

Key information, Health and Safety and Inclusion - National Animal Rights March 2025

Grassroots activists organise the National Animal Rights March. The intention is for this to be every vegan's NARM, bringing us all together and all Animal Rights organisations and individuals are warmly invited to march with us. The NARM will be a platform where vegans can align themselves to a clear abolitionist, anti-speciesist message. We are aiming to rebuild the will and direction the movement needs and should have. We owe this to the trillions of other animals who are oppressed.

Let us end the oppression of other animals and march together for justice, respect, and peace!

Please do read the following information carefully and do not hesitate to reach out if you need further information or if you need this information in a different format. For more information, or assistance, please email nationalanimalrightsmarchuk@gmail.com or Direct Message us on Facebook

Route

We are meeting at Marble Arch at 12pm midday and marching a circular route. There will be speeches both before and after the March and music from the incredible Vegan Queen V and The Animal Rights Choir. The what3words meeting point is <https://w3w.co/swear.free.vocab>. The route is via Park Lane, Green Park, Piccadilly, Regent Street, Bond Street, Oxford Circus and back to Marble Arch. It can be viewed on Google maps here: <https://maps.app.goo.gl/THRfbcCHxpiM1zqg7>

The closest tube station to the start of the march is Marble Arch and the closest with step free access, is Bond Street, 10 minutes' walk away. Green Park Station also has step free access. At the end of the march, the closest tube station is Westminster which has step-free access.

There are toilets along the route and disabled toilets in Hyde Park and the Costa Cafe opposite Marble Arch.

A map with the route, showing stations and toilet facilities can be found in the discussion section of the event page and on our Facebook and Instagram pages.

What type of event is the National Animal Rights March?

The National Animal Rights March is a wonderful opportunity for those who care about justice and Animal Rights to come together in a public display of solidarity. It is a chance to meet other like-minded people, make new friends and kickstart your activism!

The march is seen by thousands of people and is possibly the biggest spectacle of vegan messaging for Animal Freedom that this country ever sees.

The National Animal Rights March is a grassroots event made up entirely of people just like you. As individuals we have the power to create real cultural change and in turn demand serious system change for the benefit of all those animals that we have the honour of sharing this planet with.

As vegans, we have a duty to the other animals to actively oppose their exploitation by encouraging as many people as we can to become vegan so we can eradicate speciesism. This vibrant event inspires vegans to speak up for other animals and become active in their local communities.

Some people may bring megaphones and whistles to play music or make noise. There will also be a Samba Band. We also encourage people to bring banners and placards and flyers to hand out on the route. We will also be bringing a banner for the front of the march and flyers for participants to hand out along the route. We would prefer if people did not bring placards or flyers which contain graphic imagery or content but please note that some people will do so.

There will be chanting throughout the march and it will generally be quite noisy so you may wish to wear ear defenders and provide them for your children. We expect there to be quite a crowd of people so head for the front or back of the march if you would like more space or would like to be able to escape the noise for somewhere quieter.

Stewards will help block the roads for us so it will be safe to walk. We will be walking on the roads so there should be plenty of space for pedestrians on the pavements. We expect to be walking for approximately 1.5 to 2 hours.

When we get back to Marble Arch, there will be speeches and music for around an hour. There is limited seating at Marble Arch so we ask that people are considerate of others.

What should I Bring?

Wear comfortable shoes, bring plenty of water, some snacks, clothing appropriate for the weather, money or your bank card, phone and charger, travel card, medication, placards, flyers, and a megaphone if you have one. And food for the pigeons!

Police

The police are aware that the march is happening and we have our own police liaison officer so do expect to see a police presence. As this is a peaceful event and there will be no direct action, we expect them to be there only to ensure the safety of the public and participants.

Deaf and Hard of Hearing

The speakers at the end of the march will be joined by our BSL interpreter on stage. We suggest that anyone who is deaf or hard of hearing is at the front of the march so they can be in the best position to see the speeches at Marble Arch.

Be Nice

We are aiming for this National Animal Rights March to be a fully inclusive event where everyone feels welcome and safe and united in their shared vision of ending speciesism. As such, anyone who behaves in an offensive manner or who displays offensive leaflets and banners, will be asked to leave. Please be civil to members of the public; we have a no-shame policy and ask that you do not shame the public with your chants.

Animal members of your families

People will bring animals but we ask that you bear in mind that this will be a noisy event

Flares

We do not encourage the use of smoke flares as these can be harmful to the environment, harm people and animals and cause respiratory distress