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Instructions to use this template:

- Go to File —> Make a Copy to save a version of this template for yourself
- Review the overview text on Page 1, then brainstorm on the table below (Page 2)

Travel Pilots Overview

Travel pilots are different than vacations, in that they stretch you out of your comfort zone. The stretch zone might be how long you travel, where you go, or your intentions for the trip. Perhaps there is a class you want to take abroad, or an industry you want to explore further as a potential next career move or location.

The following questions (and the table below that) will help you start making the abstract concept of travel real. They will help you set up a pilot where you can experiment with long-term or long-distance travel without committing fully to a giant leap, such as moving to a foreign country outright (though every now and then that can be just the kind of shocking cold water plunge your system needs too).

- A. **Location and Cost of Living Index**: Make a list of five places that excite you. If you had a round-trip ticket booked, this place would make you thrilled to get out of bed every day. Check out NomadList.com for a full index of the best places to live and work remotely. Nomad List ranks and provides search functionality for criteria such as internet speed, temperature, region, language, safety, and cost of living.
- B. **Cost of round-trip flight**: Research the cost of each round-trip flight to give yourself a financial estimate. Use a range if costs vary widely. I recommend using <u>Kayak.com</u>, <u>HipMunk.com</u>, or <u>Priceline.com</u>.
- C. **Time**: Consider how much time you want to spend abroad: the least amount possible and the most. I encourage you to venture just past your comfort zone here. Do not immediately jump to a crunched trip just because you are afraid to ask for time off if you work for someone else, or take time off if you work for yourself. Alternatively, you might want to take this as a working trip, experimenting with working remotely.
- D. **When**: Select a time window for when you might take this trip: once again, I encourage you not to make this too far away, or "someday." Where could you go within the next few years?
- E. **Narrow down**: After conducting your research of the top five places, rank them in order of preference.
- F. **Next Steps**: What would need to happen for you to make this a reality? What one small next step would start a cascade effect of putting this in motion?



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Travel Pilot Brainstorm

Travel Pilot Location Brainstorm	Cost of Round- trip Flight Kayak.com	1mo Cost of Living for "Nomads" NomadList.com	How long would you want to spend there?	During what time of year?	Fill in last: Rank the options in this table
Ex: Chiang Mai, Thailand	\$900 - \$1,200	\$1,135	One month	Winter	1
1.					
2.					
3.					
4.					
5.					

Next Steps: Make it Real!

What are your top two choices? Write a few sentences about what excites you about each option.

1.

2.

What would you need to do to make this travel pilot happen? Brainstorm a list of everything you can think of:

What is ONE next action you will take?