

SUNY CORTLAND MOTOR DEVELOPMENT LAB

PED 201 – Professor Yang

Locomotor Skills Part B: Lab Three

Name: Name: David Teetsel

Date: 2/28/12

Lab Group Day and #: Monday

Tasks

- A. To observe the interaction between Cortland students and St. Mary's students.
- B. Locomotor Skills Part B Worksheet.

TASK A – OBSERVATION/REFLECTION

Observe the interaction between St. Mary's students and Cortland students.

1. Observe the St. Mary's student(s) as they participate in the activities. Describe the variability of the movement patterns you observed. Be sure to note with whom you worked, what grade they were in, and any differences in age, gender, or ability.

The students I observed this week were in 1st and 2nd grade. The skills we worked on this week were the leap, horizontal jump, and slide. The little girl was able to do the leap better than the little boy, but she didn't stay around very long for me to observe the other skills and there were no other female students around to observe. The little boy struggled with some of the skills. He was able to do the horizontal jump, but struggled with the leap and slide. He struggled with slide because he couldn't turn his feet sideways and slide he kept pointing his toes in the direction he was going. With the leap he had trouble alternating off each foot and leaping.

2. Describe "teaching strategies" that **YOU** used today towards connecting with the children. What were they? How did YOU use them? What was the effect? Were there any strategies that were more effective than others? If so, why?

One teaching strategy that really worked was telling the students that I will play their games after they played mine and it really worked because after we all finished with our games, we were able to play the student's games. Another teaching strategy that worked well was to just start playing my activity even though there was only two students willing to participate, it seemed like as we started playing more students started joining in and were actually coming over asking to play.

3. After being at St. Mary's for these past weeks and observing and working with the students, can you briefly describe an effective strategy (or strategies) that you used to capture the children's attention and keep them on task for your activity.

The best strategy I found is to explain the activity you are doing and just start doing it. Once the students realize that it is fun they then want to join in and play with everyone. One thing that seems to help is if you get to know the students before going and starting your activity in the gym.

MOTOR DEVELOPMENT LAB-Locomotor Skills Part B

TGMD-2: Test for Gross Motor Development- Second Edition- Revised

Name of Students (first names only): _____/_____

Grades: ____/____

Ages: ____/____

Gender: ____/____

Locomotor Skills- (Lab 3) Part 2

Skill	Materials	Directions	Performance Criteria	Child 1 Girl	Child 2 Boy
1.leap	Use a clear space	During a game or activity, watch a student leap. Tell the student to take large steps leaping from one foot to the other foot.	1. Take off on one foot and land on the opposite foot.	Yes	No
			2. A period where both feet are off the ground (longer than running).	Yes	No
			3. Forward reach with arm opposite the lead foot.	Yes	No
2. Horizontal Jump	Use a clear space	During a game or activity, watch a student jump. Tell the student to jump as far as they can.	1. Preparatory movement includes flexion of both arms and knees with arms extended behind the body.	No	No
			2. Arms extend forcefully forward and upward, reaching full extension above the head.	No	No
			3. Take off and land on both feet simultaneously.	Yes	No
			4. Arms are brought downward during landing.	Yes	yes
3. Slide	Use a clear space	During a game or activity, watch a student slide. Ask the student to slide facing the same direction.	1. Body turned sideways to desired direction of travel.	N/A	Yes
			2. A step sideways followed by a slide of the trailing foot to a point next to the lead foot.	N/A	Yes
			3. A short period where both feet are off the floor.	Yes	No
			4. Able to slide to the right and to the left side.	Yes	No
			5.		

