

Achtung!

Safety advices

- Be careful when using ATM, use ATMs inside the bank instead.
- Arrive to new location during the day
- Wear bags backward
- Loop bag around leg or the legs of a chair
- Secure luggage with lock
- Keep phones off the table
- Don't carry passport around (except when living in hostels/shared dorms). Carry a photocopy of it instead.

To do before starting out

- Make copies of passport, credit cards, and other important infos
- Highly recommend to watch these movies before the trip. Just for fun.
 - ◆ The diary of Anne Frank (Amsterdam)
 - ◆ Sound of Music (Salzburg)
 - ◆ The Book Thief

Things to pack

- ★ Polaroid films, contact lens
- ★ Contact lens liquid
- ★ Shades/Sunglasses
- ★ Student Card!
- ★ Torch lights
- ★ Padlock for bags
- ★ Photocopies of travel docs/passport
- ★ Phone charger & universal adapter
- ★ Toiletries (Toothbrush etc.)
- ★ Extra shoe
- ★ Hoodie jackets
- ★ Umbrellas or Poncho or Waterproof jacket
- ★ Swimwear (just in case)

Itinerary

Arrival

Mum & XM

10 July, 7.20pm - FRA, Rhein-Main International Airport Terminal 2

Joey, **8HQHFQ**

Remember to buy food for breakfast from Offenburg

6.20pm - Offenburg Pl. 3, ICE 102

8.06pm - Frankfurt Flughafen Fern 6

STAY

MEININGER Hotel Frankfurt Main / Airport (w/o bf)

Bessie-Coleman-Str. 11 60549 Frankfurt/Main

The airport shuttle runs every 30 minutes from 05:20 until 23:45. Free pick up from the airport is at Terminal 2 exit D/E number 8. Transfer from the hotel to the airport should be booked at the hotel and costs EUR 3.50 per person. Or around 20 mins walk to Flughafen.

Paris (4 days)

- ★ Get the Paris Museum Pass to skip the line. 4 days 56€
<http://en.parismuseumpass.com/rub-t-price-36.htm>
- ★ Ticket Jeunes weekend (Zone 3) €3.85 per day (only for under 26 years old)
- ★ Mobilis Day ticket (Zone 2), €7.
- ★ Tickets T+ (Zone 1) €1,80 per ticket, €14.10 per 10
- ★ Free Tours (10-13€) <http://www.discoverwalks.com/paris-walking-tours/>

Tour name	Start	From-To	Time	Dur.
Montmartre Tour	Metro Blanche	Moulin Rouge - Sacre Coeur	11am, 2.30pm, 5pm	1h40m
Left Bank Tour	Notre Dame, horse statue	Sorbonne Uni - Pantheon - Luxembourg	11am, 2.30pm	1h30m
The River & Saint-Germain Walk	Notre Dame, horse statue	Notre Dame - Sainte Chapelle - Odeon	5pm	1h30m
Notre Dame & Heart of Paris Tour	Notre Dame, horse statue	Notre Dame - river banks	1pm, 3pm	1h10m
Paris Landmarks - Right Bank	Opera (Garnier) top of the grand	Photo opportunities of Arc de Triumph, Eiffel, Champs Elysees, and Sacre Coeur - Place Vendome - Concorde	1am, 2.30pm	1h40m

Tour	steps			
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What to eat!

Croissants, baguettes with fresh cheese and cured meats, warming soups, casseroles, steak frites. Macarons, eclairs, French pastries, nutella crepe.

STAY

ibis budget Paris Porte de Vincennes (until 15 July, 12pm) (w/o bf)

Address: 2, avenue Leon Gaumont, 20th arr., 75020 Paris, France

Sat, 11 July (Day 1)

8.53am - Frankfurt Flughafen Fern 5, **F2YR9E**

12.50pm - Paris Est

Buy Paris Museum Pass at FNOSC stores/tourist info centre or any other entrance place.

Sun, 12 July (Day 2)

Mon, 13 July (Day 3)

Musee d'Orsay & Catacombs of Paris closed.

Tues, 14 July (Day 4)

Versailles day. Return fare: 8.70€

Brussels (1 days)

- ★ Keep change with you for the Metro. No foreign cash or notes.
- ★ One journey ticket Jump 1, 2.10€
- ★ Free Tour 11am & 2pm. 2h30m. Start point City Hall on Grand Place (red SANDEMANs)
<http://www.newbrusselstours.com/daily-tours/free-tour-of-brussels.html>
- ★ Chocolate brands: Leonidas (cheap), Neuhaus, Marcolini (best), Wittamer
- ★ Beer museum

What to eat!

Beer, mussels and frites. Chocolate. *anguilles au vert/paling in 't groen* (river eels in green sauce), meat balls in tomato sauce, *stoemp* (mashed vegetables and potatoes) and *turbot waterzooi* (turbot fish in cream and egg sauce)

STAY

Sleep Well Youth Hostel (Check in from 3pm)

Rue du Damier 23, 1000 Brussels, Belgium

Take Metro Line 2 or Tram route 4. Stop at Rogier

Weds, 15 July (Day 1)

9am - Paris Nord (THA 9319), **XVTSLWM**

10.23am Bruxelles-Midi (IC 1532)

Bruges (1 days)

- ★ Bus 1.30€ per ride
- ★ Canal ride on the rivers, although might have a long line, it is worth it (10am - 6pm daily)
- ★ Choco Museum

What to eat!

Chocolates, waffles or Frites (hot fries with mayo)

STAY

Snuffel Hostel (Check in 1pm-11.30pm)

Ezelstraat 42 Historical Centre of Brugge, 8000 Bruges

Thurs, 16 July (Day 1)

To Brugge (**Time is flexible, train interval almost every 30 mins**)

Take train before 10am to Bruges.

Amsterdam (3 days)

- ★ Bicycle culture! Get a bike tour maybe?
- ★ Buy OV-Chip card e-purse (valid 5 years), fee 7.50€ and min 4€ credit. 0.88€ board + 0.151€ per km. Worth more than day-pass.
- ★ Consider buying "I amsterdam City Card" 72h (€69) if wants to visit museum (min 4 museum to make it worth it. But exclude museums in RLD, Anne Franks & Rijksmuseum). A lot of museum to choose from.
- ★ Enjoy a drink at sunset by the canals. At least once, or even better, every night. Stroll the canal ring at night. The reflections of the neighborhood lights on the water are really something..
- ★ Cannabis/Marijuana sold in coffeeshops. XD
- ★ Coffeeshop = licensed seller of cannabis. Cafe = coffee & light meals

What to eat!

Patat (fries), Kroket, Erwtensoeep, traditional split pea soup with other veges and pork, bitterballen (beef ball snack), hollandse nieuwe haring, stamppot (mash potatoes, vege, sausage). Poffertjes (mini pancakes), pannenkoeken (pancakes crepe), stroopwafel (thin chewy waffle like biscuits), limburgse vlaai (pie), hagelslag (chocolate sprinkles on sandwich), dutch cheese.

STAY

Nice B&B (17 - 20/7) Check in 2pm

Kanaaldijk 29 Watergang, North Holland 1454 AA Netherlands

The bus 301/ 307 to Amsterdam Central stops almost on the doorstep and every 20 minutes at the weekend there is also a night bus.

Fri, 17 July (Day 1)

7.57am - Brugge (IC507), **FQHFBJD**
8.20 - 8.26am Gent St Pieters (IC 19701)
9.23 - 9.30am Antwerpen Centraal (THA 9309)
10.42am Amsterdam Centraal

Sat, 18 July (Day 2)

Sun, 19 July (Day 3)

Berlin (3 days)

- ★ 2.5h Sandemans free tour 10am, 11am, 2pm & 4pm. Arrive at least 15 minutes (Starbucks near Brandenburg gate) prior to the start of each tour to guarantee your place.
<http://www.newberlintours.com/>
- ★ Concentration camp Sachsenhausen Memorial Tour. Two Options.
Sandemans. 11am everyday, 9am Tue, Fri, Sat. €15/13
Mosaic Tour. 10am Tue, Thur, Fri, Sat, Sun. €15/12
- ★ Museum Island Berlin 1 day 18/9€. Museum Pass 3 days 24/12€
- ★ Berlin Transport. Small group day ticket 16.90€.

What to eat!

Schnitzel, currywurst, spätzle (egg noodle), pork knuckle and apfelkuchen. Many cheap turkish food here.

STAY

BOOKING NUMBER: 646.322.432 PIN CODE: 6855

HotelMaison Am Adenauerplatz (20-23) **Check in 2pm**

Address: Brandenburgische Str. 37, CharlottenburgWilmersdorf, 10707 Berlin

Mon, 20 July (Day 1)

7am - Amsterdam Centraal (IC 141), **WCWMS2**
1.23pm - Berlin Hbf

Tues, 21 July (Day 2)

8.30am Reichstag building.
10am/11am Concentration camp Sachsenhausen Memorial Tour

Weds, 22 July (Day 3)

Prague (3 days)

- ★ Change currency to Czech Koruna
- ★ Public trans. 24CZK 30mins, 32CZK 90min.

- ★ Free tour 3h, daily 10am, 10.45am, 2pm. Old town square in front of the Cartier shop and Czech tourism office centre
- ★ Pickpockets are a threat in the most crowded areas – the Charles Bridge, Prague Castle, Wenceslas Square (where you'll also find the "ladies of the night") and Old Town. If someone claims to be an undercover policeman and asks for your passport, don't hand it over; instead demand to go to the police station or the nearest hotel. And if plainclothes "metro inspectors" ask to see your ticket and then tell you it's invalid and demand a fine, don't give it up; real inspectors are required to show you a **badge**.
- ★ Always count the change given.
- ★ Avoid any pubs and restaurants that list the prices in Euros; it will undoubtedly be more expensive. When dining out, be aware that bread, butter and most sauces will cost extra. Water is only served in bottles, and often costs more than a beer.

What to eat!

Koleno (roast pork knee), tatarak (raw minced beef mixture), Vepřo-knedlo-zelo (roast pork with bread dumplings), Ovoce knedliky (fruit dumplings), Pivo (beer), Bramboraky (fried potato pancakes), Nakládaný hermelín (pickled cheese), Utopenci (pickled pork sausage), Svíčková na smetaně (beef sirloin in vege gravy), Palacinky (pancakes)

STAY

Hostel Alia, Check in 2pm (w/o bf)

Address: Vladimírova 8/234, Prague, 140 00, Czech Republic

Thurs, 23 July (Day 1)

8.46am - Berlin Hbf (EC 173), **FWXN6L**

1.25pm - Praha hl.n.

Fri, 24 July (Day 2)

10am Skydiving. The whole thing then takes about 4-5 hours.

meeting point at **Dlouha 6 (in the courtyard) at least 15 minutes before that.**

Sat, 25 July (Day 3)

Salzburg (2 days)

- ★ Single ticket 1.80€ (buy in 5)/1.40€ (buy in 5, travel 9-17)/2.50€ (buy in 1). 24 hour 3.60€.
- ★ Salzburg Card 48h, 32€ (Mozarts geburtshaus 10 + Schloss Hellbrunn 10.50 + Fortress Hohensalzburg 11.30 = 31.30€)
- ★ Get tour from <http://www.panoramatours.com/>
- ★ Or cycling tour <http://www.mariasbicycletours.com/>
- ★ A day trip to Schloss Hellbrunn for water games and walk in the park & view
- ★ Don't buy Mozart balls in city center. Buy in supermarket.

- ★ Best value for money food on the right side of the Salzach River (near Schloss Mirabell Castle). Also try side-alleys around Linzergasse
- ★ For drinks, look where locals go. Like the alleys of Altstadt area around the cathedral
- ★ Don't order tap water without asking if it's alright.

What to eat!

schnitzels, hearty pork knuckles with sauerkraut, traditional soups. Strudel or Nockerl for desserts.

STAY

Kolpinghaus Salzburg, Check in 3pm (w/o bf)

Address: AdolfKolpingStraße 10, Itzling, 5020 Salzburg, Austria

Walk 15 mins or take bus 6 to Itzling West and get off at Erzherzog-Eugen-Straße, from there it is a ca. 5 minutes walk to the Kolping House

Sun, 26 July (Day 1)

6 hours train ride from Praha-Vršovice, **A26295901**

5.38am - 12.12pm, 1chg

Mon, 27 July (Day 2)

8.56pm - 10.30pm Salzburg Hbf - Munchen Hbf (RJ 260), **M7QN4H**

Sleeper train

11.36pm - 8.24am Munchen - Venezia Mestre (CNL 40463), **1OWWQ6**

Venice (2 day)

- ★ 10€ Waterborne return ticket to Lido + Lido bus lines. €4 one way €8 return ferry, ordinary ticket. 48 hours Travelcard 30€ (include water and land. Lido and Mestre.)
- ★ St. Mark's Square Museums (Doge's Palace, Correr Museum, Archaeological Museum, Biblioteca Nazionale Marciana) 20.40/14.40€
- ★ Ride a Vaporetto (Water Bus) down the canal right before sunset. €7 per ride.
- ★ Gondola ride 80€ per ride. Rowing lesson €120 for 3pp; €140
<http://rowvenice.org/rv-venetian-rowing-lesson/>
- ★ Bear in mind that as soon as you allow yourself to sit at the table and be waited on, instead of ordering and consuming your food at the counter, the prices for the same items go up - you can end up paying double.

What to eat!

Overpriced food. Try to stay away from main tourist trail and get lost in the back streets to find traditional tavernas serving Italian food of pizzas, pastas, antipasto plates of cured meats, cicchetti (Venetian snacks). Gelato! Almond cookies.

STAY

B&B A casa mia..., Check in 3.30pm

Address: Sestiere Castello 1985, Castello, 30122 Venice, Italy

Tues, 28 July (Day 1)

Weds, 29 July (Day 2)

Florence (2 day)

- ★ Easy to walk around but be careful of scooters. Single ticket 1.20€ bus/tram
- ★ Buying a fake product (from street vendor) is illegal.
- ★ Separate prices for food to go or eaten standing up VS sit down service

What to eat!

Pizza, pasta, Steak, T-bone steak (bistecca Fiorentina)

STAY

Guesthouse Sayuri, Check in 1pm-4pm (w/o bf)

Address: Viale Belfiore 50, Porta al Prato, 50144 Florence, Italy

Thurs, 30 July (Day 1)

11.25pm - 1.30pm Venezia S.L. - Firenze SMN (Frecciargento 9423), **95392026**

Fri, 31 July (Day 2)

Nice (2 day)

- ★ Single bus fare 1.50€. Multi-10 tickets 10€. Stamp once per person when starting journey but stamp only once if changing bus.
- ★ Noctambus (Night buses) 9.10pm-1.10am every half-hour
- ★ Lignes d'Azur route is local Nice route. TAM is longer distance. with TAM, you must always tell the driver your intended destination, so he can judge whether you should purchase a TAM ticket or a Ligne d'Azur. Outside the common zone, Ligne d'Azur passes are not valid and you need to pay the €1.50 fare in cash.
- ★ Take precautions against pickpockets, who are a constant, serious, and growing problem on the Cote d'Azur. They operate usually in teams in any crowded areas like buses, train stations, and tourist sites. Be vigilant at the tram station Gare Thiers where pickpockets prey on travel-weary tourists. They may well look like harmless fellow passengers but are extremely skilled and will lift your wallet from either your front or back pants pocket without your noticing. You are strongly advised not to carry anything valuable or annoying to replace in your pockets. Use pouches underneath your clothing for anything valuable, including cash. In restaurants and cafes opportunist theft of handbags is a constant risk - keep them close at hand. Do not go to the sea front at night after 22:00 unless you are a group of at least 5. It's a dangerous area and you are likely to get in trouble.

What to eat!

Seafood! Lots of fresh produce is used in fresh salads and dishes with distinct Mediterranean flavour. "Socca", a chickpea flat bread, as is a tuna fish sandwich called "Pan Bagnat." Soupe de Poisson (Fish

Soup, made with chili aioli, croutons, and grated cheese), Salade Nicoise (made with tuna), Tourtes aux Blettes (sweet tarts made with Savoy cabbage, raisins, nuts, and powdered sugar) and pissaladiere (a type of pizza topped with sauteed onion, olives, garlic and anchovies)

STAY

Hostel Baccarat, 39, Rue D'Angleterre, Nice, France

Sat, 1 Aug (Day 1)

9.00am - Firenze SMN (Frecciarossa 9508), **95390704**

10.40am - 11.10am Milano Centrale (EuroCity 143)

4pm - Nice Ville

Sun, 2 Aug (Day 2)

Barcelona (3 day)

- ★ Metro Single ride 2.15€, 10-rides 9.95€. 2 days travel card 14€
- ★ Bus Turistic 27€ 1 day, 38€ 2 days
- ★ Not necessary to go inside all the attraction. But Parc Guell is worth the visit.
- ★ Free event. <http://www.forfree.cat/en/>
- ★ Majority of restaurants and cafes are closed between 4PM and 8PM for migdiada.
- ★ Never keep your wallet, cash or important documents in trouser pockets or in bag pockets. Careful of "magic tricks", "lost tourists", and also in subway. Being rude is actually your best defense against scams

What to eat!

Find a small tapas bar to enjoy small plates of food including freshly cut jamon, creamy croquettes, fresh seafood like sardines & bite sized omelette. For bigger meals try seafood paella (rice dish cooked in one pan topped with seafood), three course Catalan meal, pintxos (Catalan tapas). Churros, waffles.

STAY

Barcelona Riders Residence, Check in from 12.30pm (w/o bf)

Address: Rosselló, 121, Eixample, 08036 Barcelona, Spain

Mon, 3 Aug (Day 1)

10.24am Nice Ville, **QYPJDA**

2.53pm - 4.25pm Montpellier St.Roch

7.28pm Barcelona Sants

Tues, 4 Aug (Day 2)

Weds, 5 Aug (Day 3)

BARCELONA TO PARIS

***Please buy tickets for the following from Barcelona train station**

3.10pm - 6.15pm, Barcelona - La tour de Carol, 33.60Euro (no reservation needed)

Sleeper Train

Print tickets at station self-service machine. QZHNHI

7.21pm - 6.52am Latour-de-Carol-Enveitg - Paris-Austerlitz

Frankfurt

- ★ airport via S-Bahn, take the S8 or S9 in the direction of Wiesbaden and jump off at F-Flughafen (airport station). Don't take the S1
- ★ VGF bus, train, and tram. Day ticket for group in Frankfurt 10.50€. One-way to airport 4.55€ per person.

STAY

BOOKING NUMBER: 424.854.086 PIN CODE: 2577

Pension Alpha Frankfurt City, Check in 2pm

Address: Karlsruher Str. 7, Gutleutviertel, 60329 Frankfurt/Main

Thurs, 6 Aug (Day 1)

PARIS EST TO FRANKFURT (Main) Hbf, PQ2FWV

9.10am - 1pm, TGV 9553

Departure

Fri, 7 July, 11am - FRA, Rhein-Main International Airport Terminal 2