

Junior School Campus | Sunshine Avenue TWEED HEADS SOUTH NSW 2486 Middle and Senior School Campus | Mahers Lane TERRANORA NSW 2486 Postal Address | PO Box 996 BANORA POINT NSW 2486 reception@lindisfarne.nsw.edu.au www.lindisfarne.nsw.edu.au

Good Morning, Parents/Caregivers and Athletics Team,

Here are the FINAL DETAILS for next week's NCIS Athletics Championships. The countdown is on for the weather watchers, and the prediction looks satisfactory at this stage - albeit this can certainly change rapidly as we all know! Please come prepared for cold/damp weather, you will be sitting under a tent on the hill.

Date: Wednesday, 13 August

Location: Walter Peate Oval, Kingscliff

Washout Contingencies: In the event of a WASHOUT, representative teams will be selected based on the combined times/distances sent to NCIS from individual schools carnivals. The event will not be rescheduled.

Students, please arrive at Walter Peate Oval at least an hour before your event. Students are to make their own way to and from the venue, there is no pre-arranged transport.

## ATHLETE ROSTER - FINAL "PLEASE CHECK"

Ensure all of the following reads 100% correctly on the Athlete Roster run sheets, which have been sent to us from NCIS; Name, Gender, Date of Birth, Year at School etc

**LAGS** Performance List LAGS Entry Report

LAGS Relays - UPDATED (+ reserves where possible)

Some athletes were late withdrawals, there might be the odd roll-up or two reflected above.

Even though we are on our home turf - NCIS is in charge of this event. Please take stock of the following key rules gleaned from the NCIS Final Details:

- NO Teacher, PARENT/SPECTATOR or non-competing Athlete to be on the INSIDE AREA of the running track. There will be zero tolerance - this area will be completely bunted 'Out of Bounds'. You or your child will risk being disqualified from the entire event. Stay out of this area please. The only staff allowed to be in the centre of the oval will be either in NCIS gear, or Fluro vests. 2 In the event of a protest, this is to be advocated by the Sport Coordinators of the student involved. I will
- be the TRACK STARTER, so please speak to the duty teachers Mr Bedford and/or Mr Croft for this purpose.
- ALL Primary students need to have their AGE written in permanent marker on their hand the AGE YOU 3 TURN THIS YEAR. Also, if they are 12/13 Years Primary, please add a "P" for Primary. Mr Bedford, Mrs Priestly and Mr Croft can assist in this regard.
- As per normal athletic operations, Track events take priority over a Field event.

## NCIS ATHLETICS nuts-n-bolts

### **Athletics Singlets**

Mr Bedford and Mr Croft will have these ready for you at Walter Peate Oval to borrow - and return at the day's conclusion (dirty). Please ensure these are returned.

#### Lindisfarne Tracksuit

ONLY **Lindisfarne** attire to be worn. No NCIS, CIS, NSW All Schools representative gear - OR even worse, random hoodies. You are all representing Lindisfarne.

2025 NCIS Athletics Program
2025 Events Map Walter Peate Oval, Kingscliff

### Canteen and Food Vendors

Tweed Little Athletics Canteen, Pizza Van, Lindisfarne P&C Sausage Sizzle, Coffee Van.

# NSWCIS and Representative Information

In complete transparency in preparing us all for any CIS qualifiers wishing for, please carefully be prepared for a quick turnaround time to ACCEPT/DECLINE.

There is a quick turnaround required for submitting entries, so your cooperation in being well-prepared is greatly appreciated.

Due 10 am 20 August - NO LATE ENTRIES WILL BE ACCEPTED - Please ensure your parents plan and prepare accordingly.

## Please Note:

For additional events that are *not* held at the NCIS Athletics Carnival, students may still nominate using the permission form provided. Attendance at NCIS is not a requirement for these nominations; however, **all submitted times or distances must be ratified** to be accepted.

ADVANCERS FROM NCIS WILL RECEIVE THE FOLLOWING GOOGLE FORMS TO FILL OUT (PDF'ed below for your analysis/perusal):

CIS Primary Athletics Championships - 2025

CIS Secondary Athletics Championships - 2025

Please note dates, analyse costs etc - and any other relevant information.

## School Based REPRESENTATIVE ATHLETICS Events to note:

- NSW CIS Athletics Primary 5th September
- NSW CIS Athletics Secondary 23rd September
- NSW All Schools 27th September 1st October
- Any kids that may progress to Australian All Schools we'd look to continue to support them in T4.

Kind regards,

Damien Clucas

(Head of Sport and Activities)