

175 Voices a Leading ECT Researcher Ignored – Part 2

Podcast Summary

In this episode, we continue reading emails from injured ECT patients who reached out to government-funded researcher Harold Sackeim, only to have their pleas for help ignored. Sackeim had publicly invited people experiencing memory problems after ECT to contact him—but, according to author Linda Andre, he later testified that he discarded 175 of those messages.

Through these stories, we dig deeper into the history of why people harmed by ECT are so often not believed.

this is for educational purposes only. I'm not a medical professional, and nothing here should be taken as medical advice. I'm sharing my understanding of the public record and other published works on this topic.

Support Linda Andre's Legacy

- <https://www.gofundme.com/f/linda-andre>

FDA Letter

- [NIMH-Funded ECT Researcher Deletes Patient Emails After Publicly Offering Cognitive Evaluations](#)
- **Participate in an ECT evaluation**
<https://web.archive.org/web/20070406220819/http://www.ect.org/effects/eval.html>

Conflicts of Interest

- [Sackiem conflict of interest declaration 2017](#) (Modern Electroconvulsive Therapy Vastly Improved yet Greatly Underused)
- [Shock Therapy: Its Back - Sandra Boodman, 1996](#)

Recent Research on Patient ECT Experiences

- [ECT Survey Results Raise Questions About Safety, Efficacy, and Consent](#)
- [Long-Term Effects After Electroconvulsive Therapy \(ECT\): A Narrative Analysis Exploring People's Experiences, Meaning-Making, and Coping](#)

APA & Testing

- [The American Psychiatric Association \(APA\) opposed mandatory neuropsychological testing for patients receiving electroconvulsive therapy \(ECT\)](#)

Recommended Reading

- [Doctors of Deception: What They Don't Want You to Know About Electroconvulsive Therapy](#)
- [New York State Assembly Report on Electroshock](#)

Recent Research on Patient ECT Experiences

- [ECT Survey Results Raise Questions About Safety, Efficacy, and Consent](#)
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Resources

- [Comprehensive Neuropsych and Rehabilitation Assessments for ECT Recipients](#)
- [Support reforms that protect ECT patients and make sure everyone can get the testing they need](#)
- [The Audit ECT Campaign Aims](#)

Life After ECT Inc. is a 501(c)(3) charitable organization dedicated to improving the lives of those harmed by ECT through advocacy, education, and research. Learn how you can [support our work](#).

Music Credits:

Intro/Outro: "Naya Instrumental" by Tomh

Artist: @tomh_music

Track: https://soundcloud.com/tomh_music/naya-instrumental

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