S.S.K.V COLLEGE OF ARTS & SCIENCE FORWOMEN, KANCHIPURAM

SPECIAL CAMP MARCH-2025

As part of the NSS initiatives, S.S.K.V. College of Arts and Science organized a 7-day camp in Mettukuppam village from 24.03.2025 to 30.03.2025. The camp featured a range of social service activities and value-based education programs. The NSS platform was effectively used to raise awareness about various social issues.

Date :24.03.2022 Monday
Day 1 : The Opening Ceremony

For the inauguration program of the special camp at Mettukuppam village, we invited renowned persons from the village.The inauguration session began with a welcome to the visitors and this felicitation. The ceremony's guests delivered a variety of speeches. **Dr. Kannagi,** Assistant Professor at S.S.K.V College, delivered a speech regarding Education + Service = Strong Nation. The speech was encouraging not just to the pupils, but also to everyone else.
The seven-day program schedule was handed out door-to-door in the village by the NSS volunteers in the afternoon. Next, to raise public awareness of education and strong nation. The college's NSS section planned a rally along the campus road. In an effort to engage the locals, volunteers were seen holding banners that promoted education and service created a strong nation and featured inspirational phrases.



Date : 25.03.2025 Friday
Day 2 :

Mr.S.Prabakar and L.Sathish , a district police inspector, cyber crime branch from Kancheepuram, gave the opening speech for the program. He gave an explanation of cybercrime fraud and the best ways to be safe online. Additionally, he discussed how social media personal data might be hacked by cybercriminals as well as precautions against cybercrime.
Next, to raise public awareness of cyber crime. The college's NSS section planned a rally along the campus road and distributed pamphlets for cyber crime awareness.
The street play was conducted in the evening at the school premises. The purpose of the programme was to encourage the important of education and service for nation. They responded with great enthusiasm.

Ultimately, we held a broad quiz program for the school children in the evening. Eighth graders took part in the activity. There were four contestants in each of the four teams. By responding to the questions quickly, the kids demonstrated their intelligence. Student benefice.



Date : 26.03.2025 Wednesday
Day 3 :

Dr. R.Sathishkumar, a district psychiatrist, GH, Kancheepuram, gave the opening speech for the program. He gave an explanation of students in the society and how to improve their mental health and protect from stress.

Next, the programme began with a speech by **Mr.Paneerselvam** about the benefits of Yoga, meditation, and regular exercise for our health. Following his speech, he taught them some easy and fundamental exercises and yoga.

During the evening, the NSS volunteers participated in **Illam Thedi Kalvi.** It refers to education provided at the doorstep. As part of the NSS, volunteers taught basic math and grammar to middle school students.



Date :27.03.2025 Thursday
Day 4 :

Agarwal Eye Hospital gave an entirely free "eye check-up." The camp was created specifically for the underprivileged who cannot afford to receive high-quality care for their vision issues. The line and crowd were controlled by NSS volunteers. As seemed to be expected, a sizable crowd attended the eye check-up.

Following that, some NSS Volunteers participated in a dance programme at Panchayat Union Middle School. The Mettukuppam village residents liked the programme.



Date : 28.03.2025 Friday
Day 5 :

A group of doctors from the Mohan Diabetic Health centre visited the village of Mettukuppam. The camp's goal was to measure cholesterol, blood pressure, weight, and blood sugar. About seventy people attended the camp in order to get their health checked. The registration committee has registered each and every person coming to the camp. There was also a dietician in present.

The afternoon session was Dental Camp. The camp was inaugurated with a welcome address. The students that attended the camp benefited from it. Following the checks, several village residents benefited from the complimentary toothpaste and brushes. A few patients were referred by the doctors for additional treatment. The NSS volunteers played an important role in the success of this camp because of their passion to serving people and directing them in all areas of need.

We began planting saplings in the Mettukuppam village grounds in the afternoon. We invited renowned persons from the village, and Mr. Pasumaimeganathan, were sapling the plants. Several sporting events were held for the school children during the evening session. With great interest, the pupils participated and won the prizes.



Date : 29.03.2025 Saturday
Day 6 :

We began the day by extending a warm welcome to our special guest, **Dr. M. NishaPriya**, the chairman of the Kancheepuram IMA Women Doctors Wing. "Adolescent physical and mental health" is what she discusses. According to her, physical as well as mental health is interdependent. She also advises teenagers to maintain an active lifestyle, eat healthily, get enough sleep, and exercise regularly.

During the afternoon session, the NSS volunteers began cleaning the street and temple premises in Mettukuppam village. Their dedication and hard work have resulted in a nice and clean appearance.

Following her remarks, Using paper and wool, our NSS student volunteers instruct the school children in craft projects during the evening. It was more enjoyable with the students.



Date : 30.03.2025 Sunday
Day 7 :

The day began with the arrival of the major guest **, Dr. K. Mohan**, a homeopathy doctor, followed him with a talk on " Thoughts and peace of mind that arise in our minds". In his words, he stated, "Living a healthy lifestyle also requires minimizing stress."

Mr. Meenakshisundaram, Research Manager at Accenture, Chennai, delivered a talk on the topic of "Team Building." In his speech, he emphasized the importance of improving communication, building trust, and fostering creativity within teams.

Mr. M. Subramani, Advocate at the High Court of Chennai, delivered an insightful talk on the fundamental principles of law. His address was both informative and inspiring, motivating students to deepen their understanding of legal systems and justice.



In conclusion, the NSS Programme Officer expressed heartfelt thanks to all the NSS volunteers for their dedicated support throughout the seven-day camp. Through this experience, students gained valuable insights into the importance of education, culture, teamwork, and unity, while also enjoying their contributions. The villagers shared that the camp was highly beneficial and praised both the students and the college for organizing it so effectively.