

ACTIONS

Email BITOinstitute@gmail.com for more information on how you can commit your skills // time.

[Donate across 70+ bailout funds](#) - Split a donation to all the bail funds, mutual aid funds, and activist organizations listed on this page, or allocate specific amounts to individual groups.

[Racial Equality Workbook](#)

[Linktree for UK based resources](#) [includes a very useful template to use to write to your local MP to campaign against the exportation of rubber bullets and riot shields that are being used against peaceful protesters.]

[US based Linktree of resources](#) [includes bail funds, George Floyd resource compilation, Anti Racism library and a National Resource list]

[MP Letters of Action](#)

[Rachel Cargle : the Great Unlearning](#) - A patreon that provides resources and critical discourse to aid in unlearning, "I believe in knowledge leading to action and I use this platform to both provide education and inspire meaningful action." Rachel Cargle

[@unpackyourprivilege](#) - Unpack Your Privilege to Formidable Business Framework, Courses and Coaching. A global approach to anti-racism and anti-oppression by Sharyn Holmes.

[Spiritual activism from Rachel Ricketts](#) - "As a racial justice educator, lawyer, healer, speaker and author, I educate white folx on their role in perpetuating white supremacy, help BI&PoC and mixed folx heal from internalized oppression, and offer practical solutions for all hue-mxns to dismantle racist heteropatriarchy." Rachel Ricketts

[Healing from Resmaa Menakem](#) - "I want to inspire my community and humanity to acknowledge their "white-body supremacy trauma" and find pathways to heal. I want to help you metabolize the decontextualized internalized "*white body supremacy*" energy to create fuel for freedom."

[The Impact of Omission: A survey to investigate the extent to which British Imperial history is explored in the curriculum of compulsory education in the U.K.](#)

SIMILAR RESOURCES

Another useful document with similar information by @msadetoro:

https://docs.google.com/document/d/1MJC_d01Lb16T8e1UiHWNtGhTVprMChX4QiEuFWscQ1Q/edit

[Anti Racism Resource for White People](#)

[Resource guide to be a better ally](#)

[Racial Prejudice Report](#) in the UK

[Guide to Allyship](#)

PETITIONS

[JUSTICE FOR ELIJAH MCCLAIN](#)

[COVID-19 RACE EQUALITY STRATEGY](#)

[PROTECT AFRO TEXTURED HAIR](#)

[TEACH BRITISH CHILDREN THE REALITIES OF BRITISH IMPERIALISM AND COLONIALISM](#)

[JUSTICE FOR GEORGE FLOYD](#)

[UPDATE GCSE READING LIST TO BATTLE RACISM](#)

[FREE MR SIMMONS](#)

[END DIRECT PROVISION IN IRELAND](#)

[A twitter list of appropriate petitions](#)

BOOKS TO READ

[Me and white supremacy](#) - by Layla Saad

[My grandmothers hands](#) - by Resmaa Menakem

[Why I'm no longer talking to White people about Race](#) - by Reni Eddo-Lodge

[Natives; Race and Class in the Ruins of Empire](#) - Akala

[Kick in the Belly](#) - Stella Dadzie
[Heart of Race](#) - Stella Dadzie
[Black Feminist Thought](#) by Patricia Hill Collins
[Eloquent Rage: A Black Feminist Discovers Her Superpower](#) by Dr. Brittney Cooper
[Heavy: An American Memoir](#) by Kiese Laymon
[How To Be An Antiracist](#) by Dr. Ibram X. Kendi
[I Know Why the Caged Bird Sings](#) by Maya [Angelou](#)
[Just Mercy](#) by Bryan Stevenson
[Me and White Supremacy](#) by Layla F. Saad
[Redefining Realness](#) by Janet [Mock](#)
[Sister Outsider](#) by Audre Lorde
[So You Want to Talk About Race](#) by Ijeoma Oluo
[The Bluest Eye](#) by Toni Morrison
[The Fire Next Time](#) by James Baldwin
I'm Still Here by Austin Channing Brown
[How Europe underdeveloped Africa](#) - Walter Rodney
[Capitalism & Slavery](#) by Eric Eustace Williams
[The New Jim Crow: Mass Incarceration in the Age of Colorblindness](#) by Michelle Alexander
[The Next American Revolution: Sustainable Activism for the Twenty-First Century](#) by Grace Lee Boggs
[The Warmth of Other Suns](#) by Isabel Wilkerson
[Their Eyes Were Watching God](#) by Zora Neale Hurston
[This Bridge Called My Back: Writings by Radical Women of Color](#) by Cherrie Moraga
[When Affirmative Action Was White: An Untold History of Racial Inequality in Twentieth-Century America](#) by Ira Katznelson
[White Fragility: Why It's So Hard for White People to Talk About Racism](#) by Robin DiAngelo, PhD
[Feminism is for Everybody. Passionate Politics](#) by bell hooks.
[Bad Feminist](#) by Roxanne Gay
[Between the World and Me - Ta-Nehisi Coates.](#)
[When they Call you a Terrorist: A Black Lives Matter Memoir](#) - Patrisse Kahn-Cullors and Asha Bandele
[Ain't I a Woman: Black Women and Feminism](#) by bell hooks
[Living a Feminist Life](#) by Sara Ahmed.
The End of Policing- Alex Vitale ([Free here](#))

ARTICLES TO READ

ALLYSHIP

[75 things white people can do for racial justice](#)
[Performative allyship is deadly: Here's what to do instead](#)

[Allyship](#)

[Things allies need to know](#)

And then the issue with the term “**Ally**” >>>

“The definition of ally-ship is to mutually benefit and support. Black people are not obligated to provide support to people who are dominant,” Jones said. “We are not working together on a mutual goal. My goal is to live. You don’t have that same goal.”

>>> from the article [How White Americans can fight Racism](#)

[Tips for Creating Effective White Caucus Groups developed by Craig Elliott PhD](#)

[“White Privilege: Unpacking the Invisible Knapsack” by Knapsack Peggy McIntosh](#)

[For our white friends desiring to be allies - Courtney Ariel ; Sojourners.](#)

[5 Racist Anti-Racism Responses “Good” White Women Give to Viral Posts](#)

USA

[“America’s Racial Contract Is Killing Us” by Adam Serwer | Atlantic \(May 8, 2020\)](#)

[Ella Baker and the Black Freedom Movement \(Mentoring a New Generation of Activists](#)

[“My Life as an Undocumented Immigrant” by Jose Antonio Vargas | NYT Mag \(June 22, 2011\)](#)

[The 1619 Project \(all the articles\) | The New York Times Magazine](#)

UK RACISM

[What we learned about UK racism](#)

[Why Black lives matter in the UK](#)

[How the George Floyd Killing Is Just as Relevant in the UK, and What You Can Do About It](#)

[Black people dying in police custody should surprise no one](#)

HISTORY / ECONOMICS

[Reparations for slavery is about so much more than money](#)

[The clear connection between slavery and american capitalism](#)

[Inequality in black and white: rigged economics of race in America in 5 studies](#)

[Enslavement & industrialisation](#)

THOUGHT PIECES

[Thinking about the safety of black lives beyond policing](#)

[An interview with Bryan Stevenson](#)

[“The Intersectionality Wars” by Jane Coaston | Vox \(May 28, 2019\)](#)

[“Who Gets to Be Afraid in America?” by Dr. Ibram X. Kendi | Atlantic \(May 12, 2020\)](#)

[Intersectionality](#)

[Race to the bottom](#)

USA ACTION GROUPS YOU CAN DONATE TO

[Donate across 70+ bailout funds](#) - Split a donation to all the bail funds, mutual aid funds, and activist organizations listed on this page, or allocate specific amounts to individual groups.

[Reclaim the Block](#) - Reclaim the Block began in 2018 and organizes Minneapolis community and city council members to move money from the police department into other areas of the city's budget that truly promote community health and safety.

[Minnesota Freedom Fund](#) - The Minnesota Freedom Fund pays criminal bail and immigration bond for those who cannot afford to as we seek to end discriminatory, coercive, and oppressive jailing.

[Black visions collective](#) - Black Visions Collective, has been putting into practice the lessons learned from organizations before us in order to shape a political home for Black people across Minnesota. We aim to center our work in healing and transformative justice principles, intentionally develop our organizations core "DNA" to ensure sustainability, and develop Minnesota's emerging Black leadership to lead powerful campaigns. By building movements from the ground up with an integrated model, we are creating the conditions for long term success and transformation.

[Northstar](#) - The North Star Health Collective was created in response to the Republican National Convention (RNC) in St. Paul September 1-4, 2008. We coordinated and provided health care services, resources, and training to ensure the safety of our community over the weeks before, during, and after the RNC. Thousands of community members and families attended protests against the RNC.

[CUAPB](#) - CUAPB was created to deal with police brutality in the Minneapolis/St. Paul area on an ongoing basis. We work on the day-to-day abuses as well as taking on the more extreme cases. We work to combat police brutality from many angles, including political and legislative action, education, research, and providing services and support for victims and their families.

[SPLC](#) - The SPLC is dedicated to fighting hate and bigotry and to seeking justice for the most vulnerable members of our society. Using litigation, education, and other forms of advocacy, the SPLC works toward the day when the ideals of equal justice and equal opportunity will be a reality.

[NAACP](#) - Since 1940, NAACP LDF has been the vanguard of the fight for civil rights and racial justice in the courts. We will continue to fight to promote full, equal, and active participation of African Americans in America's democracy.

[AUDRE LORDE PROJECT](#) - The Audre Lorde Project is a Lesbian, Gay, Bisexual, Two Spirit, Trans and Gender Non-Conforming People of Color community organizing center, focusing on the New York City area. Learn more

https://secure.actblue.com/donate/bail_funds_george_floyd - This allows you to split one donation between 39 US community bail funds. You can also choose to allocate more or less funds to specific funds etc.

[EQUAL JUSTICE INITIATIVE](#) - The Equal Justice Initiative is committed to ending mass incarceration and excessive punishment in the United States, to challenging racial and economic injustice, and to protecting basic human rights for the most vulnerable people in American society.

[CAMPAIGN ZERO](#) - We can live in a world where the police don't kill people by limiting police interventions, improving community interactions, and ensuring accountability.

[NATIONAL BAILOUT](#) - National Bail Out is a Black-led and Black-centered collective of abolitionist organizers, lawyers and activists building a community-based movement to support our folks and end systems of pretrial detention and ultimately mass incarceration. We are people who have been impacted by cages — either by being in them ourselves or witnessing our families and loved ones be encaged. We are queer, trans, young, elder, and immigrant.

[LIBERTY FUND](#) - maintaining the presumption of innocence by giving individuals the freedom and choice to contest charges.

<https://www.gofundme.com/f/i-run-with-maud> - This fundraiser was designed to assist Ahmaud's mother; Ms. Wanda Cooper-Jones and her immediate family with financial support during this extreme difficult time and in their struggle for justice for the murder of Ahmaud Marquez Arbery

[STAND UP TO RACISM](#) - Stand Up To Racism exists to bring together campaigns, community and faith groups, trade unions and representatives into a powerful movement against racism.

UK GROUPS // ORGS

[BLACK MINDS MATTER](#) - Connecting black individuals and families with FREE professional mental health resources in the U.K

[BLACK THRIVE](#) - a partnership for black wellbeing

POLITICAL

[LAFA](#) - LAFA is a grassroots democratic collection of individuals committed to building a mass anti-fascist movement in London that is accessible and militant.

[HOPE NOT HATE](#) - Since it was founded in 2004, HOPE not hate has become one of the largest and most successful political action groups in the country.

[THE RACIAL JUSTICE NETWORK](#) - Addressing Colonial Legacies, Challenging Racial Injustice

[THE LONDON CAMPAIGN AGAINST POLICE & STATE VIOLENCE](#) - London Campaign Against Police and State Violence is a group of voluntary campaigners working to make the Metropolitan Police accountable to local communities for abuses of power; and bring an end to its culture of brutality and racial profiling including the racist use of Stop & Search.

[DLA](#) - The DLA brings together a broad range of discrimination law practitioners, policy experts, academics and concerned individuals, all united around a commitment to improving equality law, practice, education and advice for those who face discrimination.

MEDIA / THINK TANK

[GAL-DEM](#) - online & print publication committed to sharing the perspectives from women and non-binary people of colour

[SKINDEEP MAGAZINE](#) - race & culture

[PLANTAIN PAPERS](#) - yearly print journal | people with a side of plantain.

[GUAP MAG](#) - a youth-led new media platform dedicated to discovering, showcasing and nurturing diverse emerging creatives.

[RUNNYMEDE](#) - The UK's leading independent race equality thinktank.

COLLECTIVE

[LIGALI](#) - is an activist collective that challenges the misrepresentation of African people, culture and history in the British media. We produce progressive Africentric media and education programmes that promote self determination, socio-political freedom, physical health and spiritual wealth

[NELMA](#) - brings together activists from across London to campaign on issues faced by migrants in vulnerable positions in our communities. We challenge injustices towards families with no

recourse to public funds (NRPF) and we coordinated a campaign against the Home Office's former policy of detaining and deporting EEA national rough sleepers.

[UFF CAMPAIGN](#) - The United Families & Friends Campaign (UFFC), is a coalition of those affected by deaths in police, prison and psychiatric custody, supports others in similar situations. Established in 1997 initially as a network of Black families, over recent years the group has expanded and now includes the families and friends of people from varied ethnic and cultural backgrounds.

[RESOURCING RACIAL JUSTICE](#) - The Resourcing Racial Justice fund is a coalition of people of colour (POC) innovators, change makers, activists, artists and social leaders dedicated to social change. Together, we have established a new UK wide-funding pool to support individuals and communities working towards racial justice.

[VOICES THAT SHAKE](#) - Youth voices on arts, race, media & power. Bringing together young people, artists & campaigners to develop creative responses to social injustice

[FREE THE WORK](#) - A nonprofit global initiative and talent discovery platform for underrepresented creators.

[THE MOVEMENT FOR BLACK LIVES](#) - The Movement for Black Lives (M4BL) seeks to reach millions, mobilize hundreds of thousands, and organize tens of thousands, so that Black political power is a force able to influence national and local agendas in the direction of our shared Vision for Black Lives.

[KWANDA](#) - A modern collection pot for black communities.

[MILK & HONEY BEES](#) - Milk and Honey Bees is an expressive safe space that allows young women and girls flourish and take ownership of H.E.R (Healing, Empowerment and Resilience) through 1:1 sessions and creative group projects.

[PEM PEOPLE](#) - people empowering people was established in 2010 as a non-profit social enterprise organisation to empower and build capacity to local residents to improve their local area and provide help in the form of skills training, employment, resource access and opportunities to hard to reach groups in South London.

[UBELE INITIATIVE](#) - Intergenerational work for the future of communities #WeNeedAnswers Support our call for an independent public inquiry: COVID-19 impact on BAME groups

[KINFOLK NETWORK](#) - KIN is an initiative which was founded in 2017, aiming to bring black activists and organisers together from across the UK to collaborate, strategise and support each other.

YOUTH / EDUCATION

[STEPHEN LAWRENCE TRUST](#) - The Stephen Lawrence Charitable Trust aims to be a fitting legacy to Stephen's memory and to make a real impact by Supporting young people to transform their lives by overcoming disadvantage and discrimination and moving into ambitious careers as professionals, Ensuring businesses can benefit from and are more inclusive of diverse talent throughout their management structures, Continuing to campaign for fairness and justice, ensuring the lessons learnt from Stephen's murder are acted upon.

[FREEDOM & BALANCE](#) - We are Freedom & Balance, an art college for the artist in everyone. We believe that an art college done well can help you ask the right questions in new ways, in a world that is ever-changing and in need of solutions. We believe that art is not just an activity for the gifted few, but a way of thinking that can be applicable to the personal, professional and social lives of everyone. We design curriculums to help you exercise your creative identity week-by-week, season-by-season.

[GENERATING GENIUS](#) - Raising the next generation of STEM Leaders. **Generating Genius** work with young people who are underrepresented in higher education in STEM.

[REACH OUT UK](#) - ReachOut is a mentoring charity that gives young people from disadvantaged backgrounds weekly one-to-one support from a volunteer mentor.

[THE BLACK CURRICULUM](#) - The Black Curriculum is a social enterprise founded in 2019 by young people to address the lack of Black British history in the UK Curriculum. We believe that by delivering arts focused Black history programmes, providing teacher training and campaigning through mobilising young people, we can facilitate social change.

[4 FRONT](#) - Creating change in our own lives, communities & society

[SHOW RACISM THE RED CARD](#) - Show Racism the Red Card is the UK's leading anti-racism educational charity.

ORGS TO FOLLOW ON SOCIAL MEDIA

Antiracism Center: [Twitter](#)

Audre Lorde Project: [Twitter](#) | [Instagram](#) | [Facebook](#)

Black Women's Blueprint: [Twitter](#) | [Instagram](#) | [Facebook](#)

Color Of Change: [Twitter](#) | [Instagram](#) | [Facebook](#)

Colorlines: [Twitter](#) | [Instagram](#) | [Facebook](#)

The Conscious Kid: [Twitter](#) | [Instagram](#) | [Facebook](#)

Equal Justice Initiative (EJI): [Twitter](#) | [Instagram](#) | [Facebook](#)

Families Belong Together: [Twitter](#) | [Instagram](#) | [Facebook](#)
 The Leadership Conference on Civil & Human Rights: [Twitter](#) | [Instagram](#) | [Facebook](#)
 MPowerChange: [Twitter](#) | [Instagram](#) | [Facebook](#)
 Muslim Girl: [Twitter](#) | [Instagram](#) | [Facebook](#)
 NAACP: [Twitter](#) | [Instagram](#) | [Facebook](#)
 National Domestic Workers Alliance: [Twitter](#) | [Instagram](#) | [Facebook](#)
 RAICES: [Twitter](#) | [Instagram](#) | [Facebook](#)
 Showing Up for Racial Justice (SURJ): [Twitter](#) | [Instagram](#) | [Facebook](#)
 SisterSong: [Twitter](#) | [Instagram](#) | [Facebook](#)
 United We Dream: [Twitter](#) | [Instagram](#) | [Facebook](#)
 Sisters Uncut : [Instagram](#). [Twitter](#)
 Save The Nour: [Instagram](#)
 Black Minds matter: [Instagram](#)
 Free the work: [Instagram](#)

TO WATCH

13th (Ava DuVernay) – Netflix
 American Son (Kenny Leon) – Netflix
 Black Power Mixtape: 1967-1975 – Available to rent
 Clemency (Chinonye Chukwu) – Available to rent
 Dear White People (Justin Simien) – Netflix
 Fruitvale Station (Ryan Coogler) – Available to rent
 I Am Not Your Negro (James Baldwin doc) – Available to rent or on Kanopy
 If Beale Street Could Talk (Barry Jenkins) – Hulu
 Just Mercy (Destin Daniel Cretton) – Available to rent
 King In The Wilderness – HBO
 See You Yesterday (Stefon Bristol) – Netflix
 Selma (Ava DuVernay) – Available to rent
 The Black Panthers: Vanguard of the Revolution – Available to rent
 The Hate U Give (George Tillman Jr.) – Hulu with Cinemax
 When They See Us (Ava DuVernay) – Netflix
[Roots](#) - BBC/Hulu

- [Black Feminism & the Movement for Black Lives: Barbara Smith, Reina Gossett, Charlene Carruthers \(50:48\)](#)
- ["How Studying Privilege Systems Can Strengthen Compassion"](#) | Peggy McIntosh at TEDxTimberlaneSchools (18:26)
- #BLMB:[Conversation on whiteness with Tim Wise & Dr. Lisa Anderson-Levy](#)
- bell hooks on Transgression : full lecture series available [here](#)
- [Trevor Noah on the Daily Social Distancing Show](#)

- [Just Mercy](#)
- [Want To Understand Why Racism Won't Go Away - Watch This | Russell Brand & Prof. Kehinde Andrews](#)

TED TALKS

- [The Economic cost of Racism](#)
- [The Urgency of Intersectionality](#)
- [Symbols of Systematic Racism](#)
- [How to deconstruct Racism one headline at a time](#)
- [We need to talk about injustice](#)
- [How to overcome our biases and walk boldly towards them](#)
- [How can we start to heal the pain of racial division](#)

PODCASTS

[1619 \(New York Times\)](#)

[About Race](#)

[Code Switch \(NPR\)](#)

[Intersectionality Matters! hosted by Kimberlé Crenshaw](#)

[Momentum: A Race Forward Podcast](#)

[Pod For The Cause \(from The Leadership Conference on Civil & Human Rights\)](#)

[Pod Save the People \(Crooked Media\)](#)

[The Combahee River Collective Statement](#)

[The End of Policing with Alex Vitale on Novara Media](#)

RESOURCES FOR WHITE PARENTS TO RAISE ANTI RACIST CHILDREN

[Check out these books for children and young adults](#) from the list of Coretta Scott King Book Award Winners

[Listen to](#) the Parenting Forward podcast episode 'Five Pandemic Parenting Lessons with Cindy Wang Brandt'

[Listen to](#) the Fare of the Free Child podcast

[Read](#) PBS's Teaching Your Child About Black History Month

[Follow](#) The Conscious Kid on Instagram

[Jay Brave article](#) about his experience raising his daughter - ***"If your child's knowledge and wisdom do not surpass your own, you have not fulfilled your duty as a steward of the life force. If you do not allow your spirit to act as a conduit of generational growth then you are not a help, you are a hindrance."*** - [Jay Brave](#)

FREE COURSES

[Yale course on African American History](#)

[University of Exeter British Imperialism course](#)

[Online events](#)

QUOTES

The opposite of poverty is justice - Bryan Stevenson

Our redemption is tied into their redemption, and we will not be free until we've all been redeemed from redemptive anger - Ruby Sales

If you have come here to help me you are wasting your time. But if you have come because your liberation is bound up with mine, then let us work together. – Lilla Watson

Anti Racism involves actively stepping up and doing things to advocate for marginalised groups - Holiday Phillips

It is no measure of health to be well adjusted to a profoundly sick society - Jiddu Krishnamurti

If you're not careful, the newspapers will have you hating the people who are being oppressed, and love the people who are doing the oppressing - Malcolm X

If you are neutral in situations of injustice you have chosen the side of the oppressor - Desmond Tutu

You have to act as if it were possible to radically transform the world. And you have to do it all the time - Angela Davis