

Triennial Assessment Tool

Local Wellness Policy - Atlanta Neighborhood Charter School (ANCS)

2023/2024

Every three years (or more often if the district desires), the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to the [Model Wellness Policy](#)
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023 or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. Districts are required to make the Local Wellness Policy and Triennial Assessment available to the public.

Date of Assessment: March 2024		Name of School District: ANCS		Number of Schools in District: 2	
Nutrition Education Goal(s):		Goal Status (select one):	Number of Compliant Schools:	Notes:	
1.	4 taste tests by end of year	in progress	2	Have conducted sweet/hot pepper, muscadine, satsuma taste tests	
2.	work with classes on learning	complete	2	K Rockmore/Holmes: opened pumpkin, counted seeds, preserved seeds and cut pumpkin K-5: found praying mantis, we all observed for 1 week+ as it lived in a milk crate between the cafeteria and recess 5th Love/Breakstone: discussed being Exec Chef and more as they've been studying kitchen math and fractions 7th: BHM Menu - worked for 4 weeks with 7th PE/Health class to develop Black History Month lunch menu & execute individual mini sweet potato pies based on teacher's family recipe	

This institution is an equal opportunity provider.

3. highlight seasonal ethnic heritage cuisines	in progress	2	<p>hispanic heritage month menus: sancocho, tacos with pico and salsa verde from Ms Paez</p> <p>model UN menu: Libya and Egypt (upcoming Jan 22)</p> <p>BHM menu: Feb 2024; work with 7th grade health/PE - sweet potato pies</p> <p>Nowruz/Iranian new year: March 19, 2024</p> <p>Iftar dinner for farm spring evening event (upcoming Mar 27, 2024 - ANCS may provide some part of the food for this, TBD)</p> <p>AAPIHM: (upcoming May 2024) 1-3 menus TBD</p>
4. work K-5 into related arts rotation: students will spend nine consecutive weeks working on the farm as part of their related arts rotation; their learning will be connected to their grade level science standards	in progress	1	<p>-Our first two rotations of this K-5 farm integration during related arts have gone very well! The fall season included 1st and 4th grades, and students wrapped up summer crops, sowed fall plants and seeds, and saved close to one million seeds for gifting and planting in future seasons.</p> <p>-The winter months brought 3rd and 5th graders out to tend and harvest fall crops, care for soil with infusions of compost and mulch, and grow mushrooms and spring transplants in the greenhouse.</p> <p>-Our spring rotation has just begun with Kindergarteners and 2nd graders, and we will be sowing and transplanting for spring, starting summer plants in the greenhouse, and studying seeds, flowers, fruits, and pollinators.</p>
5. serve at least 2000# produce grown on campus for school year	in progress		record keeping has lagged since September – unsure the amount of produce we’ve harvested and used this year, unfortunately. Roughly 450 lbs recorded, but this is less than the total to date.

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Nutrition Promotion Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. 2 after school events on farm	partially complete	2	had fall event with food; iftar event planned for March
2. reduce food waste	in progress	2	implemented offer v serve at lunch, focus on composting in cafeteria and making bet use of food, spoke MC MM Mon 1/8/2024
3. posting what produce is current	partially complete	2	spoke about at MC MM Mon 1/8/2024. For Jan bulletin board MC: sign with current produce, suggestions for local items
4.			
5.	Choose an item.		
Physical Activity Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. clubs at both campuses to promote physical activity	complete	2	girls run at EC, various afterschool recess games, pickleball club at MC
2. field competitive teams at the MC in all of the following sports: boys & girls soccer, boys & girls basketball, boys & girls cross country, boys & girls track, ultimate, flag football, girls volleyball, boys baseball	complete	2	5th graders are allowed to try out for MC athletic teams; boys cross country team won state championships
3. grades K-5 - 10 running days a year (20 min of structured running)	in progress	1	on track to make 10. Have done 4, and spring is a heavy season
4. grades K-5: all students at least 45 minutes PE weekly	in progress	1	2 grade levels a tri-mester have PE more frequently than this, and it rotates through all grades at EC
5.	Choose an item.		

Other School-Based Activities that Promote Student Wellness Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. run with the wolves	in progress	2	5K and 1 mi. race
2. kickball tournament	complete	2	in the fall – annual event, popular
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. school farm produce at lunch each month	completed	2	all months so far this school year
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Not Sold to Students (i.e., classroom parties, foods given as reward)	Status (select one):	Number of Compliant Schools:	Notes:
1. nut free	completed	2	communicated at the start of the year to classrooms, on website, consistent communication when this kind of thing goes out in courier or classroom pages
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1.	Choose an item.		
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

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Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. David Bradley	Chef & Nutrition Director, Both EC and MC	
2. Robert Lupo	Sous Chef & Assistant Nutrition Director, EC & MC	
3. Nichole Lupo	School Farm Educator, EC & MC	
4. Zoe Spencer	School Farmer, EC & MC	
5.		
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. Kristen Daniel	EC PE Teacher	
2. Nicole King	EC Assistant Principal	
3. Natasha Woody-Wideman	MC Assistant Principal	
4. Maria Paez	EC PE Teacher	
5.		

KEY	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal