



# Southland Youth Basketball Tournament

Saturday, January 10th, 2026 – 4th, 5th, 6th Grade **Girls**

Sunday, January 11th, 2026 – 4th, 5th, 6th Grade **Boys**

**Location:** All games played at Southland High School, Adams, MN

**Tournament Format:** 3-game guarantee

**Fee:** \$200 per team. The team is not registered until the entry fee has been received.

**Rules:** MSHSL Rules apply unless otherwise noted below:

1. All players on a team must be from the same school. No AAU, All-Star, or Select teams allowed.
2. 18-minute running time halves (clock stops on free throws throughout the game and all whistles in the last two minutes of each half). Two short timeouts per half and one per OT. 4-minute half time.
3. First OT is 2-minute normal scoring. 2nd OT is sudden death.
4. Defense: 4<sup>th</sup>/5<sup>th</sup>/6<sup>th</sup> grades are **man only – no zones**. Double teaming is not allowed. Help and recover only. Pressing allowed the last two minutes each half unless up by 10 or more.  
**4th grade level is NOT allowed to press at any time.**
5. 3-point shots will count at all age levels.
6. Technical fouls will be an automatic 2 points and possession.
7. Boys and girls' divisions will use a 28.5" ball.
8. All players must have numbered matching color jerseys in both light and dark.
9. Basketballs **WILL NOT** be furnished. Please bring your own for warm up.
- 10. NO BASKETBALLS OUTSIDE OF GYM!**

**Awards:** Awards will be given for 1<sup>st</sup> and 2nd place.

**Officiating:** Two paid officials per game (at least one certified).

**Contact:** [southlandyb@gmail.com](mailto:southlandyb@gmail.com) or for immediate attention 507-460-0279

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## SOUTHLAND YOUTH BASKETBALL TOURNAMENT REGISTRATION FORM

Return this form with payment to:

Southland Youth Basketball  
60594 205th St  
Rose Creek, MN 55970

Please Circle Boys/Girls and Grade	Boys / Girls	4 <sup>th</sup> Grade	5 <sup>th</sup> Grade	6 <sup>th</sup> Grade
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Team Name	
Team Contact	
Team Contact Email	
Team Contact Phone #	