

Blog post

Goal: 200 USD [200/200]

THANK YOU ALL VERY MUCH FOR DONATING, THE HELP WAS GREATLY APPRECIATED AND I FINALLY HAVE ENOUGH TO AFFORD THE SURGERY!!

Hi everyone, my name is Huy, and I'm reaching out for support during a really tough time. I'm 21 years old and currently living in Vietnam with my boyfriend, we both work minimum wage jobs that barely pay enough to get by as before we both contributed to the household fees like the electricity and water bill along with daily necessities but now things have changed for the worse as I've recently been diagnosed with arthritis, sciatica, and gout all on my right leg, causing intense searing pain along with limiting my mobility and how I carry on with my daily life.

Symptoms have started to appear around August of 2024 where I noticed my leg aching after sitting for a long period of time, it started off as normal aching, then it went to feeling numb and now I am unable to sit down for longer than 5 minutes otherwise my right leg would begin to hurt badly, feeling as if someone had stabbed me and is twisting the knife around while it's inside my leg causing tremendous pain that won't stop until I stand up or lay down, this is very uncomfortable and a nuisance in my daily life as having to stay seated most of the time at work, sitting down to drive from home to work and to other places or even sitting down to enjoy a meal with my boyfriend has become an unbearably painful experience which frustrates me deeply.

I've only been diagnosed with these when going to the Hospital after being unable to endure the pain any longer in February which then the Doctor diagnosed me with arthritis in my right knee along with prescribing me some medications that will help ease the pain which I am supposed to take for 2 weeks and then come back for a checkup, this alone was a big hit on our financial state as the medications were not cheap but we hoped that it'd help with the pain.

Diagnosis: Right knee arthritis

Treatment direction: Knee (P) T/N (1-film digital X-ray) (1); Conclusion

Medicine :

1. Celecoxib 200 (Medicel 200) Take 1
time per day, 1 tablet each time (after meals)
2. Methocarbamol 750mg (Hadubamol 750 [1252]) Take
2 times a day, 1 time each time (after meals)

At my follow-up appointment two weeks later, I saw a new doctor, and I explained that the pain had not gone away and in fact has gotten worse with it being so unbearably I cried while at work as he then re-examined me and proceeded to do a Blood test in which showed that my Uric Acid levels were higher than the normal amount along with some imaging, after re-examining me and reviewing my blood test results, he found that my uric acid levels were higher than normal and diagnosed me with gout. He also determined that I had sciatica based on my symptoms and physical examination. He prescribed more medications, mostly painkillers, and advised me to avoid red meat, chicken, seafood, and sugary foods, which I have strictly followed.

Diagnosis: Right sciatica/gout

Medicine :

1. Benfotiamine 150mg (Benfosafe [1252-1]) Take 2 times a day, 1 time each time (after meals)
2. Calcium 600mg; Vitamin D 200IU; Manganese, Magnesium, Zinc, Copper (CALVIN PLUS [1252]) Take 2 times a day, 1 tablet each time.
3. Cytidine 5mg; Uridine 3mg (LEOLEN FORTE [1252]) Take 3 times a day, 1 tablet each time.
4. Lornoxicam 8mg (My-Rise [1252]) Take 2 times a day, 1 time each time (after meals)
5. Methocarbamol 1500mg (Soldexbu [1252]) Take 3 times a day, 1 tablet each time
6. Pregabalin 150mg (Pregabakern 150 mg [1252]) Take 1 time per day, 1 time per day (at night, before going to bed)

For the first time in my life, I've had to take 13 pills every day for 2 whole weeks as it was uncomfortable and worrying but if doing that made sure the intense pain would stop then I'd gladly do it.

As of writing this, I've finished all of the Medication and my checkup is tomorrow but the pain has yet to stop or calm down and in fact has gotten worse causing me to have to limp around without being able to straighten my right leg after even sitting down for a few seconds. Each checkup costed a whopping 100\$ [2.5M VND] which I cannot get within that short timeframe of 2 weeks hence why I'm writing this pleading for help as I've already tried to find ways to obtain this money and one of the best bet was to take out a Loan at the bank but after some questions it appears that I'm unable to take out that much money without interest being involved. I've had family members who's been unable to pay back interests

before which has sparked a fear inside of me, the fear of not being able to pay it back and having to live my life in debt to the Bank frightens me and my boyfriend as it's either this or not going to the checkup and having to live the rest of my life in pain.

That's why I'm humbly asking for any support you can offer. Every little bit helps me afford the treatment I need to manage my pain and regain some normalcy in my life. I just want to be able to sit without unbearable pain, enjoy a meal with my boyfriend, and talk about our day after work—simple things that I've come to miss. I thank you so much for taking the time to read my story and even if you're unable to donate and has problems of your own to worry about, sharing this would mean the world to me!

My Paypal if you're able to help: paypal.me/HuySafr

I am unable to make a GoFundMe page due to it not being available in Vietnam so I've resorted to using Paypal which I'll keep all information private, if you have any suggestions or any solutions please feel free to put them in the Doc's Comment Section, thank you very much!

My Discord if you want to contact me: [huysafr]

Thank you very much for reading, sharing this would be greatly appreciated!