

Clothing & Personal

Clothes appropriate for weather conditions:

- Shirts (Short or Long Sleeve)
- Pants and Shorts
- Underwear, Bra
- Socks. Always pack extra.

Sturdy shoes or Hiking Boots

- Closed Toe / Closed Heel

Cloth Work Gloves

Wool Socks 2x

Raincoat or Poncho

Rain Pants

Rain Hat

Sun Hat

Warm Hat

Warm Gloves

Pajamas (warm)

Sleeping Hat (sor sleeping only)

Sleeping Socks (fresh for each night)

Deodorant

Toothbrush and Toothpaste

Feminine Hygiene Products

Toilet Paper

Container for Waste

Gear

Sturdy Day Pack

Reusable Waterbottle

Notebook and Pen/Pencil

Pocketknife (full size)

Sunscreen

Bug Spray

Flashlight and Extra Batteries

Compass with Baseplate

Flint and Steel

(Hint: Harbor Freight = Good Price)

Paracord - Any 2 favorite colors

Personal First Aid Kit

Warm Sleeping Bag

Travel Size Pillow

Sleeping Pad

Small Tent

Mess Kit

Dunk Bag

Eating Utensils

Water Resistant Compression Sack