

Course Name: Physical Education

Course Subject: Basketball 8/28 – 9/2

Monday: Review fundamentals of the game, and explain the rules. Begin 3 on 3 tournaments.

Tuesday: 3 on 3 tournaments

Wednesday: 3 on 3 tournaments

Thursday: Invasion Game

Friday: No School

Lesson Topics this week: Students will review the fundamentals of basketball. Dribbling, passing, and shooting. Students will learn the rules of basketball, and will transfer their knowledge to 3 on 3 competitive games.

Standards Addressed this week:

Standard 1-Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities

Standard 2-Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities.

Standard 3-Participates regularly in physical activity.

Standard 5- Exhibits responsible personal behavior and social behavior that respects self and others in physical activity settings.

Goals & Procedures this week:

- Students will learn the proper way to dribble and pass a basketball
- Students will learn the proper way to shoot a basketball
- Students will learn the proper way to perform a layup
- Students will learn the rules of the game

Materials & Resources Used this week:

- Basketballs
- Cones