

2021-2022

Robert D. Campbell

School Wellness Policy

Robert D. Campbell Jr. High School is committed to providing a school environment that promotes and protects the student's health, well-being, and ability to learn by encouraging healthy eating and physical activity. We support efforts to implement the appropriate measures that are needed to ensure our staff and students' health and well-being.

All students in grades 7 and 8 will have the opportunity, support, and encouragement to be physically active on a regular basis. Physical Education will not be withheld as a punishment for behavior or unacceptable academic performance. Foods and beverages sold or served at school will meet the necessary nutrition guidelines recommended. Fundraising snacks sold on school grounds must be approved by the principal. Robert D. Campbell Jr. High prohibits restaurant food or drinks to be brought in during a student's meal time. Students will be provided with access to affordable and nutritious foods that meet the health and nutrition needs of the child. We will accommodate religious, ethnic, and cultural diversity of the student body in meal planning. Appropriate accommodations will be made for students with special needs, food allergies, and disabilities as required by law. We promote an alcohol, drug and tobacco free campus. We promise to always promote mental health awareness and wellness.

Current Practices

In conjunction with the Clark County Health Department, the school nurse coordinates the students with free dental screenings, varnishing and referrals. We give great consideration to the health and safety of our students and staff; therefore, masks must be worn throughout the day, except while seated for breakfast and lunch. Social distancing is observed at encouraging a six foot distance between students. We provide hand sanitizer for each classroom and encourage frequent handwashing. The Youth Service Coordinator organizes a health fair for our students along with community involvement. Vision/hearing screenings are offered

by the nurse. We take a comprehensive approach to mental health screenings and referrals as needed for our students. In an effort to fight hunger for our students, RDC has a new Food Pantry. We also have an outdoor food cabinet that is located on our campus to be used for after school hours for those in need. We offer vitality clinics, flu clinics, and weight loss programs for our staff. Access to a full time Registered Nurse. Group counseling for at risk students. Advising and mentoring program for our students. Full time mental health therapist provided by Mountain Comprehensive Care. Our resource department offers a supply of hygiene products, clothing, as well as school supplies. RDC has a physical education curriculum for each student that consists of health education, physical fitness, drugs and alcohol education, nutrition etc....

Coordinated School Health Program

The Robert D. Campbell Junior High Coordinated School Health Committee will promote health to our students and staff. We will continue to implement a safe and healthy school environment, encouraging healthy lifestyle choices, a greater commitment to personal health, and positive role modeling for our students. We will continue to search for opportunities of improvement that will empower our students and staff with the tools necessary to make safer and healthier lifestyle decisions, addressing topics such as physical health, emotional health, family health, sex education, injury prevention, nutrition, prevention and disease control, and environmental health.

Date Adopted: 11-10-2020

Chairman initials:

DH

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