

This is an overview of the [data types](#) current versions of popular apps are storing in the Google Fit Platform. See the footnotes for issues that might require app-specific workarounds. The apps were all installed on a Nexus 4 running Android 5.1.1, and the data was retrieved through Google Fit's REST API. [Let us know](#) about other apps to add to this list, or updates.

	calories expended	distance delta	heart_rate bpm	location sample	speed	speed summary	step_count delta
Endomondo (12.0.1) <i>com.endomondo.android</i>	yes	yes	?	no	no	no	no
MapMyRun (16.1.0) <i>com.mapmyrun.android2</i>	yes	yes	no	no	no	no	yes
My Tracks (2.0.11) <i>com.google.android.maps.mytracks</i>	no	yes	?	yes	no	no	no
Nike+ Running (1.7.8) <i>com.nike.plusgps</i>	yes	yes	N/A	yes	yes	yes	yes
Polar Beat (1.2.7) <i>fi.polar.beat</i>	yes	yes ¹	yes ⁵	no	yes	no	no
RunKeeper (6.1.7) <i>com.fitnesskeeper.runkeeper.pro</i>	yes	no	yes ^{5,6}	yes	no	yes	no
Runtastic (6.6.2)² <i>com.runtastic.android(.pro2)</i>	yes	yes ³	yes ^{5,6}	no	no	yes	no
Strava (4.11.1)⁴ <i>com.strava</i>	yes	yes	no	no	no	no	no
Under Armour Record (3.0.1.1) <i>com.ua.record</i>	yes	yes	?	no	no	no	no

¹ as *distance.cumulative*

² does not report manually logged sessions

³ multiple intervals per session

⁴ also imports historic data into Google Fit

⁵ 0.0 if no data

⁶ as *heart_rate.summary*

	heart_rate bpm
Instant Heart Rate (2.6.1) <i>com.azumio.instantheartate.full</i>	yes ¹
Heart Rate Plus (2.1.2) <i>com.dungelin.heartrate</i>	yes ¹
What's My Heart Rate (2.3.2) <i>com.vitrox.facion.gui</i>	yes

¹ start time is one hour prior to the actual measurement

	calories consumed
FatSecret (4.0.9) <i>com.fatsecret.android</i>	yes ¹
Lifesum (2.5.1) <i>com.sillens.shapeupclub</i>	yes ²

¹ one data point per day with time=00:00Z

² one data point per day with start=00:00 and end=23:59 local time

	weight
FatSecret (4.0.9) <i>com.fatsecret.android</i>	yes ¹
RunKeeper (5.2) <i>com.fitnesskeeper.runkeeper.pro</i>	yes ²
Withings (2.04.50) <i>com.withings.wiscale2</i>	yes

¹ one data point per day with time=00:00Z

² times are incorrect (depending on the user's timezone offset)