

FMW Quaker Spiritual Development Programs

September 2022

Friends who participate in FMW's Quaker Spiritual Development (QSD) programs can support and enrich their spiritual journey. Monthly and recurring QSD programs currently available through FMW can be found [here](#). In addition to the recurring programs, the Ministry & Worship Committee facilitates Workshops and Presentations that address topics of interest to Friends which are listed below. See the calendar below for the dates and times of all QSD programs this month.

Current Classes, Workshops & Presentations

Quakerism 101 – Fall Class starts September 13th, from 7:00-8:30 pm

FMW's Quakerism 101 class consists of five sessions that will provide a strong foundation of understanding as you begin your spiritual journey into the rich tradition of the Religious Society of Friends - Quakers. Sessions will be held on Tuesdays, 7:00-8:30 pm from September 13th through October 10th.

Session 1. Quaker Worship & Vocal Ministry – September 13th

Session 2. Quaker History– September 20th

Session 3. Quaker Faith & Practices – September 27th

Session 4. Quaker Testimonies – October 4th

Session 5. Quaker Process – October 11th

Here is a [detailed outline](#). Please [register here](#).

For more information contact Ann Herzog, email: aherzog333@yahoo.com

September 18, 12:30 to 2pm, Rabbi Leila Gal Berner, *Listening to the Heart of Genesis: A Contemplative Path* - - Come hear Rabbi Berner offer a fresh experiential approach to personal contemplation, based on a Christian method of reading Scripture—*lectio divina*. Rabbi Berner's adaptation, *kriat ha-kodesh* (reading the sacred), is welcoming and accessible to readers of all backgrounds. Rabbi Berner explains rabbinic perspectives that have illuminated the stories in Genesis and suggests questions for contemplation and meditation, which can be used both by individual readers as part of a spiritual practice and also by groups of spiritual seekers. These questions are interspersed with chants and silence. Groups have formed throughout North America using her method. [Please register here](#).
For more information, contact Sabrina McCarthy, sabrina.mccarthy@verizon.net, cell 240.778.5234.

2023, Quakerism 201: A Deeper Dive

Interested in a “Deeper Dive” into Quaker thought and practice? Through this in-depth *Book Study Group* you will read and discuss books like John Woolman's Journal; Robert Barclay's "An Apology for the true Christian Divinity"; Margaret Hope Bacon's "The Mothers of Feminism"; Michael Sheerin's "Beyond Majority Rule" and other thought provoking books on Quaker faith and practice. A Deeper Dive will meet for 90 - 120 minutes on the third Sunday of every month starting on November 20th. Taking one book at a time, Joe Izzo, a member of Friends Meeting of Washington, will moderate the discussion.

Contact Joe Izzo, jizzo4102@gmail.com for more information. Registration will begin in September.

Spiritual Friendship Circles

Spiritual Friendship Circles of 3 or 4 Friends meet monthly to reflect and share discernment around specific queries addressing their spiritual lives. In order to learn more contact: Tish Thames, viticia@gmail.com.

If you would like help in starting a group for FMW's Quaker Spiritual Development program, please contact Ann Herzog at aherzog333@yahoo.com, cell 202.246.5125.

SEPTEMBER CALENDAR

*Every two weeks, Sunday, September 4th, **Friendly Bible Study*** – 12:00 p.m. [Join by Zoom](#). By phone, dial: **(646) 876-9923**. On prompt enter meeting ID: **2025778431#** and the Meeting password is 254224. Contact: David Etheridge, David.etheridge@verizon.net, cell 202.577.8431. Both auditors and participants are welcome.

*First Thursday, September 1st, **Spiritual Formation Group*** – In a sacred circle, Friends explore spiritual issues in their lives to deepen the spiritual connection within themselves, the Meeting and the community. The program is sponsored by Baltimore Yearly Meeting. Contact: John Bluedorn, johnbluedorn@gmail.com

*Weekly on Thursday, September 8th, **Quaker Bible Study*** - meets from 7-8:30pm in person in the FMW Library or via zoom - [Zoom link here](#) Contact: Gene Throwe, gthrowe@gmail.com

Weekly on Thursday, September 14th, Quaker Bible Study - meets from 7-8:30pm in person in the FMW Library or via zoom - [Zoom link here](#), Contact: Gene Throwe, gthrowe@gmail.com

Third Sunday, September 18th, Reading Quakers Together – 9:15 a.m. to 10:15 a.m. Newcomers welcome. [Join by Zoom](#). By phone, dial: **(646) 876-9923**. On prompt enter meeting ID: **2025778431#** Contact: Sabrina McCarthy, sabrina.mccarthy@verizon.net, cell 240.778.5234, for the monthly order of worship.

Third Sunday, September 18th, Vicara Sangha (community for inquiry into Hindu and Buddhist scriptures) - 3:30 p.m. to 5 p.m. Newcomers welcome. [Join by Zoom](#). By phone, dial: **(646) 876-9923**. On prompt enter meeting ID: **2025778431#** The group will study chapters 7 and 8 of the *Dhammapada*, relying on several translations. Contact: Sabrina McCarthy, sabrina.mccarthy@verizon.net, cell 240.778.5234, for the reading materials.

Weekly on Thursday, September 21st, Quaker Bible Study -meets from 7-8:30pm in person in the FMW Library or via zoom - [Zoom link here](#), Contact: Gene Throwe, gthrowe@gmail.com

Every two weeks, Sunday, September 25th, Friendly Bible Study – 12:00 p.m. In the Terrace Room or [Join by Zoom](#). By phone, dial: **(646) 876-9923**. On prompt enter meeting ID: **2025778431#** and the Meeting password is 254224. Contact: David Etheridge, david.etheridge@verizon.net, cell 202.577.8431. Both auditors and participants welcomed.

Fourth Sunday, on Sunday, September 25th, Ignatian Prayer Group - 3:30 p.m. to 5 p.m. Newcomers welcome. [Join by Zoom](#). By phone, dial: **(646) 876-9923**. On prompt enter meeting ID: **2025778431#** Contact Sabrina McCarthy, sabrina.mccarthy@verizon.net, cell 240.778.5234, for the monthly order of worship.

Weekly on Thursday, September 28th, Quaker Bible Study - meets from 7-8:30pm in person in the FMW Library or via zoom - [Zoom link here](#), Contact: Gene Throwe, gthrowe@gmail.com