



# HIGHLAND MIDDLE SCHOOL

## SEL SCOPE & SEQUENCE

### 6th Grade

Date	Lesson	Core Skills	Learning Objective (s)	Highland Values
8/27	Intro to SWARM Assembly (South Gym)	Self-Awareness , Purpose	<ul style="list-style-type: none"> <li>• All 6th Grade assembly to introduce the SWARM Matrix (Skit sign up)</li> <li>• Teachers act out positive behaviors at each location, using their Matrix students name which SWARM area they noticed</li> <li>• Final Message to Students: you will be noticed following expected behaviors, PBIS connection</li> </ul>	Community
9/10	Hornet Day: Being Yourself and Looking Ahead	Collaboration, Self-Awareness , Purpose	<ul style="list-style-type: none"> <li>• Students will be able to understand the meaning behind Wayfinder/SEL</li> <li>• Students will learn each other's names</li> <li>• Students will fill in "Letter to themselves" to add to a time capsule - can work on throughout the week</li> </ul>	Community
9/24	Highland Reads Connection	Collaboration	<ul style="list-style-type: none"> <li>• Discuss the Highland Reads book <u>Restart</u></li> </ul>	Community Integrity Perseverance

10/8	Highland Charity & Connection Survey	Empathy, Agency	<ul style="list-style-type: none"> <li>• Students will identify and reflect on the needs of others by exploring the mission of the chosen charity, demonstrating empathy and social awareness.</li> <li>• Students will collaborate effectively with peers to plan and contribute to the service project, using responsible decision-making and communication skills.</li> </ul>	Community Kindness
10/15	6.2.1. Truth Detective	Self-Awareness	<ul style="list-style-type: none"> <li>• Students will be able to identify different aspects of who they are.</li> <li>• Students will be able to recognize that who they are changes over time.</li> </ul>	Community Respect
11/5	Food Scarcity	Empathy	<ul style="list-style-type: none"> <li>• Students will be able to define empathy and explain how it relates to food scarcity.</li> <li>• Students will reflect on how their actions (food drive contributions) meet real needs.</li> <li>• Students will collaborate on purposeful food donation projects by grade.</li> </ul>	Community Kindness
11/19	6.1.4. Intro: Our Shared Story	Self-Awareness	<ul style="list-style-type: none"> <li>• Students will be able to draw conclusions about the impact of choices.</li> <li>• Students will be able to identify people in their lives who have made their choices possible and people who have been affected by their choices.</li> </ul>	Integrity Respect
12/3	6.2.4. Own Your Perspective	Self-Awareness	<ul style="list-style-type: none"> <li>• Students will be able to state their opinions on a topic.</li> <li>• Students will be able to assess the factors that influence their perspectives.</li> </ul>	Integrity Perseverance
12/10	6.3.3. Emotions as Information	Empathy	<ul style="list-style-type: none"> <li>• Students will be able to describe how their classmates express emotions.</li> <li>• Students will be able to make connections between the emotions they experience and the purpose emotions serve.</li> </ul>	Respect Community

1/14	6.4.1. Understanding Boundaries	Agency	<ul style="list-style-type: none"> <li>• Students will be able to define boundaries.</li> <li>• Students will be able to make observations about how their own and others' boundaries interact with and impact each other.</li> </ul>	Respect Kindness
1/28	6.4.4. Forgiveness	Collaboration	<ul style="list-style-type: none"> <li>• Students will be able to define forgiveness.</li> <li>• Students will be able to identify the elements of an authentic apology.</li> </ul>	Integrity Respect Kindness
2/4	6.5.1. Step Into Power	Self-Awareness	<ul style="list-style-type: none"> <li>• Students will be able to define what it means to be powerful.</li> <li>• Students will be able to identify skills and traits that make them feel powerful.</li> </ul>	Community Respect
2/25	6.4.2. Intent vs. Impact	Empathy	<ul style="list-style-type: none"> <li>• Students will be able to distinguish between intention and impact in a scenario.</li> <li>• Students will be able to apply their understanding of a scenario to differentiate the intent of their actions from the impact they have on others.</li> </ul>	Respect Community Kindness
3/11	6.4.3. Navigating Conflict	Collaboration	<ul style="list-style-type: none"> <li>• Students will be able to define conflict.</li> <li>• Students will be able to apply a conflict transformation approach to a conflict scenario.</li> </ul>	Respect Perseverance Integrity
3/18	Activity to connect to the Highland Charity Activity	Agency	<ul style="list-style-type: none"> <li>• Students will identify and reflect on the needs of others by exploring the mission of the chosen charity, demonstrating empathy and social awareness.</li> <li>• Students will collaborate effectively with peers to plan and contribute to the service project, using responsible decision-making and communication skills.</li> </ul>	Empathy Community
4/1	6.5.3. Be a Community Champion	Agency	<ul style="list-style-type: none"> <li>• Students will be able to identify the connection between self- and community advocacy.</li> <li>• Students will be able to reflect on how they might advocate for others in the future.</li> </ul>	Respect Integrity

4/15	6.5.4. Meaningful Mistake Making	Adaptability	<ul style="list-style-type: none"> <li>• Students will be able to identify a mistake in their lives that they learned from.</li> <li>• Students will be able to draw conclusions about how mistakes can help them grow.</li> </ul>	Perseverance
5/6	Rock Painting for Kyra and Charlotte and Connection Survey	Collaboration	<ul style="list-style-type: none"> <li>• Students will express empathy and compassion by creating kindness rocks with meaningful messages, honoring the memory of their peers and promoting a culture of kindness within the school community.</li> </ul>	Community Kindness
5/20	6.6.2. Community Reflection: Compliment Blast	Empathy	<ul style="list-style-type: none"> <li>• Students will be able to construct and deliver a compliment to a classmate.</li> <li>• Students will be able to reflect on the effects of giving and receiving compliments.</li> </ul>	Community Integrity Kindness