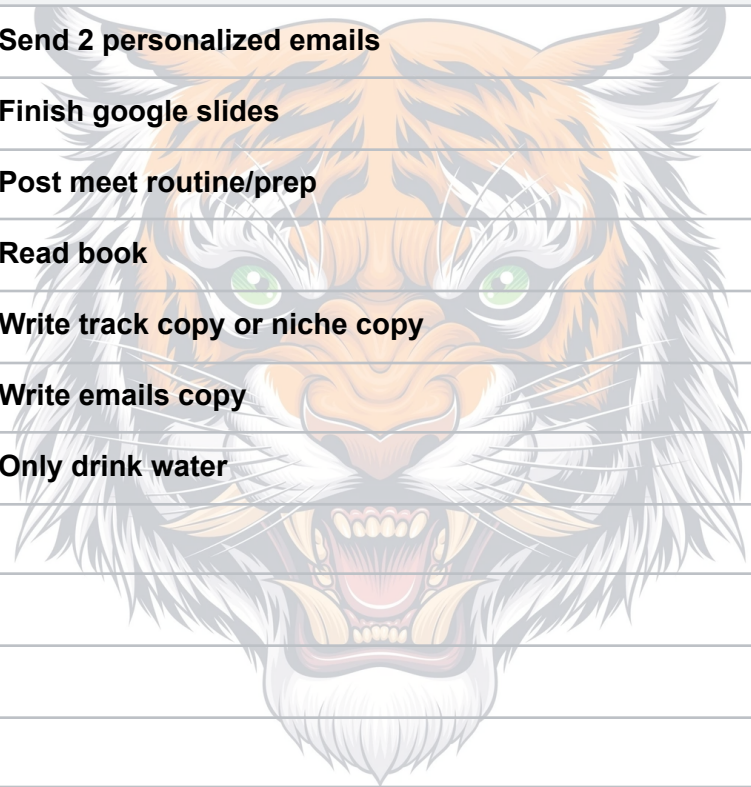


- "28 Days To A Client" -

The Real War Mode Day Plan + Report.


	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓/✗	1	Send 2 personalized emails
2. ✓/✗	1	Finish google slides
3. ✓/✗	1	Post meet routine/prep
4. ✓/✗	1	Read book
5. ✓/✗	1	Write track copy or niche copy
6. ✓/✗	1	Write emails copy
7. ✓/✗	1	Only drink water
8. ✓/✗	1	
9. ✓/✗	2	
10. ✓/✗	2	
11. ✓/✗	2	
12. ✓/✗	2	
13. ✓/✗	2	
14. ✓/✗	3	
15. ✓/✗	3	
16. ✓/✗	3	
17. ✓/✗	3	
18. ✓/✗	3	
19. ✓/✗	3	
20. ✓/✗	3	



Day Number: 4

Date: March 17

Start Of The Day - Time: 8am

	🙏 3 Things That I Am Excited To Have In The Future? 🙏
1.	
2.	
3.	

 **Hour-By-Hour**
Tracking: 

[Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Intention:	🔔 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
🔪 Reflection:	🔪 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

- 1. I Am Acting With No Limits To My Abilities!***
- 2. I Am Being All That I Can Be, Every Hour And Every Day!***
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!***
- 4. I Am Being Enthusiastic About Completing Each Task!***

5. I Am The Best Copywriter In The World!

\$ 8 am: Task \$	Hygiene and shower then get to work
🔔 Intention 🔔	After I do the first 2 i will do pushups and work to earn breakfast
✍️ Reflection ✍️	Got a good shower, did my hygiene stuff and was with family for a bit. Now its time to work

\$ 9 am: Task \$	Work on emails and google slides hw
🔔 Intention 🔔	Finish the slides first since they're almost done
✍️ Reflection ✍️	

\$ 10 am: Task \$	Send emails!!
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 11 am: Task \$	Breakfast and take care siblings while moms gone
🔔 Intention 🔔	

 Reflection 	
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\$ 12 am: Task \$	Back to work
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 Intention 	
--	--



 Reflection 	
---	--

\$ 1 pm: Task \$	Go to store if needed, Pack lunch and bags for track
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 Intention 	
--	--

 Reflection 	
---	--



\$ 2 pm: Task \$	Last preparations, read before leaving
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 Intention 	
--	--

 Reflection 	
---	--

\$ 3 pm: Task \$	Time to lock in. Meet from 3PM - 1AM. (Will read and do any work I can while at meet)
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 Intention 	
--	--

 Reflection 	
---	--

 12 pm: Task	Once home, prepare for the next day, grind day baby.
 Intention 	
 Reflection 	



End-Of-The-Day Report:



 **What Did I Learn Today?** 

TikTok is a waste of time, will most likely delete

 **What Do I Plan To Do Differently Tomorrow?** 

Delte/ restrict social media

 **What Do I Plan To Do The Same Tomorrow?** 

Wake up early

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

 **What Tasks Were Left Undone?** 

Most of them

Brain Dump: Didn't do a whole lot of work today, its 12:38am and I just got back from my meet, im going to go to sleep now.