Current Service Spring 2025

Points

Points are due Friday, May 2nd at 11:59 pm / 6 points per semester required for active membership

Service Events: 1 point / 2 hours

Ongoing Service (on your own time): 1 point / 3 hours

Important Notes:

• Points submitted past the deadline or not submitted correctly will not be counted after May 2nd!

- There will be penalties if you cancel WITHIN 48 hours (getting someone to take your place prevents a point penalty)! Point deduction information is at the bottom of this document.
- All service points must be completed within the current semester! Service points acquired during summer or winter break will NOT count for service points!

**We understand some events end early, or that you may arrive for a shift early, so you should report the time you volunteered appropriately.

How to Receive Credit

AED Affiliated Service Events: Unless otherwise stated, feel free to sign up for multiple shifts per event!

Upon completion of an AED Service event, sign in here: Spring 2025 AED Event Sign-in

Ex: Boo at the Zoo, St. Jude Walk/Run

<u>Ongoing Service:</u> Have the service coordinator *email us* with your hours or if you have a digital, yet official log of times (some hospitals do this), then you can send us (email, please!) a screenshot of that

Ex: Food Banks, Hospice of BR, BR General, VIPs

**Points submitted via Flare are considered as submitted <u>incorrectly.</u> We do not use flare to track service points; we only use the above methods. If you submit incorrectly, your points will not be counted until you submit using one of the above methods.

Cancellation Policy

Canceling for an event 48 hours prior or not showing up for a confirmed event for any reason.

- 1st offense: -0.5 service point
- 2nd offense: -1 service point
- 3rd offense: cannot volunteer for AED service events for rest of semester

Service Opportunities (1 pt / 2 hours)

Ongoing Service (1 pt / 3 hours)

Adelante: apply

Adelante is the spanish word for "forward". Through volunteering with the non-profit Humanities Amped, we are a forward-thinking initiative recruiting LSU students to tutor immigrant students in Tara High School. Volunteers will work with students in their classroom for a minimum of 2 class periods per week. Through this process, volunteers will gain professional skills while giving back to their community. Email ehowell@humanitiesamped.com or jcowsar@humanitiesamped.com to find out more.

Cat Haven Greater Baton Rouge: Volunteer with animals today | Cat Haven | Baton Rouge

Cat Haven is a cat shelter located here in Baton Rouge. They have many opportunities from Kitty Counselors to Administrative Help. Click the link for more information on how to get involved!

Conversations to Remember: Student Volunteers – Conversations to Remember

Volunteers with conversations to remember will have virtual visits with senior citizens! You are required to meet for one hour a week and you are paired with 2–3 other volunteers on each call. You must commit to continuing the program for 4 months. Check out the website for the volunteer interest form.

Geaux Health Cooking: https://givepul.se/fcznjz

This is a program created by LSU Health in partnership with Our Lady of the Lake Hospital, Healthy BR and the American Heart Association with funding from Healthy Blue. The program provides nutrition and cooking education and access to resources to community members who are food insecure. The cooking classes will be at the Our Lady of the Lake North Clinic on Tuesdays 5–7 pm and Our Lady of the Lake Picardy Clinic on Thursdays 5–7 pm.

Girls on the Run Coaching Mentor: more info and sign up here

Coaches are the heart of the Girls on the Run program! Each season, two or more volunteer coaches inspire and guide a team of girls through our curriculum. The girls are hosted at a local school and/or community center 2 days a week, after school. Coach Mentors select their site preference within the parishes we serve. Running groups meet 2 times a week for a total of 20 meetings.

Habitat for Humanity: <u>Volunteer - Habitat for Humanity of Greater Baton Rouge (habitatbrla.org)</u> Habitat for Humanity is looking for helping hands to help end poverty housing! Contact Kristen Lee at 225-927-6651 (ext. 212) or at <u>kristen@habitatbrla.org</u> if you have any questions.

Hearts and Hooves: sign up link

Hearts and Hooves Therapeutic Riding Program provides life-changing opportunities for individuals with physical, mental, and social disabilities. As a volunteer with Hearts and Hooves, you'll lead horses or side walk along the rider. Volunteers are needed every Monday from 4 pm -5:30 pm or 5:30 pm -7 pm.

Leukemia & Lymphoma Society: apply here

Volunteer at the Leukemia and Lymphoma Society in Baton Rouge! Mission statement: Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. For more information visit: Volunteer | Leukemia and Lymphoma Society (lls.org)

LSU Food Pantry: <u>LSU Food Pantry:</u> <u>LSU Food Pantry Volunteer Sign-up (signupgenius.com)</u> This is a great <u>on campus opportunity!</u> The Food Pantry is located on the bottom floor of the Union near parking and transportation offices.

Volunteers in Public Schools BR: Home | Volunteers In Public Schools (vipsbr.org)

If you are interested in being a reading friend or math friend for a local elementary school student, click on the link, scroll to the bottom of the page, and fill out the volunteer form! Please be sure to mention AED in the "how did you hear about us" section.

Hospitals

Baton Rouge General Hospital: Volunteer at your leisure. Fill out an application at https://www.brgeneral.org/support-brg/volunteer-at-brg/

Ochsner - Baton Rouge: You may volunteer at your own leisure. Fill out the application here: <u>Volunteering | Ochsner Health</u>

Our Lady of the Lake Regional Medical Center: You may volunteer at your own leisure. Fill out an application here: <u>Volunteer in Greater Baton Rouge, Franciscan Missionaries of Our Lady Health System (fmolhs.org)</u>

Woman's Hospital: You may volunteer at your own leisure. Fill out an application online at <u>Volunteers</u> Woman's Hospital (womans.org).

Mary Bird Perkins Cancer Center: You may volunteer at your own leisure. Fill out an application online at Volunteer | Mary Bird Perkins Cancer Center

Hospice

Hospice of Baton Rouge: You may volunteer at your leisure. Fill out an application here: <u>Become a Volunteer | Hospice (hospicebr.org)</u>.

St. Joseph's Hospice: You may volunteer at your leisure. Fill out an application here: <u>Volunteer Services - The Carpenter Health Network.</u>

Other

Baton Rouge Food Bank: Volunteers assist in boxing, stacking, and loading food donations for needy families. You must attend an orientation before you begin volunteering. Follow the steps on their <u>website</u> to get started!

St. Vincent de Paul Dining, Shelters, Store, Pharmacy, Council Office: There are a variety of opportunities, including meal servers, kitchen helpers, inventory, physician liaisons and many others. Sign up here!

Baton Rouge Crisis Intervention Center: You may volunteer at your own leisure. Contact Volunteer Services at rtucker1@lsu.edu