

# **Anodea Judith - The Love-Powered Evolutionary**

## **What You'll Discover in These 7 Modules**

Each teaching, contemplation and training session will build harmoniously upon the next, so that you'll develop a complete, holistic understanding of the practices, tools and principles you'll need to embody more enlightened living in a spirit of collaboration, wisdom, and love.

**What you'll discover in these seven sessions:**

- **An overarching vision for who we are and where we're going**
- **An understanding of your own initiation and what's coming down on the planet**
- **A set of tools for navigating the challenges of change**
- **A deeper way of accessing all your energy centers**
- **An expanded capacity for an awakened heart**
- **A growing community of heart-based change agents**
- **A sense of hope for humanity's ultimate destination**
- **A deeper understanding of your divine destiny**

## **Module 1:**

### **The Great Awakening: How You Can Be Part of It**



Humanity is shifting paradigms in nearly every aspect of civilization, and these shifts have tremendous impact on our personal lives. Like an initiation, we are being challenged to awaken to a wiser and more loving state of being. This first Module will highlight the grand narrative of the shift from the love of power to the power of love, along with its implications for our lives and the world. You'll:

- Learn what it truly means to be a love-powered evolutionary
- See how what others have called the Great Turning is really a Great Awakening
- Understand this awakening as a rite of passage, and how you can best meet the challenges of *your* initiation
- Recognize love as an organizing principle
- Balance power and love in your life and in the world
- Re-envision your role as an imaginal cell in the body politic

- Align your personal growth with evolution's natural direction, enhancing everything you do
- Expand your perspective into Big-Picture Thinking

## Module 2:

### Uniting Masculine and Feminine: From Struggle to Harmony



At the foundation of a new era is a rebalancing of gender at every level, from our hearts to our world. In the last era, dominance and control often prevailed over true cocreation. In this module, you'll:

- Travel from his-story to our-story: see the long view of our collective childhood from birth to adolescence
- Learn about Masculine and Feminine archetypes: how they play within and without
- Discover 4 gender "valences" and how they effect you
- Fully appreciate the costs of the lost feminine to society
- Embark on new forms of relationship in the partnership society
- Move into co-creation between masculine and feminine, seeing how both are necessary
- Balance your own masculine and feminine
- Find new levels of intimacy through authenticity
- Approach relationship as the yoga of an awakened heart

## Module 3:

### Embracing the Earth as the Sacred Ground of the New World



Transformation is a lofty ideal, but it has to take place on the earth plane. And that's right where we need it. But we have to be able to *embrace* the earth plane in order to manifest a new world here. Grounding thus becomes an essential value in one's personal life, and in our collective values. In this session, you will learn all about the grounding aspects of the root chakra, its relevance to personal and collective survival, and how to harness its power for the health and wealth of us all. You'll:

- Rediscover the Great Mother, birthing a new world from the womb of nature
- See how the first chakra is related to survival, personally and collectively
- Consecrate the ground of our bodies and the earth as sacred
- Give back to the earth by sowing seeds for health and wealth
- Transform the shadow of materialism to sustainable abundance
- Appreciate sacred economics and how new economies are forming beneath the radar
- Practice staying grounded and manifesting greater abundance
- Enrich your field by enhancing the value of what you have

## Module 4:

### Expanding Your Visionary Capacity to Design a New World



A new world is already forming right before our eyes. Outside the media's constant portrayal of violence and corruption, a new vision is taking shape held in the minds of a growing number of people. Seeing this vision *together* is essential for being able to navigate our way into the future. You'll:

- Break through limited thinking by opening to the infinity of the cosmos
- Enliven the power of the third eye chakra to enhance your visionary capacities
- Find proper alignment through your chakras to enhance inner guidance
- "See" as an active principle of creation, putting the "I" and the "mage" back together for imagination
- Become an artist with reality, using your visionary paintbrush to see a whole new world
- Learn how to bring more beauty into your life and enhance the beauty that is there
- Receive meditation techniques for bringing light into your subtle body for an inner luminescence

## Module 5:

### Reclaiming Your Sensuality to Get Back in Touch



After opening your vision and divine connection in the higher chakras, you'll need to balance that in the body with opening to your natural capacity for pleasure and expansion. When sexuality and sensuality were rendered "bad" or immoral, we lost a vital sense of being in

touch, with ourselves, and each other. This module focuses on how to regain your felt sense of what is pleasurable and healthy and return to the natural flow of vital energy in the body. You'll

- Rediscover the Power of Touch: what happened to sensuality and sexuality and what was the cost?
- Embrace the watery realms of the second chakra and learn to open to more flow in your life
- Cultivate more pleasure in your life for greater health and joy
- See how to make the world a lot more fun and pleasurable for everyone
- Feel your way by melting through the hard stuff and finding your way to ease and grace
- Practice simple movement exercises to release stiffness and blocked emotions
- Bless the sacredness of water and what flows through you
- Recognize the state of water in our world – our most precious commodity and sacred substance

## **Module 6:**

### **Embodying the Full Spectrum of Your Divinity to Create Miracles in Your Life and the World**



We are all part of a grand symphony of co-creation—with each other and with the divine. Our spiritual “practices” help us to play well together, just like musicians in an orchestra must practice in order to play well. The complete spectrum described by the chakra system gives us a profound map for our wholeness and a template for global transformation. When we engage in practices that align our inner chakras, miracles are possible. In this Module, you'll:

- Learn to operate from your deep center
- Embrace your core as the gateway to your inner Divinity
- Align with your life purpose and harvest your divine destiny
- Relate to the divine in 4 ways: immanence and transcendence, invocation and evocation
- Create a portal between the inner and outer world by activating seven archetypal elements as points of connection and influence.
- See how the seven chakras balance and sustain each other for dynamic wholeness and awakened power
- Open to miracle making by learning essential steps to creating what is highest and best for all
- Practice keeping your alignment and activating your chakras
- Integrate in the heart – the center of the chakra system

## Module 7:

### Living from an Awakened Heart Personally and Globally



The spiritual center of the heart is the ultimate destination, formed by the Sacred Marriage—the synthesis of spirit and body, heaven and earth, masculine and feminine. Power ruled by ego is a kind of tyranny, both to yourself and to others, while power guided by vision and love can have an unstoppable potency. Heart-based principles of cooperation and perpetual reciprocity are evident everywhere in nature, but how do we bring these principles into our everyday life? In this module, you'll:

- Understand the fourth chakra principles of integration and balance
- Open to the element air: using the breath for enhanced well being and expansion
- Harness love as an organizing principle to guide your life
- Integrate Divine Masculine and Divine Feminine for the archetypal Partnership known as the Sacred Marriage
- Embrace the result of the Sacred Marriage: the Divine Child of the Future
- Understand and enhance the field of your heart by connecting with Global Heart coherence
- Take it outward by becoming a Love-Powered Evolutionary

## The Love-Powered Evolutionary Bonus Collection

In addition to Anodea Judith's transformative 7-Module course you'll also receive these powerful training sessions with the world's leading visionaries and teachers. These bonus sessions are being offered to further complement what you'll learn in the course and take your understanding and practice to an even deeper level.

### Bonus #1: Sacred Economics

#### Audio Training with Charles Eisenstein and Anodea Judith



Most of us feel we can't really do what we love – what really serves the greater good – because we have to earn money doing something else.

The current economy creates scarcity through debt, bankrupting the environment and subjecting countless people to meaningless jobs that demean their lives and inhibit their ability to actualize their gifts. The result is impoverishment for all. Without a new economic model, doing more of the same is only going to bring us more of the same: vast inequalities and an insatiable appetite for more that consumes every resource.

But there's a way to bring the *sacred* back into economics and actualize the power of the gift. It's a whole new way to look at things, with the possibility of greater abundance for all. In this powerful session, Anodea and Charles explore this powerful possibility, looking at where we are now and where we can go in an empowered way.

**Charles Eisenstein** is the author of *The Ascent of Humanity* and *Sacred Economics*. He speaks worldwide on themes of transition, money, consciousness and cultural evolution. Charles is a true visionary who brings profound insight and hopeful solutions to our financial predicament.

## **Bonus #2: How to Practice Yoga to Balance Your Chakras and Manifest Abundant Health, Peace & Wellbeing**

### **Audio Training with Seane Corn and Anodea**



In this empowering audio training session, world renowned yoga teacher, social activist and icon Seane Corn and internationally acclaimed Chakra expert Anodea Judith discuss how to refine your yoga practice to bring your body, mind and spirit into a deeper alignment so that you can create optimal health and wellbeing on all levels. They will discuss the deeper meaning of Yoga and its practice, as well as explore how to consciously work with the subtle energy system known as the Chakras, to manifest powerful changes in all areas of your life, with a special focus on being of service to the world.

This conversation with two of the most brilliant western minds in yogic practice and philosophy is a rare opportunity and is sure to take your understanding of yoga, the chakras and manifestation into enlightening new dimensions.

**Seane Corn** is an internationally renowned Vinyasa Flow Yoga Teacher and spiritual activist. She is well known for her passionate and inspirational style of teaching and the work that she is involved in throughout the world using yoga for positive social change. Seane created the yoga program at “Children of the Night,” a shelter that houses and educates adolescent prostitutes. Featured in commercials, magazines and named the “National Yoga Ambassador” for YouthAIDS in 2005, Seane now utilizes her national platform to bring awareness to the HIV/AIDS crisis.

Since 2007, she has been training leaders of activism through her co-founded organization Off the Mat, Into the World®. Seane has spent time in India, Cambodia and Africa working with prostitutes and street children, teaching yoga, providing support for child labor and educating people about HIV/AIDS prevention. Seane is also co-founder of the Seva Challenge Humanitarian Tours, encouraging yoga teachers to get involved in awareness and fundraising efforts across the globe. She has a library of self-authored DVDs and CDs available through Gaia, Yoga Journal and Sounds True.

## **Bonus #3: Through the Chakras to the Global Heart**

### **Video Presentation from Anodea**



Join Anodea in this powerful video of a keynote in St. Louis at the Touch for Health conference. This stunning visual journey starts with an introduction to the chakras and then shows how this map for internal evolution applies to the culture as well. Inspiring as to where we are going!

## **Bonus #4: Anodea's Shift Network Archive Package:**

In these three powerful sessions, recorded during exclusive Shift Network Summits and Courses, Anodea shares her insights and great depth of wisdom with you. This audio training package will take your learning to the next level as a powerful complement to the Love Evolutionary course.

- **Waking the Global Heart**  
1-hour Audio training from the Inspiring Women Summit 2013

- **7 Wonders of the Soul**  
2-hour Audio Chakra workshop from 'Sacred Practices' Course
- **How Beliefs Impact your Ability to Manifest**  
1-hour Audio Training from 'Belief Closet' Course

## **Bonus #5: The Illuminated Chakras: A Visionary Voyage into Your Inner World**

### **Video Presentation from Anodea**

This 28-minute, open-eyed, visual meditation from Anodea is a multi-sensory journey into the transformative beauty of the inner world. Follow Kundalini-Shakti, the mystical serpent of awakening, who drives the vital force that opens each chakra. As you journey from base to crown in this fantastic sound and light extravaganza, you will see and experience the elemental reality of each chakra.

## **Bonus #6: Real-Time Evolution**

### **Audio Training with Barbara Marx Hubbard**

Barbara, one of our foremost evolutionary thinkers, speaks in this inspiring 60-minute audio about what it means to be an active part of evolution in "real-time" as we facing increasingly profound tipping points that will determine the very fate of our world .

## **Bonus #7: The Two Sacred Rivers**

### **Audio Training with Andrew Harvey**

In this powerful 60-minute session, Andrew Harvey, world renowned author and scholar, implores us to understand our role as Sacred Activists in these tumultuous times, and how both our inward and outer commitments come together to empower Sacred Action