## North Channel

# Aquatics

All ages. All abilities. All Aquatics

Swim Team Registration Packet

2025-2026

**MISSION STATEMENT:** North Channel Aquatics helps develop young athletes of a diverse community to become the best person and swimmer possible through a fundamental, safe, and positive environment until they have reached their fullest potential, fostering an attitude of excellence.

### FOUR STEPS TO SIGN UP YOUR SWIMMER

- 1. Have your swimmer evaluated by one of the coaches to determine the group placement.
  - A swimmer must be at least 5 years old and able to swim 25 yards of freestyle, breathing to the side, unassisted, and 25 yards of backstroke, unassisted, to be eligible for the TechFit group. Swimmers must have at least three months of competitive swimming experience (i.e., summer league or TechFit group) AND meet the group requirements in order to join one of the competitive team practice groups. Group requirements are listed later in this packet.
- 2. Complete the NOCH online registration and necessary paperwork.
  - Review this handbook and click the link at the end to fill in the form.
  - An email will be sent with a link that will take you to the registration portion of our website.
  - Fill in all required information (instructions to follow).
  - Choose a payment option.
  - Read and check the waivers; electronic signature required.
- 3. NEW SWIMMERS ONLY: Complete the USA Swimming online registration.
  - You will receive a link from the club administrator (Coach Mark). This link will take you to the USA Swimming registration that you will have to fill out. The registration fee is \$100. A reminder that you have three (3) days to do this registration from the time you receive the link, or your swimmer will not be allowed to practice until this has been completed.
- 4. Minimally, the first half of your Registration Fee must be paid online with credit card or ACH, or at the pool with a check or cash. The monthly fee for September will be due on the 1<sup>st</sup>. The second half of your Registration Fee will be charged to your account on October 1st.

**Team Contact Information** 

Owner/Head Coach Paige Sikkema 832-360-3456 nochswimcoachpaige@gmail.com

#### www.northchannelaquatics.com

#### 2024-2025 Membership Fees and Registration Process

Membership fees are based on group placement as decided by the coaching staff. The software automatically processes accounts every month on the 1<sup>st</sup> at 12:00 am. A late fee of \$25 will be added to the member's account if the monthly fees are not paid by the 4<sup>th</sup> of the month at 12:00 am of the billing cycle.

#### **NOCH Registration Process:**

#### For RETURNING swimmers (those who have used the online system to enter meets)

- 1. Access our website (www.northchannelaquatics.com)
- 2. Click the SWIM TEAM REGISTRATION button
- 3. Read the welcome page and click REGISTER NOW
- 4. Choose the first option: "I am not logged in but have an existing account," and then log in with your email address and password. Click CONTINUE.
- 5. Fill out all information that is required (and it would be nice if you filled out the other stuff as well ③). This is notated by a small red star. The system will not let you move on until you fill out the required parts. Click CONTINUE.
- 6. Your swimmer(s)'s name(s) will appear on the next page. Click the box in front of the name(s) and check the information that appears.
- 7. You will then need to choose the practice group and payment option from the drop-down menu.
- 8. Double-check the USA Swimming registration for correctness.
- 9. If you have a new swimmer to add, you can click ADD NEW MEMBER at this time and fill in the info needed. You MUST click ADD in order for the addition to be complete.
- 10. Read and check that you have read each of the waivers. You must click each waiver box before moving on. These are legally binding, so be sure to read them before you click!
- 11. Click CONTINUE.
- 12. The next screen will be your cart and checkout. Choose a payment option and click PROCEED.
- 13. Double-check your billing details.
- 14. Once you have chosen your payment details, click SUBMIT ORDER.
- 15. Your Order Summary will then appear, and an email will be sent to the address you used.

#### For NEW swimmers

- 1. Access our website (www.northchannelaquatics.com)
- 2. Click the SWIM TEAM REGISTRATION button
- 3. Read the welcome page and click REGISTER NOW
- 4. Choose the second option: "I am a new user, or I am not sure if I have an account. This is the email I want to use," and then type in your email address. Click CONTINUE. Then create an account by typing in a password.
- 5. Fill out all information that is required (and it would be nice if you filled out the other stuff as well ©). This is notated by a small red star. The system will not let you move on until you fill out the required parts. Click CONTINUE.
- 6. Click ADD NEW MEMBER. Fill in all information notated by a red star.
- 7. You will then need to choose the practice group and payment option from the drop-down menu.
- 8. Complete the USA Swimming registration. This information is NOT red-starred, but it needs to be completed.
- 9. Click ADD. You must click ADD or the registration will not go through.
- 10. If you have a new swimmer to add, you can click ADD NEW MEMBER at this time and fill in the info needed. You MUST click ADD in order for the addition to be complete.
- 11. Read and check that you have read each of the waivers. You must click each waiver box before moving on. These are legally binding, so be sure to read them before you click!
- 12. Click CONTINUE.
- 13. The next screen will be your cart and checkout. Choose a payment option and click PROCEED.
- 14. Double-check your billing details.
- 15. Once you have chosen your payment details, click SUBMIT ORDER.
- 16. Your Order Summary will then appear, and an email will be sent to the address you used.

#### How to access your account:

- 1. Access our website (www.northchannelaquatics.com)
- 2. Select SIGN IN (left-hand side of the page)
- 3. Fill in your Email Address and Password and click Sign In.
- 4. You should be able to see your account information.

If you have any trouble logging in or registering your swimmer, please contact COACH MARK via email at <a href="mailto:nochcoachmark@gmail.com">nochcoachmark@gmail.com</a> or by phone at 832-891-7556.

All communication will remain strictly confidential and will be used only to communicate and deliver your billing information, team functions alerts, news, events, and other related team activities. You may change your email address and password anytime you like, but please use the email address that you access most frequently.

#### **Group Descriptions and Requirements**

TechFit: A two-day per week program for swimmers who want to learn proper stroke technique, who want some physical conditioning, but do not want to engage in competitions. This is also a "tryout" group for new swimmers who might want to eventually join the competitive team. There is no yearly commitment financially, nor any fundraising or volunteer obligations. REQUIREMENTS: must be able to swim 25 yards freestyle, unassisted, breathing every three strokes, and 25 yards of backstroke, unassisted.

<u>Green:</u> A three to four day per week program designed for swimmers at the novice level, generally ages 5 to 11. Swimmers must have at least three months of summer league or TechFit group experience before joining. This group works mainly on technique but is also introduced to the pace clock and a small amount of dryland and aerobic conditioning. Meet participation is required—2 meets for the short course season (does not include Blue/Green intersquad meet) and 1 meet for the long course.

REQUIREMENTS: same as TechFit, plus legal in either breaststroke or butterfly

Blue: A four to five-day per week program designed for older, novice-level swimmers, ages 9-13. Swimmers coming from the Green group must be recommended by the coach, based on stroke technique, start and turn technique, maturity, attitude, attendance, and aerobic conditioning. Swimmers in this group will continue to mainly work on technique, but will add in more pace clock work as well as more aerobic conditioning, and will begin to do test and challenge sets. Meet participation is required—3 meets for the short course season (does not include Blue/Green intersquad meet); 2 meets for long course.

REQUIREMENTS: For swimmers 9 years old and older, it must be legal in all four strokes.

White: A four to five-day per week program for advanced middle school and high school swimmers. Swimmers moving from the Blue group are being prepared for upper-level training groups. Also, for swimmers who are not ready for Junior and Senior group commitments. This group will reinforce good stroke technique, meet preparation, and aerobic conditioning. 65% practice attendance is required to remain in the group. Meet participation is required—3 meets for the short course (does not include the Blue/Green intersquad meet); 2 meets for the long course.

REQUIREMENTS: For advanced novice 11-12-year-olds, or age 13

**Junior:** A five to nine-day per week, upper-level training program for middle school-aged swimmers. This is an elite training group for our younger swimmers, ages 12-15. Swimmers develop into a more intense training regime with high expectations towards work ethic, attendance, and attitude. Swimmers in this group are expected to attend 85% of all practices offered and attend all meets recommended by the coach. They are expected to sign a contract, agreeing to these requirements, among several more.

REQUIREMENTS: Coach recommendation required.

<u>Senior</u>: A five to ten-day per week, upper-level training group for high school-aged swimmers. This is an elite training group for our older swimmers who are at least in their sophomore year. This is a highly intense level training group with very high expectations for commitment, work ethic, attendance, attitude, and leadership. Swimmers in this group are expected to attend all practices offered and attend all meets recommended by the head coach. A contract is required to be signed.

REQUIREMENTS: Coach recommendation required.

Movement between groups happens two times per year—in April and September. At the time a coach feels a swimmer is ready to change groups, a meeting will be scheduled between the coach, parent, and swimmer to discuss the possibilities and expectations. All fees will be increased/decreased at that point as needed for the group change. Swimmers who are moved to the TechFit groups due to non-compliance with requirements will have fees reduced accordingly, but are still held to the yearly commitment, and families will still be responsible for fundraising and volunteering requirements.

#### **Galena Park Practice Schedule**

\*\*All practice times are subject to change based on pool availability, holidays, and staffing

Green Mon/Tues/Thurs 6:45-7:45 pm

Sat. 10:00-11:00 am \*\*\*\*\*\*combined with DP Site.

Blue Mon/Thurs 6:30-7:45 pm

Tues 6:30-8:00 pm (dryland first)

Wed. 5:00-6:30 pm \*\*\*\*\*\*combined with White (Dryland)

Sat. 8:30-10:00 am \*\*\*\*\*\*combined with DP site

White Mon/Wed 5:00-6:30 pm (dryland first)

Tues/Thurs 5:00-6:30 pm

Sat 8:30-10:00 am \*\*\*\*combined with DP Pool & Blue

Junior Tues/Thurs 5:15 am (dryland first)

Mon/Tue/Wed/Thurs 5:00-6:30 pm

Fri 4:30-6:30 pm

Sat. 8:00-10:30 am (dryland first) \*\*\*combined with DP site

Senior Tues./Thurs./Fri 5:15 am (dryland Tuesday/Thursday first)

Mon-Fri 4:30-6:30 pm

Sat. 8:00.-11:00 am (dryland first)\*\*\*combined with DP site

TechFit Tues/Thurs 6:00-6:45 pm

<sup>\*\*</sup>Practice schedule during the summer changes slightly

<sup>\*\*</sup>Every month, we will alternate sites for Saturday practices

#### **Deer Park Practice Schedule**

\*\*All practice times are subject to change based on pool availability, holidays, and staffing

Green	Mon/Tues/Thurs	6:30-7:30 pm
	Sat.	10:00-11:00 am ******combined with GP Site.
Blue	Mon-Thurs	6:15-7:30 pm
	Sat.	8:30-10:00 am *******combined with GP Site.
White	Mon/Tues/Thurs	5:00-6:30 pm
	Wed	5:30-7:00 pm
	Sat.	8:30-10:00 a.m. **** combined with GP Pool
Junior	Mon/Tues/Thurs	5:00-6:30 pm
	Wed/Fr	5:15-7:00 pm
	Sat.	8:0010:00 a.m. ***combined with GP Pool
Senior	Mon/Tues/Thurs	4:45-6:30 pm
	Wed/Fr	5:15-7:15 pm
	Sat.	8:00 -11:00 a.m. *****combined with GP Pool
TechFit	Tues/Thurs	6:30-7:15 p.m.

<sup>\*\*</sup>Practice schedule during the summer changes slightly

<sup>\*\*\*\*</sup>Every month, we will alternate sites for Saturday practices

#### **North Channel Aquatics Membership Fees for New Members**

#### **Training Group Fees**

The cost to swim on the competitive team is **one yearly fee**. If you pay this yearly cost in one payment up front, you actually get one free month of swimming. You may break up your fee into quarterly or monthly installments. Paying quarterly gives you half a month free. Should your swimmer decide to discontinue with the team during the course of the year, you are still responsible for your monthly installments until 12 months are paid. There will be no refunds given.

A USA Swimming registration fee is required to be fully registered with the team. The USA Swimming registration fee is \$68 and must be paid directly through USA Swimming. You will receive a link in which you will have the ability to register. The link is specifically designed for our membership and not any other team.

Training Groups	USA Swimming & Gulf Reg. Fee	Registration Fee	Yearly Cost	Quarterly Cost	Monthly Installments
SENIOR	\$100	\$130	\$1265	\$331	\$115
JUNIOR	\$100	\$130	\$1100	\$288	\$100
White	\$100	\$130	\$990	\$259	\$90
BLUE	\$100	\$130	\$935	\$245	\$85
GREEN	\$100	\$130	\$770	\$202	\$70
TechFit	\$100	\$50	х	х	\$50

<sup>\*</sup> TechFit members swim on a month-to-month basis. We request that if a swimmer chooses to discontinue with the team, a 10-day notice be given, or the account will be charged for that next month. For example, if the swimmer wants to quit at the end of October, notice will need to have been given by the 20<sup>th</sup> of October in order not to incur the monthly fee for November.

#### **North Channel Aquatics Membership Fees for Returning Members**

#### **Training Group Fees**

The cost to swim on the competitive team is **one yearly fee**. If you pay this yearly cost in one payment up front, you actually get one free month of swimming. You may break up your fee into quarterly or monthly installments. Paying quarterly gives you half a month free. Should your swimmer decide to discontinue with the team during the course of the year, you are still responsible for your monthly installments until 12 months are paid. There will be no refunds given.

A USA Swimming registration fee is required to be fully registered with the team. The USA Swimming registration fee is \$68 and must be paid directly through USA Swimming. You will receive a link in which you will have the ability to register. The link is specifically designed for our membership and not any other team.

Training Groups	Registration Fee	Yearly Cost	Quarterly Cost	Monthly Installments
SENIOR	\$230	\$1265	\$331	\$115
JUNIOR	\$230	\$1100	\$288	\$100
White	\$230	\$990	\$259	\$90
BLUE	\$230	\$935	\$245	\$85
GREEN	\$230	\$770	\$202	\$70
TechFit	\$150	х	х	\$50

<sup>\*</sup> TechFit members swim on a month-to-month basis. We request that if a swimmer chooses to discontinue with the team, a 10-day notice be given, or the account will be charged for that next month. For example, if the swimmer wants to quit at the end of October, notice will need to have been given by the 20<sup>th</sup> of October in order not to incur the monthly fee for November.

#### **Registration Fees:**

These fees are incurred every year per swimmer. Half of the registration fee is required of all swimmers before they begin to practice. The remaining half will be billed and should be paid with the next month's dues.

For the competitive team: Part of the Registration Fee will be applied to your yearly United States Swimming and Gulf Swimming membership fee. The Registration Fee also covers a team suit, team meet and practice caps, and team t-shirts (3 throughout the year), plus other miscellaneous items.

For TechFit: 2 practice caps

\*\*All NEW members are required to register with USA Swimming. Swimmers will not be allowed to participate until they have fully completed their registration with USA Swimming after the given deadline. New Members have a 3-day window to register with USA Swimming after they register with our team.

#### **Swim Meet Fees:**

Meet entry fees are not included in any other fees listed in this packet. Meet entry fees will be billed periodically throughout the season, according to the meets attended.

Typical meet entry fees range from \$8-\$20 per event entered. The coach has total authority over choosing what events their swimmers enter, unless that choice has been given to the swimmer. USA Swimming rules do not allow a swimmer to exceed five events per day (excluding relays), and most meets range between 3-5 events per day to keep the timeline manageable. If your swimmer missed a race or an entire meet he/she is entered in, the fees are non-refundable AND cannot be paid back by the outreach fund. Some meetings will charge a fine for events missed. This ranges from \$10-\$100, depending on the meet. A typical two-day meet might cost between \$60-\$80 per swimmer. Typical yearly meet fees can reach as high as \$600 per swimmer.

#### **Coaching Fees at Swim Meets:**

There will be an additional \$7-\$20 coaching fee per swimmer, per meet, added to your entry fees. This cost is included in the above yearly estimate. This coaching fee helps defray the costs of food, hotel, and transportation for the club staff. For most meets, this will include an online heat sheet. This fee is not reimbursed by the Gulf for Outreach swimmers.

#### **Home Swim Meets:**

North Channel Aquatics runs 4-5 swim meets a year. Running organized and profitable meets is the primary fundraiser for the team. Home meets provide our membership with some of the best opportunities for competition. Our goal is to have 100% volunteer participation, motivated by an appreciation for NOCH and the sport of swimming. Due to the importance of successful fundraising and to be fair to those who willfully volunteer, parents are expected to fulfill our work requirements. Parents have the opportunity to choose their assignment/job by signing up on our website. Work commitment policies are managed by the combined efforts of the meet director, volunteer coordinator, and head coach.

#### Parent SwimMeet Work/Fundraising Commitment Policy:

- The number of sessions each family is required to work will be determined by the size of the meetings we host. Normally, each family is required to work one shift on each day of each meet we host. Shifts usually run 4-6 hours in length, but could be longer. Note that times are approximate, and we may need you longer than your published time.
- If a shift is not fulfilled by a family, a \$100 penalty will be charged to your account. If you know in advance that you cannot work a meet on our schedule, you should try to work an extra shift at an earlier meet. If you sign up and do not work your shift or get your shift covered, an extra \$50 will be assessed to your account. Note that these are PER SHIFT fines. Most meets have a two-shift requirement.
- Check In: Upon arrival and before departure, you must check in with the area manager or respective department chair. Failure to check in/out may result in you not receiving credit for your work and being charged the fine.
- Help with Fundraising: Instead of a fundraising requirement, we will expect each family to donate \$50 worth of food items to our concession stand or hospitality room. You will select your food item to be donated from an online list before the meet. All proceeds from the sale of food items go directly to our fundraising account. Families must deliver their donated items by the deadline advertised on the sign-up page. If you do not bring or sign in a food item, you will be fined for non-food donation. The fine is \$100 per meet. When you bring your purchased items, you need to turn in a receipt so that you can receive credit for your purchases towards your fundraising commitment. Any amount that you overpay will be credited back to your account.
- Can't attend a NOCH Hosted Meet? You can always ask a family member or another parent on the team to work your shifts.
  - Unfulfilled Work Requirements: will result in a \$100 penalty per shift (plus \$50 per shift signed up for and not worked)

• Unfulfilled Food Donation: will result in a \$100 penalty per meet (plus the \$50 worth of items required

Please bring EXACTLY WHAT IS ASKED FOR on the sign-up page. Failure to do so will result in you not getting credit for your items. Be frugal in your purchases. Buying the most expensive brands defeats the fundraising idea.

Options are available to assist families in reaching their monetary commitment. Families cannot fundraise to pay individual accounts.

#### The following programs are available:

1. Sale of Meet Sponsorships: This can be accomplished by asking friends, family, local businesses, etc., to sponsor your family for the 2023-2024 season. Sponsorships start at \$200. If you are interested in seeking a sponsorship, see Coach Paige to get a sponsorship packet. Sponsorships must be turned in by October 1, or families will revert to the normal fundraising requirements.

#### **Swim Meets Away from Our Pool**

We also attend meets at other facilities. We are usually assigned a lane to provide timers for the duration of the meet. Timing assignment shifts are scheduled by the coaching staff one week before the meet. Parents are placed in a time slot according to which days and what events their child is attending. If you know in advance that you will not be able to attend a particular meet, please let the Head Coach know as soon as possible. If you communicate this information after the assignments have been published, you will be held responsible for that shift, meaning you either need to fulfill it or find someone to take your place. If you do not show up to the meeting for any given reason (illness, child illness, car malfunction, etc.), it is still your responsibility to find a replacement. Any unfilled shifts will result in a \$25 fine assessed to your volunteer balance. If the coaching staff has to find a replacement, you will be fined.

Officials who are members of our team are encouraged to work shifts at away meets. Officials who work away from home will be reimbursed for meeting entry fees for each session worked. This rebate is credited to the official's account. If our team officials do not sign up to officiate at an away meet, they will be given timing assignments.

#### What happens if I don't fulfill my financial obligations with North Channel Aquatics?

Families that don't meet the above financial obligations will not be eligible to participate in the summer league program; will not be eligible for scholarships provided by the team; will not be able to register for the next season; and are subject to legal action taken by the team in small claims court

If there is a medical reason why a swimmer cannot continue with the team, a doctor's note should be provided for your obligations to be excused. The medical reason should be an extreme circumstance and explained in detail in the note. Options will be discussed upon the acceptance of the doctor's note.

#### Signing up for Competitions:

JUNIOR AND SENIOR GROUP MEMBERS WILL AUTOMATICALLY BE ENTERED IN EVERY ELIGIBLE MEET unless a coach is told in advance that you will not attend. These swimmers are expected to attend all meets offered, every day of the meet. WHITE 1, BLUE, AND GREEN groups: An email will be generated and sent to you at least two weeks before the deadline. It is best to enter at that time! You will be asked what days you want to participate and (sometimes) what events to swim. COACHES WILL NO LONGER ENTER WHITE 1, BLUE, OR GREEN GROUP SWIMMERS IN MEETS. Once you are entered, an email will be generated and sent with your events and fees. After the entries are submitted to the meet host, your account will be billed for the fees. If you do not turn your entries in by the deadline but still want to enter the meet before the entries get sent off to the meet host, you can do so for an extra \$10 fee. If the entries have already been sent, you can still attend the meet by entering on the day of the meet. Cost is double the entry fee for each event entered, plus the per swimmer fees, and outreach members will only be reimbursed the regular entry fee amount, not the doubled price.

#### **Policy Regarding Championship Meets:**

Team success at championship meets is one of our priorities. We expect to have 100% participation of qualified swimmers at championship meets. Swimmers attending all sessions recommended will receive a championship team t-shirt. Those choosing not to attend all sessions will be charged

\$5 for the shirt. All swimmers will be expected to wear the championship t-shirt at the meet. Swimmers/Families should expect to stay through the entire session to swim on relays and to support their teammates.

#### **Team Travel:**

Team travel is arranged for selected meets. Team travel is defined as: travel as a team, stay in a hotel as a team, and eat as a team. Prices will include transportation and hotel, and the swimmer will typically be responsible for covering their own food expenses. Not included would be entry fees and any extra spending a swimmer might want to do. Funds must be collected before the team leaves on a trip. In addition, those with any delinquent NOCH fees will not be eligible to travel with the team until full payment is received.

#### **Team Uniform Policy:**

NOCH strives for every swimmer to represent the team uniformly, meaning all swimmers should wear the team suit, warm-up, cap, and t-shirt, and carry a team backpack. North Channel Aquatics is an Arena team; therefore, we ask that you purchase Arena products whenever possible. A team suit, cap, and t-shirt are all issued to you at registration. Warm-ups and backpacks are purchased separately. NOCH and a name can be embroidered on these items for a small extra cost. Parkas and hoodies will also be available. Parkas come with NOCH in block lettering across the back and a name stitched on the front, included in the cost. It is highly recommended that the team items you purchase are in our team colors (navy and green).

The team uniform (including team t-shirts) is required to be worn at every competition. No other suits, caps, t-shirts, etc. are allowed. If a swimmer is wearing some other attire, they will be asked to remove it. If a swimmer is not wearing a team suit, they COULD BE scratched from the meet. Please plan when a meet is coming up and be sure to have a team suit, cap, and t-shirt for every day of the competition.

#### Practice Uniform Policy:

All swimmers must wear a NOCH cap to practice. Any NOCH cap will suffice. Only on Fridays and Saturdays can swimmers wear another cap. However, these caps should not be from another club team. Girls shall wear a one-piece suit that provides adequate coverage of the chest and rear end. NO TWO-PIECE, WATER POLO, OR TIE-BACK SUITS WILL BE ALLOWED AT PRACTICE! Boys should wear either jammers or briefs, with briefs being the more recommended style, especially in the Junior and Senior groups. Boys in the TechFit groups will be allowed to wear swim trunks but will be encouraged to eventually switch over to a jammer or brief. T-shirts will not be allowed to be worn during practice. Swimmers in the Senior & Junior groups will be required to wear a drag suit throughout the season.

#### **Scholarship Award:**

Any graduating Senior on the competitive team who continues to train, compete, and volunteer with the club during the summer after they graduate will be eligible for a scholarship award at the end of that summer. The award is up to \$100 for every consecutive year that they have completed both short-course and long-course training requirements and swam in the short-course and long-course championship meets each year. These swimmers must also have been active with such events, such as teaching lessons, working clinics, and helping out at hosted meets. Training requirements consist of an 85% attendance average from all of their years on the team. The family must also be in excellent financial standing with the team. Swimmers will be required to apply for the scholarship by completing an application, which will include an essay of 200 words minimum, giving an explanation of why they deserve the scholarship, how active they have been with the team, what is the best part of being part of our team and how they will put their scholarship money to use.

#### Leaving the team:

To leave a Gulf Swimming USAS club for another Gulf Swimming USAS club, your debt must be settled with your previous club. Even if you are leaving the sport altogether, your debt must be settled and your account cleared. You are responsible for all financial obligations that you

committed to upon joining the team. If these obligations are not cleared within one month of leaving the team, you could be pursued legally to collect debts owed.

#### **Team Uniform & Equipment Bag Policies**

We do business with D & J Sports. They visit our pool about 4 times per year and are present at all hosted meets. We will have a selected team ordering deadline at the beginning of the season and another just before Christmas. If your order is placed within these deadlines, you will pay NO CHARGE, and your order will arrive at the pool and will be delivered to you there. If you miss the deadlines or need something at a different time, you will need to contact the shop on your own, place the order, and make payment to them at that time. Please call D & J Sports with any questions you might have.

www.djsports.com 281-370-7946

Training Group  Senior Group	Recommended Team Apparel  1. Warm-ups 2. Team Backpack 3. Parka	Required Equipment Bag Items  1. Mesh equipment bag 2. Fins (special fins) 3. Pull buoy 4. Finis paddles 5. Stroke Maker paddles (size 0) 6. snorkel (estimated cost: \$175)
Junior Group	<ol> <li>Warm-ups</li> <li>Team Backpack</li> <li>Parka</li> </ol>	<ol> <li>Mesh equipment bag</li> <li>Fins (Short Blade Training Fin)</li> <li>Pull buoy</li> <li>Finis Paddles</li> <li>Stroke Maker paddles (size 0)</li> <li>snorkel (estimated cost: \$130)</li> </ol>
White group	<ol> <li>Warm-ups</li> <li>Team Backpack</li> <li>Parka</li> </ol>	<ol> <li>Mesh equipment bag</li> <li>Fins (Short Blade Training Fin)</li> <li>Pull buoy</li> <li>(2) Stroke Maker paddles (size 0) &amp; (size .5)</li> <li>snorkel (estimated cost: \$120)</li> </ol>
Blue group	<ol> <li>Warm-ups</li> <li>Team Backpack</li> <li>Parka</li> </ol>	<ol> <li>Mesh equipment bag</li> <li>Fins (Long Sporti Floating)</li> <li>Stroke Maker paddles         (size 0)</li> <li>Pull Buoy (small)         (estimated cost: \$60)</li> </ol>

Green and TechFit groups	1. Warm-ups	1. Mesh equipment bag
	2. Team Backpack	2. Fins (Long Sporti floating)
	3. Parka	(estimated cost \$25)

#### **DELINQUENT ACCOUNT POLICY**

The purpose of this statement is to formally establish our policy about the handling of delinquent accounts. Members who have outstanding balances inevitably undermine the health and success of our club. We hope that we will always be able to solve any problems regarding a member's payment obligations through communication.

Our membership fees are structured so that the club can maintain a viable swimming program. Your timely payments contribute to our overall financial well-being and our ability to pay for excellent coaches, desirable pool time, as well as covering related costs of running a team, such as insurance and taxes. We are more than accommodating and understanding that people will and do fall behind on their payments from time to time, but we must adhere to the following established procedures:

- 1. A Delinquent Account Notice will be sent to you via email notifying you of your account status.
- 2. After receipt of a Delinquent Account Notice, a member will have until the 15<sup>th</sup> of the month to pay their account in full. In the event of extraordinary circumstances, which have been communicated to North Channel Aquatics, we will work with the delinquent member to establish an acceptable formal payment plan.
- 3. If we have not heard from the delinquent member by the 15<sup>th</sup> of the month, or if an acceptable formal payment plan is not established and maintained, the account's swimmer(s) will no longer be allowed to participate with the team, including practices and meets.
- 4. Accounts which incur this interest payment, continue to be delinquent and where no established payment plan is in effect and maintained will be declined for renewal registration for the next season and the account's swimmer(s) will not be allowed to participate with any other club affiliated with North Channel Aquatics (summer league, water polo, diving).
- 5. All payment plans must be paid in full by the end of each swim year (September through August).
- 6. North Channel Aquatics and SwimSikk, LLC reserve the right to collect all outstanding balances through legal collection processes, including interest as stated above, plus legal fees incurred in the collection process.

The last thing we want is for an overdue account balance to force us to deny any swimmer from practicing and/or a place on our team. We have every intention of working with our families to avoid penalties due to delinquencies and assist with acceptable payment programs where they are truly necessary. Communication, however, is the key to our ability to do so, plus cooperation to carry through your responsibilities.

#### **Outreach Program**

The Outreach Program is intended to help swimmers and their families enjoy the membership on our team and with USA Swimming with some financial aid. Swimmers' registration is reduced (by USA Swimming and Gulf Swimming), as well as their meet entry fees reimbursed (by Gulf Swimming). The guidelines are listed below.

For returning swimmers, the registration fee is reduced by \$30.00 for all groups. For new swimmers, you will see your discount when you register for a USA Swimming membership.

- a. To receive this discount, you must show proof of eligibility by the following:
  - Verified enrollment in the Federal Food Stamp Program, SNAP, or Medicaid Medical Card <u>AND</u> pages 1 & 2 of the Federal Income Tax Return (with Social Security number blackened out), showing size of family and income. If filing married but separately, each parent must submit their return. Income (before taxes) must be below the amount indicated in the chart below.

# IN HOUSEHOLD	INCOME
1	\$15 678
2	\$21 112
3	\$26 546
4	\$31,980
5	\$37,414
6	\$42,848
7	\$48,282
8	\$53,716

Each additional member adds \$5,434 per member

- 1. Meet fees are reimbursed after mailing in a form stating the swimmer's name, name of meet, and how many events swum.
  - a. Only one meet per month is reimbursed unless the second meet that month is a championship meet qualified for at the first meet.
  - b. Only Gulf meets are reimbursed, not ones traveled outside the LSC.
  - c. No swimmer surcharges are reimbursed.
  - d. Requests must be submitted AFTER the meet and for only events that are actually swum. Fraudulent requests will be dealt with severely.

#### **Scholarship Program**

If any family would like to apply to receive reduced monthly fees, they can present their case, along with any helpful documentation, in a private meeting with the Owner. If qualified, they will receive a 25% discount off the regular dues but will be required to do 25% more fundraising/volunteering.

One swimmer (usually from the Senior group) each year can be chosen to receive full financial benefits from North Channel Aquatics. This swimmer is usually one in dire financial need and whose previous account is in good standing, and who has proven to be a loyal, dedicated, hard-working member of the team.

## Registration Acknowledgment & Consent form

Below you will see the link to the acknowledgement and registration.

Please follow the steps.

- 1. Fill in the information needed in the acknowledgment form.
- 2. Click that you have read and understood the handbook.
- 3. Click submit.

Once you have submitted the acknowledgment form, an email will be sent to the email address you have added in the acknowledgment form. Please be sure to include a working email address that you check periodically.

Registration Acknowledgment

Thank you, and let's have a wonderful season.

North Channel Aquatics Staff!

