



## Introduction

This document details the rules, process and governance for Region 10 (Palos Verdes Peninsula) tryouts for season starting Fall 2025 (with Extra/Alliance Fall league kick off) and ending by end of Spring 2026 (with the Area 1F Select/Spring league)

**Note:** EXTRA tryout rules will be different from Alliance tryout rules due to the nature of the leagues and competitions they each participate in, which have different rules of their own.

**Dates:** Tryouts will be hosted by Region 10 during the weekends Sunday of February 23th and Thursday Feb 27th.

**Location:** Ridgecrest (to be confirmed)

## Participation Rules

- **Tryouts are mandatory for Region 10.** For any new players that would like to participate on a Competitive Team (EXTRA or Alliance), they will need to register for tryouts and show up on any of the tryout dates.
  - o Case by case exceptions could be applied. These cases need to be brought up to the Competitive Teams Coordinator and Assistant Coordinator to evaluate
  - o Competitive Teams board will be reviewing the selected players to ensure they have attended the tryouts and they are eligible
- **Club players are not allowed in EXTRA.**
  - o [Here the link to the AYSO SCEDSL guidelines](#)
- Alliance rules are different and follow the [CSL rules](#). These rules specify a period to roster freeze where guest players could be added to the team.
- **Tryouts will be run by FTS coaches for each Division:** G9U, B9U to G19U, B19U (if applicable, meaning if there are coaches to form a team, and makes sense for Region 10 Core program).
- **Players will NOT apply to try out for a team or coach, but to try out for a division.** o All coaches for the division will need to attend the tryout and they will be observing the players, taking notes, and writing down their preferred players based on their needs for number of players to add for their team.
- **Players who are already on a Competitive team CAN NOT move to a different team.** Players have the obligation to continue with the same team for the upcoming season.
  - o Exception: if the player's current coach decides to release them, then the player is free to play for another team.
- There will be observers on the tryouts depending on volunteers signing up



## Player Selection Rules

The selection of players will follow a rotating system, honoring seniority for the team that has more tenure, regardless if they have coached Alliance or Extra. If 2 teams have the same tenure, then the system will check the W-L-D record, and so on (goal average, red/yellow cards, etc.).

Let's illustrate the players selection system with some examples:

### **Sample 1:**

#### **Division B12U has 3 teams:**

- Coach A Team: this is the most tenure team
  - o Coach A Team needs 2 new players from tryouts
- Coach B Team: 2<sup>nd</sup> most tenure team
  - o Coach B Team needs 1 new player from tryouts
- Coach C Team: new team coming into the division from Core or Select
  - o Coach C Team needs 5 players
- Total of 8 players to select.
- All coaches attended the tryouts and have their " preferred player list"
  - o 1<sup>st</sup> selection: **Coach A Team** has the first pick from the draft: they will select their top pick from all the ones attending tryouts (no matter if that player was playing on a different Core or Select team last season)
  - o 2<sup>nd</sup> selection: **Coach B Team** will now select their top pick from tryouts. As they only needed 1 player, they are done
  - o 3<sup>rd</sup> selection: **Coach C Team** selects their #1 player from their list. If this player has been already selected by A or B, they will need to select next on their list. (I think Coach C should get 2 picks here before it goes back to B. Then they skip B in this case because they don't need a player. But if B needs a player, C should have 2 picks first)
  - o 4<sup>th</sup> selection: this would go to Coach B Team, but they don't need more players, so **Coach C Team** can select their #2 player (or other they like that was not selected)
  - o 5<sup>th</sup> selection: **Coach A Team** selects their 2<sup>nd</sup> and last player. They have now also completed their draft.
  - o 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> selection: **Coach C Team** will complete their selections as there are no other needs from other teams.

### **Sample 2:**

#### **Division G10U has 2 teams:**

- Coach X Team: this is the most tenure team
  - o Coach X Team needs 3 new players from tryouts
- Coach Y Team: 2<sup>nd</sup> most tenure team
  - o Coach Y Team needs 3 new players from tryouts
- Total of 6 players to select.



## Region 10 Extra and Alliance Tryouts for Season 2025/2026

- All coaches attended the tryouts and have their “preferred players list”
  - 1<sup>st</sup> selection: **Coach X Team** has the 1<sup>st</sup> pick from the draft for their #1 player
  - 2<sup>nd</sup> selection: **Coach Y Team** has the 2<sup>nd</sup> pick for the #1 player (if the same as Coach X Team already selected, they will select their #2 player)
  - 3<sup>rd</sup> selection: **Coach Y Team** has the 3<sup>rd</sup> pick and can select their #2 or #3 players.
  - 4<sup>th</sup> selection: **Coach X Team** has this pick from the draft for their next player free.
  - 5<sup>th</sup> selection: **Coach X Team** has this pick for their next player free to select
  - 6<sup>th</sup> selection: **Coach Y Team** has this pick for their next player free to select

As you see, the idea is to alternate the selection to make it more just and fair and get balanced teams as much as possible (one of the 6<sup>th</sup> principles of AYSO –we need to remember we are AYSO, and we are bound by these principles).

The drafts for all teams will be overseen by the Competitive Teams Board and other board members, to ensure no conflicts arise and the process is followed as per these rules. There will be separate meetings scheduled for each division.

Coaches can have their talks and negotiations before the drafts, Competitive Teams board members don't need to be involved.

Tryout decisions will need to be done by coaches before the time of the meetings. Last week of March is the target date to do all the draft meetings for all divisions.