

# Pack 100 Camping Checklist



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## Cub Scout 6 Essentials (each person)

- ☐ First Aid Kit
- ☐ Water Bottle
- ☐ Flashlight
- ☐ Trail Food\*
- ☐ Sun Protection
- ☐ Whistle

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## Shelter and bedding

- ☐ Tent with fly sheet, poles, hangers, stakes
- ☐ Tarp (for underneath your tent)
- ☐ Rope
- ☐ Sleeping pad, mats, air mattress, air pump
- ☐ Blanket, comforter, or sleeping bag
- ☐ Pillows
- ☐ Wagon (to transport your items to the campsite more easily)

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## Other Tools

- ☐ Headlamp, lantern
- ☐ Batteries
- ☐ Cell phone, radio
- ☐ Charger/brick
- ☐ Folding chairs/hammock

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## First aid (some items may already be in your 6 Essentials kit)

- ☐ Medication, prescriptions
- ☐ Bandages, tape, gauze, elastic wraps
- ☐ Aspirin, ibuprofen, acetaminophen, antihistamine (e.g., Benadryl)
- ☐ Antibiotic wipes, hydrogen peroxide, cotton balls
- ☐ Antiseptic cream
- ☐ Sunscreen, sunburn lotion or ointment
- ☐ Scissors, tweezers, nail clippers, razor
- ☐ Bug spray
- ☐ Eye wash/natural tears eye drops

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## Toiletries

- ☐ Toilet paper/biodegradable wipes
- ☐ Tissues
- ☐ Hand sanitizer

- ☐ Bar of soap
- ☐ Shampoo, conditioner (if needed for 1 night)
- ☐ Quick drying towel/washcloth
- ☐ Toothbrush and toothpaste
- ☐ Deodorant

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## Clothing and laundry

- ☐ Scouts: arrive in your Class A uniform
- ☐ Shorts/pants and shirt for next day
- ☐ Boots, shoes, flip-flops
- ☐ Socks (always have dry socks!)
- ☐ Hat, cap
- ☐ Sweater, jacket, windbreaker
- ☐ Neck gaiter/buff, scarf
- ☐ Underwear
- ☐ Club soda to rinse out stains (optional)
- ☐ Laundry bags (optional)
- ☐ Travel-size packets of laundry soap (optional)

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## Cooking and dining (depending on duration of campout)

- ☐ Multi Tool or pocket knife
- ☐ Roasting sticks
- ☐ Trash bags
- ☐ Paper towels
- ☐ Aluminum foil
- ☐ Zip lock bags
- ☐ Cooler with ice/ice packs
- ☐ Paper plates and bowls, plastic ware
- ☐ Lighter
- ☐ Tablecloth (optional)
- ☐ Folding table (optional)
- ☐ Camp stove (optional)
- ☐ Mixing bowls and screen covers (optional)
- ☐ Empty food containers (optional)

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## Food

**\*All food should be stored in a sealed container/your vehicle overnight – not in your tent!**

Based on the duration of the campout, you will want to bring food that meets your dietary needs

but is as simple as possible with minimum preparation needed.

- ☐ Trail mix/snacks
- ☐ S'mores ingredients (marshmallows, chocolate, graham crackers)
- ☐ Bread, peanut butter, jelly (or premade and packaged sandwiches)
- ☐ Muffins/pop-tarts
- ☐ Canned fruit
- ☐ Coffee and tea (pre-made, bottled)
- ☐ Hot dogs
- ☐ Pancake mix (with a mixing container)
- ☐ Maple syrup
- ☐ Juice boxes
- ☐ Milk (shelf-stable packages unless we have refrigeration available)
- ☐ Fruit (bananas)
- ☐ Prepared vegetables (e.g., carrot sticks or individual salad containers)
- ☐ Cooking oil (optional)
- ☐ Salt, pepper, herbs, spices, condiments
- ☐ Bottled water and/or water purifier