



A Tittle Should Be Clear, Concise, and Informative: Written in English (Times New Roman 14, Capitalize Each Word, Bold, left-right alignment)

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First Author, Second Author*, Third Author, Fourth Author

Abstract:

(The word length is not more than 250 words)

Background of study:

Aims and scope of paper:

Methods:

Result:

Conclusion:

Keywords: First Keyword; Second Keyword; Third Keyword; Fourth Keyword; Fifth Keyword (Times New Roman 10, consist of 3-5 words or phrases, Keywords are arranged in alphabetical order)

1. INTRODUCTION

This introductory section contains a research background that provides an overview (for example, the general of condition in the world or in Indonesia), provides a specific description (for example, contains an overview of the condition of education in the work environment), identifies problems in the field (schools, campuses, communities etc.), looks for several alternative solutions to the problem, looks at previous research that has been done by previous researchers (include reference sources), looks at the gap/gap between the ideal expectations desired and the reality/facts that occur in the field. The problem is the gap between the desired ideal expectations and the reality/facts that occur in the field),

looking for several alternative solutions to the problem, looking at previous research that has been done by previous researchers (include the reference source), seeing the gap/gap between what we have done and what we will do with the aim of seeing the novelty of our research compared to previous researchers, and closing statements related to Research Objectives or Hypotheses (example: Therefore, this research will be conducted with the title). The length of the introduction section is a maximum of 25% of the total body of the article.

Articles that comply with the rules of the Indonesian Journal of Sport, Health and Physical Education Sciences, the body of the text uses font: Times New Roman 10, line spacing 1.0, spacing before 5 pt, after 5 pt. This article must be in softcopy form with A4 paper size format. Margin: top = 3 cm, bottom = 3 cm, right = 3 cm, left = 3 cm.

Each column is left-right aligned. The use of tables and figures must be adjusted to the column width. On the last page of the article, set the length of the width to be equal. Use automatic hyphenation and spell check (if available).

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2. MATERIAL AND METHOD

In this section, explain how the research was conducted. The main points of this section are: (1) type of research; (2) sample or object of research (who is the

object or sample of research and tell what kind of sample method was used); (3) time of research (tell when, where, and how long the research was conducted); (4) research procedures; (5) data collection techniques; (6) research instruments, (7) analysis plan (explain the statistical tests and comparisons made; ordinary statistical methods should be used without comment; advanced or unusual methods may require literature citations); (8) scope and/or limitations of the research used.

2.1 Figures and Tables

The position of figures and tables is centered. The title of the figure is below the figure in “center” alignment, and the title of the table is above the table in “center” alignment. Do not use figures and tables before they are mentioned in the text of the article. All figures and tables are referenced in the text (there is a description in the article text). Avoid displaying tables and figures without explanation in the text.

For example, Table 1 is an example of a table format

Table 1. Insert Title of Table

Heading 1	Heading 2
Content	Content
Content	Content
Content	Content

Figure 1 is an example of an image format. Make sure the image quality is good if it is in color, make sure it is still visible if it is converted to grayscale. Provide a description of the image in question.

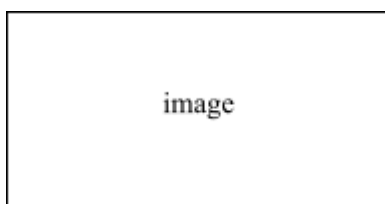


Figure 1. ADDIE Method

Both figures and tables should be written in order starting from 1, not by chapter.

2.2 Equation

Equation numbering is done sequentially with the number of equations written in parentheses and right alignment, for example (1). The quantity and variables are written in italic Roman symbol. Use a dash (-) to indicate a minus sign. Give the comma in the equation if the equation is in a sentence. For example, equation (1) and equation (2):

$$\text{example } (-\alpha | \beta_j - \gamma_i |) \quad (1)$$

$$\text{Fat Content (\%)} = \frac{W-W1}{W2} \times 100\% \quad (2)$$

If the equation is mentioned in a sentence then simply write "(1)," or "equation (1)," except at the beginning of the sentence, it is not written using a comma after parentheses. For example "Equation (1) is ..."

2.3 Abbreviations and Acronyms

Define abbreviations and acronyms the first time they are used in the text, even if they have been defined in the abstract. Abbreviations such as IEEE, SI, MKS, CGS, ac, dc, and rms need not be defined. Do not use abbreviations in the title unless it is absolutely unavoidable.

3. RESULT AND DISCUSSION

The discussion can be made in several sub-sections. This section is the main part of the research article and is usually the longest section with the length of the Results and Discussion section around 60% of the total body of the article of an article. In this section, the results of the research are explained and at the same time a comprehensive discussion is given. Results can be presented in the form of figures, graphs, tables, and others that make it easier for readers to understand.

Result :

Discussion :

Implication :

Research Contribution:

Limitation :

Suggestion :

4. CONCLUSION

This section contains the conclusions of the research that has been conducted. Conclusions contain answers to the research questions, and state your conclusions clearly and concisely.

5. ACKNOWLEDGEMENT

This is a short text to acknowledge the contributions of specific colleagues, institutions, or agencies that aided the efforts of the authors.

6. AUTHOR CONTRIBUTION STATEMENT

The Author Contributions Statement can be up to several sentences long and should briefly describe the tasks of individual authors. Please list only 2 initials for each author, without full stops, but separated by commas (e.g. JC, JS). In the case of two authors with the same initials, please use their middle initial to differentiate between them (e.g. REW, RSW). The Author Contributions Statement should be included at the end of the manuscript before the References.

AUTHOR INFORMATION

Corresponding Authors

Author, University, Country

 Orcid id

Email: author's email

Author phone (*Whatsapps*): Ex. 085267321435 *

Authors

First Author, University, Country

Orcid id

Email: author's email

Second Author, University, Country

 **Orcid id**

Email: author's email

Third Author, University, Country

 **Orcid id**

Email: author's email

Fourth Author, University, Country

 Orcid id

Email: author's email

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<https://doi.org/10.2991/acec-18.2018.140>

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