

8/22/17-8/24/17

Big Ideas

Depression in adolescents

Big Idea-vulnerability, anxiety, depression

Causes of Depression

Exposed to stress

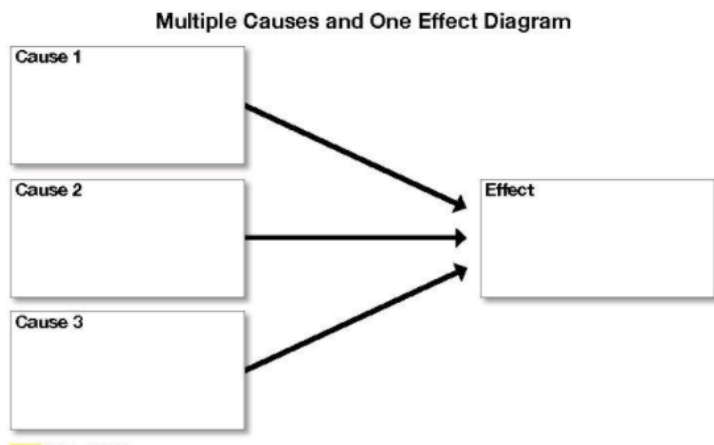
Childhood adversity-(can use when doing analysis) not fitting in, bullies, divorce and death, athletic pressures, moving poverty

Media

Family (can go with childhood adversity)-family history

Awareness

1. Cause + Effect



Causes

Stress

Childhood adversity

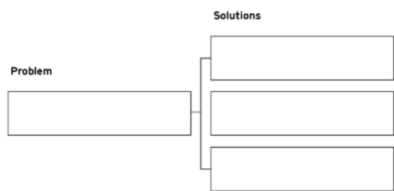
Media

Family

Awareness

Lead to Rise in Teen Depression

2. Problem/Solution



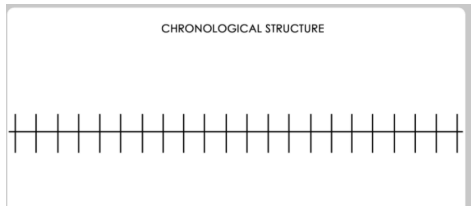
Multiple Problems with One Solution

1.Problem
2. Problem
3. Problem
4. Problem
5. Problem



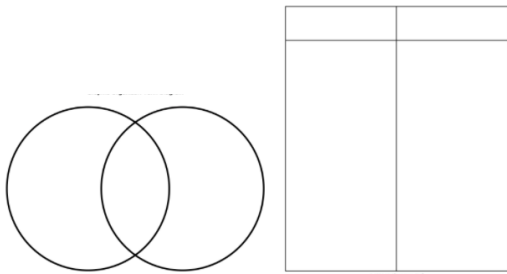
Solution

3. Chronological /Sequence



4. Compare/Contrast

- Uses words like differences, versus, distinguished from...



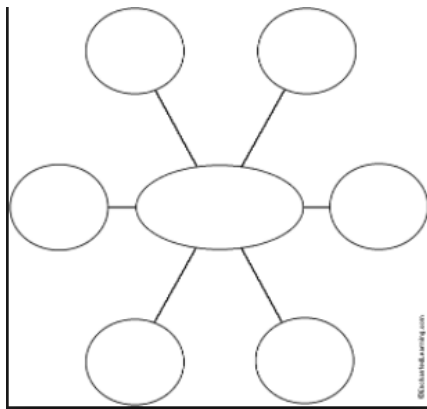
Compare/Contrast Matrix

	Name 1	Name 2
Attribute 1		
Attribute 2		
Attribute 3		

Compare/Contrast Matrix

Name	Attribute 1 size	Attribute 2 shedding	Attribute 3 cost	Attribute 4 temperament
1. Pitbull				
2. Golden retriever				
3. Husky				
4. Boxer				

5. Descriptive



6. Enumerative

1. First you need to know about this
 - A. Example/reason
 - B. Example/reason
 - C. Example/reason
2. Second you need to know about this
 - A. Example/reason
 - B. Example/reason
 - C. Example/reason

Example start to article analysis:

The author of this article points out that teen depression is a serious issue that is increasing. She says there are several factors that contribute to this....In my opinion, the biggest cause of increasing depression rates is childhood adversity.

Many people do not seem to understand that teens today face so many issues. These issues include parent divorce, increased athletic pressure...but perhaps the biggest cause of this adversity is school.

Bullying

*According to a [2015 article in Stanford News](#), too much homework (more than two hours a night) causes greater stress, health problems, and alienation from friends and family. The author of the article, Clifton Parker, stated that students reported that homework caused “headaches, exhaustion, sleep deprivation, weight loss and stomach problems.”

*An article from 2015 stated that teens have too much homework which causes several problems (Parker “Title”).

*Can cite either way.

8/29/17

Why are kids depressed? Screen time.

Summarize the article in 1 paragraph and reflect on **one or more** options