



OCTOBER 2025

Spruce Mountain Middle School

Check payable to RSU 73
for Ala Carte Sales
Contact lmerrill@rsu73.com

Monday

Tuesday

Wednesday

Thursday

Friday

Hamburgers, Pizza & Deli Sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Quesadilla
Burgers, Deli sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Mac & Cheese Hot Dog Roll,
Burgers & Deli Sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Chicken Nuggets Bowl Roll,
Burgers & Deli Sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Pizza, Burgers
Deli sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

No School

Chicken Burger. Hamburgers & Deli Sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Chicken Dumpling Fried Rice
Burgers & Deli Sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Bosco Stick w/ sauce
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

No School

Chicken Drumstick
Rice & Dinner Roll
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Baked Beans
Hot Dog w/ Roll
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Pizza, Burgers
Deli sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Nachos w/ Cheese, Salsa,
Burgers & Deli Sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Grilled Cheese Sandwich
Burgers & Deli Sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Chicken Alfredo w/Roll
Burgers & Deli Sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Cheeseburgers, Pizza & Deli Sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Pizza, Burgers
Deli sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Bosco Stick w/ sauce
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Cheesy Chicken Sub
Burgers & Deli Sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Burrito & Rice Bowl
Burgers & Deli Sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Mac & Cheese Hot Dog Roll,
Burgers & Deli Sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Pizza, Burgers
Deli sandwiches
Salad Bar w/ Fresh Fruits & Veggies
Choice of Milk

Menu is subject to change without notice
Alternate Sandwich choice is offered daily

All meals are served with whole grains and a variety of vegetables to meet the USDA requirements.

"This Institution, the Department of Education and the USDA are equal opportunity providers and employers."



PAY FOR MEALS ONLINE
MySchoolBucks.com