

## 2024-2025 Invationals Qualifying Standards

| Event      | Girls                                                                                        | Boys                                                                                         |
|------------|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| 200 MR     | 1 Team                                                                                       | 1 Team                                                                                       |
| 200 Free   | 2:21.00                                                                                      | 2:06.00                                                                                      |
| 200 IM     | 2:37.00                                                                                      | 2:25.00                                                                                      |
| 50 Free    | 28.50                                                                                        | 25.50                                                                                        |
| Diving     | 23.3 pts. Per dive score from any post Nov. 30 meet with participation in at least 1 HS meet | 23.3 pts. Per dive score from any post Nov. 30 meet with participation in at least 1 HS meet |
| 100 Fly    | 1:15.00                                                                                      | 1:06.00                                                                                      |
| 100 Free   | 1:03.50                                                                                      | 57.00                                                                                        |
| 500 Free   | 6:15.00                                                                                      | 6:00.00                                                                                      |
| 200 FR     | 1 Team                                                                                       | 1 Team                                                                                       |
| 100 Back   | 1:11.00                                                                                      | 1:07.00                                                                                      |
| 100 Breast | 1:22.00                                                                                      | 1:13.00                                                                                      |
| 400 FR     | 1 Team                                                                                       | 1 Team                                                                                       |

## 2024-2025 NJSIAA Qualifying Standards

| Event      | Girls                | Boys                 |
|------------|----------------------|----------------------|
| 200 MR     | 1:52.85              | 1:41.89              |
| 200 Free   | 1:58.24              | 1:47.42              |
| 200 IM     | 2:12.69              | 2:00.06              |
| 50 Free    | 24.92                | 22.21                |
| Diving     | 11 Dives: 228 points | 11 Dives: 228 points |
| 100 Fly    | 59.25                | 53.09                |
| 100 Free   | 54.73                | 48.85                |
| 500 Free   | 5:16.31              | 4:51.63              |
| 200 FR     | 1:43.20              | 1:31.51              |
| 100 Back   | 1:00.28              | 53.80                |
| 100 Breast | 1:08.15              | 1:00.47              |
| 400 FR     | 3:48.43              | 3:21.91              |

## 2024-2025 NISCA All American Consideration

| Event      | Girls                    | Boys                     |
|------------|--------------------------|--------------------------|
| 200 MR     | 1:46.22                  | 1:34.11                  |
| 200 Free   | 1:50.65                  | 1:39.81                  |
| 200 IM     | 2:04.11                  | 1:51.34                  |
| 50 Free    | 23.54                    | 20.80                    |
| Diving     | <a href="#">Use Link</a> | <a href="#">Use Link</a> |
| 100 Fly    | 55.58                    | 49.53                    |
| 100 Free   | 50.99                    | 45.56                    |
| 500 Free   | 4:58.35                  | 4:32.95                  |
| 200 FR     | 1:37.15                  | 1:25.57                  |
| 100 Back   | 55.91                    | 50.13                    |
| 100 Breast | 1:03.85                  | 56.46                    |
| 400 FR     | 3:31.16                  | 3:08.08                  |