THE MASTER WAR MODE DAY PLAN + REPORT

□ The Mastery Checklist Explained to achiev...

☑/ ×	D/10	I/10	/20	Master Checklist:	Task Time:
V / X	10 -	10 -	20 -	Sleep.✓	6 hours.
☑/ ×	10 -	5 -	15 -	Regular job.✓	9 hours.
☑ /×	10 -	10 -	20 ·	Workout. ✓ (120 push-ups and 3 more exercises for 1 hour and 24 minutes and 02 seconds.)	1 hour and 30 minutes.
☑/ ×	10 -	10 -	20 -	Reviewing chats.	20 minutes.
☑/ ×	10 -	10 -	20 -	MPC.	10 minutes.
☑/ ×	5 -	10 -	15 ·	Prospecting.✓	1 hour.
✓/ ×	5 -	10 -	15 -	Send outreach and FV.✓	3 hours.
✓/ ×	10 -	5 -	15 -	Podcast.	1 hour.
▽/ ×	10 -	10 -	20 -	Family time.✓	2 hours.
✓/ ×	10 -	10 -	20 -		
V / X	10 •	10 -	20 -		
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	TODAY NUMBER + DATE + TIME
Day Number:	23
Date:	04/04/2023.
Start Time:	14:00 pm.

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	My family.
2.	My discipline.
3.	TRW.

	My Top 3 Priority Tasks That MUST Be Completed
1.	FV and outreach.
2.	Family time.
3.	Workout.



\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Sub-Task:	Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?

/Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?
	MY MORNING WAR PLAN
	What Do I Plan To Accomplish This Morning?
	⊚What Is The Main Goal For This Morning?⊚
	Phow Will I Start My Morning With Power?

DELETE BOXES THAT ARE BEFORE YOU WAKE UP!

1 am: Task \$	
Sub-Task's 🔔	

Reflection /	
2 am: Task \$	
Sub-Task's 🔔	
Reflection /	
3 am: Task \$	
Sub-Task's 🔔	
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4 am: Task \$	
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5 am: Task \$	
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6 am: Task	\$		
Sub-Task's	.		
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7 am: Task	\$		
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8 am: Task	\$		
Sub-Task's	.		
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9 am: Task	\$		
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(©END-OF-THE-MORNING REPORT ©
	⊗What Did I Learn This Morning?
	igwedgeWhat Problems Did I Face This Morning? $igwedge$

	Phow Will I Solve These Problems For This Afternoon?
	MY AFTERNOON WAR PLAN
	What Do I Plan To Accomplish This Afternoon?
	⊚What Is The Main Goal For This Afternoon?⊚
	How Will I Start My Afternoon With Power?
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2 pm: Task \$		
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11 pm: Task \$			
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12 pm: Task \$			
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Reflection /			
	End-Of-The-Day Report:		
	∞What Did I Learn Today?◎		
Improved my n	narketing IQ and new features of chat GPT.		
	XWhat Problems Did I Face In The Day?X		
Pain in my knee.			
	→ How Will I Solve These Problems Tomorrow? →		

Take my pills.
www.what Do I Plan To Do Differently Tomorrow?
Outreach to more people and make more personalized FV.
💸 What Do I Plan To Do The Same Tomorrow?🛟
Everything is even harder.
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
Plan to start going to the GYM again.
∛What Tasks Were Left Undone?
NONE.

Brain Dump: