



# Art of Expression Summit

## Speaker Supply Lists

*Everything you need to create along with our amazing presenters!*

### Susan Rossiter

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*Mark-Making and Negative Space: A Relaxing Approach to Art*

To create along, you'll need the following Silver Brush tools:

- Silver Brush 9201 Palette Knife
- Black Pearl Round Size 0 (6400-0)
- Black Pearl Flat Size 0 (6401-0)
- Crystal Angle 1/2" (6806s-1/2)
- Crystal Wide Wash 3" (6814s-3)

### Johnny Thomas

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*Loose Expressive Skies in Watercolor*

Recommended set: JT-9911S Johnny Thomas Watercolor Essentials, which includes:

- 3008s-1 Black Velvet Square Wash
- 2707s-1 BelleAqua Liner
- 2700s-6 BelleAqua Round
- 2700s-20 BelleAqua Round

### Micah Goguen

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*Mixed Media: Envisioning Vistas*

Recommended set: SK-8004 Silver Silk Long Handle 4-piece set, which includes:

- 8801-6 Flat
- 8802-4 Bright
- 8802-2 Bright
- 8803-6 Filbert

### Jodi Reeb

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*Encaustic with Photo Collage*

- Silver Atelier Flat Hake Paintbrush | Short Handle | 5011
- SBL #6 Painting Palette Knife
- Silverstone Bright Paintbrush | Long Handle | 1102
- Grand Prix Xtra Long Filbert Paintbrush | Long Handle | 1027
- Grand Prix Round Paintbrush | Long Handle | 1000

### Lora Haberstroh

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*How to Glaze and Float Color to Paint a Rose*

- Silver Silk 88 Soft Curve Size 10 (8841s-10)
- Ruby Satin Monogram Liner Size 1 (2522s-1)

## **Consie Sindet**

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*From Perfection to Play: Create a Watercolor Cairn Journal That Grows With You*

- White cardstock (8.5" x 11")
- Paper cutter
- Corner rounder
- Hole punch
- Binder ring
- Watercolors
- Colored pencils
- Black watercolor marker or pen (Sharpie Pen recommended)
- Stamps and ink pad (optional)

## **Caroline & Emma Tatham**

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*Gratitude Platter: Developing Your Creative Process*

- Watercolour paints
- Watercolour brushes
- Watercolour paper
- Pencil
- Water-soluble graphite pencil
- Tape
- Kitchen roll / paper towel
- Access to a printer

*Full supplies list included in the free gift: Gratitude Platter Resource Pack.*

## **Anna Aspnes**

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*10 Things Mini Album: Simplify Memory-Keeping*

- Photoshop Elements software (7-day free trial available at [adobe.com](https://adobe.com))
- Free digital supplies available at: [annaaspnes.com/hsaoc-free-mini-book](https://annaaspnes.com/hsaoc-free-mini-book)

## **Disha Sharma**

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*Mastering Loose Watercolor: Nasturtiums Edition*

- Watercolor paper — Cold Pressed, 300 GSM
- Watercolor round or quill brush
- 1 small round brush
- Watercolor paints
- Water jar
- Paper towel

## **Rebecca Pickens**

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*How Writers Bring Stories to Life: Turning Moments into Story Scenes*

*No supplies needed — come ready to write and be inspired!*

## **Judy Woods**

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*Fear to Flow — Paint 4 Intuitive Abstracts and Finally Trust Your Inner Artist*

- 4 squares of watercolour paper, approx. 14" x 14"
- Acrylic paint

- Acrylic ink
- Dry media: pencils and markers
- Paint brushes
- Colour Shapers
- Soft rag
- Acrylic medium
- Masking tape

## **Shinah Chang**

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*Easy Calligraphy Place Cards w/ No Special Tools*

For the best experience, print out the Easy Calligraphy Placecards Worksheets PDF on regular paper (link provided after registration), and bring:

- A regular pen (gel pens work great!)
- A pencil for sketching
- Scissors to cut out your place cards from the provided template

## **Misty Gage**

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*Stop Playing It Safe: Create a Bold Mini Canvas Without Overthinking*

- Wood canvas
- Cardstock
- Book or magazine text pages
- Matte gel medium
- 3 colors of acrylic paint + white
- Round objects (for stamping)
- Paint brush(es)
- Stamps and Stazon ink
- Colored pencils
- Paint pens

## **Einat Kessler**

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*Junk Journal from Start to Finish*

- Trimmer or cutting knife and ruler
- Scissors
- Adhesive (liquid glue recommended, or double-sided tape)
- Double-sided papers or cardstock (if not using a kit)
- Tags and journaling cards (if not using a kit)

## **Christie Daugherty**

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*From Blank Canvas to Beautiful Cards: Creating with Digital Stamps in Procreate*

- iPad with Procreate app installed
- Apple Pencil

*Optional: Digital stamp set available at [createwithchristie.etsy.com](https://www.etsy.com/shop/createwithchristie)*

## **Dee Maene**

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*Calming Doodles: Simple Meditative Drawing for Stress Relief*

*This is one of the most accessible sessions of the summit!*

- A pen
- A notebook or sketchbook

## **Masha Plans / Maria Brusilova**

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*No Artistic Skills Needed: How to Create a Cute, Aesthetic Bullet Journal You'll Actually Stick With*

Use whatever you already have — no need to buy anything new! Here's what was used in the session:

- Fineliners
- Markers for color
- Stencils
- Stamps

## **Latifa Hanane Righi**

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*From Flat To Magic: Transform Your Patterns With Seamless Textures in Procreate 5.4*

- iPad with Procreate 5.4 (or later) installed
- Apple Pencil

## **Nadine Milton**

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*Curious About Mixed Media? Start Here! 5 Materials, 1 Beautiful Layered Project*

- Canson Watercolor Paper or Mixed Media Paper
- Black Waterproof Ink Pad (Staz On or Archival Ink recommended)
- Rubber stamps
- Watercolor powders
- Gold Watercolor Powder
- Water spritzer
- Plastic sheet (report covers or Dina Wakley Media Transparency Sheets)
- Dina Wakley Media Collage Paper or tissue paper
- Acrylic paints (e.g. Amsterdam Acrylic Paints)
- Stencils
- Makeup sponge
- Golden or Liquitex Matte Medium (or Mod Podge)
- Art Glitter Glue (or PVA / white glue)
- Paint brushes
- Water container and water
- **Optional:**
  - Masking tape
  - Sakura Micro Perm Black Pen
  - Heat tool or hair dryer

## **Maira Vial**

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*Hand-Painted Journals: A Step-by-Step Guide to Custom Journal Covers*

- Kraft paper journal
- Acrylic paint
- Paint brushes (flat brush for base, small round brush for details)
- Acrylic paint markers (optional)
- Paint pens
- Pencil and eraser (to sketch your design before committing)
- Cup of water

- Paper towel or rag

## **Samantha Wallen**

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*Writing Beyond the Journal: Why Your Words Matter in the World*

*No supplies needed — come ready to be inspired!*

## **Pam Coxwell**

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*Be Still & Create: A Watercolor Faith Journaling Experience*

- Heavy weight cardstock or watercolor paper (for printing the Floral Bouquet page)
- Watercolor paint
- #10 brush
- Cup of clean water
- Saucer (as a palette)
- Paper towel
- Pencil for outlining
- **Optional:**
  - Fabre Castell Artist Pitt Pen for outlining
  - Watercolor pencils and/or Neo Color II crayons for added details

## **Shelley Hitz**

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*Discover Your Unique Lettering Style*

All class resources and printable grid paper PDFs will be provided after registration. To create along:

- Your favorite pen or marker for lettering
- Class resources PDF (link provided after registration)
- Grid paper for practice (printable PDFs provided after registration)

## **Shelby Abrahamsen**

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*Fix Muddy, Heavy Shadows: A Simple Watercolor Layering Method for Clean, Luminous Depth*

- Watercolors of choice
- Medium Round watercolor brushes
- 2 jars of water (clean and dirty)
- A rag for cleaning brushes
- A palette for mixing
- 140lb Watercolor paper or Mixed Media sketchbook

## **Julia McNeill**

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*4 Simple Art Journal Ideas to Overcome Creative Overwhelm*

- Art journal or sketchbook
- Your favorite art supplies (pens, pencils, paints, markers, collage materials, etc.)

*Optional: Any mixed media or craft supplies you enjoy working with.*