

A. PREMEDICATION IN NON-EMERGENT CASES. IN THESE CASES, CONTRAST AGENT SHOULD BE CHANGED FROM PREVIOUS AGENT THAT CAUSED REACTION. Two frequently used regimens are:

1. Prednisone 50 mg PO 13h, 7h & 1h before contrast injection Plus 2. Diphenhydramine (Benadryl®) 50 mg IV, IM or PO 1 hour before contrast	1. Methylprednisolone (Medrol®) 32 mg PO 12h & 2h before contrast injection And also (if possible) 2. Diphenhydramine (Benadryl®) 50 mg IV, IM or PO 1 hour before contrast
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B. PREMEDICATION IN EMERGENT CASES. IN THESE CASES, CONTRAST AGENT SHOULD BE CHANGED FROM PREVIOUS AGENT THAT CAUSED REACTION. The first regimen is preferred, but two other options exist as necessary:

<u>PREFERRED:</u> 1. Steroid at least 4 hours before contrast, and repeated every 4 hours as necessary: Methylprednisolone sodium succinate (Solu-Medrol®) 40 mg IV or Hydrocortisone sodium succinate (Solu-Cortef®) 200 mg IV Plus 2. Diphenhydramine (Benadryl®) 50 mg IV 1 hour before contrast	<u>LESS DESIREABLE</u> (use for allergy to methylprednisolone or aspirin or NSAIDs): 1. Steroid, every 4 hours: Dexamethasone sodium sulfate (Decadron®) 7.5 mg IV or Betamethasone 6.0 mg IV Plus 2. Diphenhydramine (Benadryl®) 50 mg IV 1 hour before contrast	<u>LEAST DESIREABLE:</u> Omit steroids (steroids are relatively ineffective in the first 4-6 hours) Instead give Diphenhydramine (Benadryl®) 50 mg IV 1 hour before contrast
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