

John Overdurf - Beyond Goals

Why Goals Don't Work and What Does!

This model outlines an entirely new approach to the issue of goal setting in coaching and life. This MP3 will tell you how to create and access end state energy which is the critical for manifestation.

It also covers how to manage uncertainty and use inductive processing to overcome motivation issues, indecisiveness and disappointment. This was recorded live a from tele-coaching class, and includes the manual.

John Overdurf is an established therapist, coach and Trainer of Hypnosis and NLP. For over 20 years he has worked with clients and students inspiring them to reach their potential in their careers, personal life and athletics.







John has a degree in Psychology and was a Certified Addictions Counselor (C.A.C.) for over fifteen years. He began his career as a full time therapist in the Detoxification Unit before graduating from college. He entered graduate school, but soon became disillusioned with how impractical it was, compared to what he was dealing with in the 'real world' of mental health and drug and alcohol treatment. After working in the 'trenches' of mental health and addictions, he launched a very successful private practice at the age of 24. As he began to work with his clients, he became frustrated with the limitations of traditional approaches to therapy and began searching for a new approach.

During his search, John discovered the benefits of Hypnosis and NLP. Integrating these tools into his practice, he was able to work with his clients in an entirely new way, and they were able to make profound changes in their lives. Because of his effective style, he became known the 'Therapists' Therapist' as many of his clients were therapists who needed to work through their own issues. While maintaining his private practice, he was a frequently requested speaker and consultant, working with several colleges and universities. He developed the first Drug & Alcohol and Wellness programs in the Lancaster area and was an adjunct Psychology Professor at Elizabethtown College for five years. When working with the colleges, he enjoyed integrating NLP into the processes of teaching, learning and athletic performance, and as his passion grew toward education, NLP and Hypnosis, John made the transition from 'public teaching' to 'private teaching' when he began conducting Hypnosis and NLP seminars full time.

Since 1989, John has trained and certified thousands of people around the world in NLP, HNLP, Hypnosis and Coaching. His current focus is Advanced Training and Supervision. He works with Coaches, Practitioners and Therapists in the area of

Hypnosis and NLP so they can master the skills that will have the biggest impact and create changes in their lives, as well as the lives of their clients.

Proof Content

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|  | John Overdurf - Beyond Goals.mp3 |   | 25.3 MB |
| 2 files | | | 26.3 MB |