy Services/Case Management/In home services  
Accepts Medicaid and most major plans/Offers sliding fee scale

#### **Dandelion Behavioral Health**

**941-780-4268**

1777 Tamiami Trail Suite 500, Port Charlotte, FL 33948

[www.dandelionbehavioral.com](http://www.dandelionbehavioral.com)

Accepts most major insurance plans

#### **Elite DNA**

**3191 Harbor Blvd Suite A & B, Port Charlotte, FL 33952, 941-883-4518**

Medication Management/Therapy Services/In-home services  
Accepts Medicaid and most major insurance plans

#### **Chrysalis Health**

**888- 587-0335**

Individual & Family Therapy Services/Medication Management/Telehealth/School-Based & In-Home services (varies)  
Accepts Medicaid/Accepts Healthy Kids/Offers sliding scale/Accepts some major insurances

#### **Southwest Florida Counseling Center, Division of Elite DNA Therapy Services**

**1777 Tamiami Trail, Suite 201, Port Charlotte, FL 33948, 941-249-4354**

#### **H.E.A.D.S**

**239-689-4745**

Community-based/In home services  
Medicaid only

#### **Life Coaching and Counseling Center (formerly Cove Counseling)**

**18245 Paulson Drive, Port Charlotte, FL 33954, 941-916-2222**

Christian Counseling/Life Coaching  
Accepts most major plans, including FL Healthy Kids/Offers sliding fee scale

#### **Master's Counseling Services - Pat Masters, LCSW**

**4055 Tamiami Trail, Suite 20, Port Charlotte, Florida 33952, 941-456-9151**

Therapy Services  
Accepts most major insurance plans/Will work with families who are without insurance

#### **Paradise Behavioral Health – Dr. Mizyl Damayo**

**201 W Marion Ave, Suite 1209 Punta Gorda, FL 33950, 941-347-8341**

Medication Management/Therapy Services  
Accepts Medicaid and most major plans

#### **Peace River Psychology Center**

**2525 Harbor Blvd. Suite 208 Port Charlotte, FL 33952 941-255-5489**

Therapy Services/Psycho-Educational Assessments  
Accepts Some Insurances- Call to Inquire

**\*\*CBHC Crisis Line: 941-575-0222\*\***

**\*\*National Crisis Text Line: Text "HOME" to 741741\*\***

**\*\*Center for Progress and Excellence (Mobile Crisis Unit) 844-395-4432\*\***

**Psych-Ed Counseling Services for Children and Families, Inc.**  
207 Cross St. Suite 103, Punta Gorda, FL 33950, 941-916-5291  
Therapy Services  
Accepts Medicaid and most major plans/Offers sliding fee scale

**Southwest Florida Psychological Services - Dr. Brian Olby**  
949 Tamiami Trail, Suite 203, Port Charlotte, Florida 33953, 941-204-0059  
Therapy Services/Psycho-Educational Assessments/In home services  
Accepts some insurance plans/Offers discounted cash rates

**Sunshine Family Counseling**  
941-467-5010  
Therapy Services  
Accepts Medicaid

### **Counseling Resources - Out of County**

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**Coastal Behavioral Health Care**  
**South County Resource Center, 12497 S. Tamiami Trail, Suite 4, North Port, FL 34287, 941-492-4300**  
Medication Management/Therapy Services/Case Management/Residential Substance Use Treatment  
Accepts Medicaid and most major plans/Offers sliding fee scale

**Golisano/Lee Health Pediatric Behavioral Health**  
15901 Bass Rd, Suite 108, Fort Myers, FL 33908, 239-343-6050  
Medication Management/Therapy Services  
Accepts Medicaid and most major plans/Offers sliding fee scale

**Gulf Coast Counseling, Inc.**  
2960 S McCall Rd #105, Englewood, FL 34224, 941-473-3838  
Therapy Services

**Lemon Bay Mental Wellness**  
1460 S McCall Rd, Suite 1H, Englewood, FL 34223, 941-681-0616  
Therapy Services  
Accepts some insurance plans

**Revive Family Counseling**  
10471 6 Mile Cypress Pkwy, Suite 4011 Fort Myers, FL 33966, 239-329-9264  
Therapy Services  
Accepts some insurance plans/Offers sliding fee scale based on availability

**Tri-County Counseling and Life Skills Center Inc.**  
12543 Tamiami Trail, North Port, FL 34287, 941-876-3060  
Therapy Services/Life Skills Coaching  
Accepts cash/credit payment only/Offers sliding fee scale

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**\*\*National Crisis Text Line: Text "HOME" to 741741\*\***

**\*\*Center for Progress and Excellence (Mobile Crisis Unit) 844-395-4432\*\***

## **Helpful Tips**

### **Employee Assistance Program (EAP)**

Check with your employer to see if there is an EAP available that will pay for all or some of your child's mental health services

### **Psychology Today**

Click on the link to search for a therapist in your area: <https://www.psychologytoday.com/us/therapists>

### **How to find a provider with your health insurance company:**

Go to your Health Insurance website and go to "search for a provider". You can also call the member services number on the back of your child's health insurance card and ask a representative for available providers in your area.

**If you are seeking insurance for your child, below are some helpful links:**

**Medicaid-** <https://dcf-access.dcf.state.fl.us/access/scrflhomepage.do?performAction=changeLocale&language=english>

**Florida KidCare-** <https://www.healthykids.org/>

**Health Insurance Marketplace -** <https://www.healthcare.gov/>

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