

Reiki Healing Sessions

1. Usui Reiki
 - a. Cho Ku Rei | Power
 - b. Sei Hei Ki | Harmony
 - c. Hon Sha Ze Sho Nen | Distance
 - d.
 - e. Dai Ko Myo | Master
 - f. Dumo | Unifies Body & Mind
2. Rainbow Ray Reiki
 - a. El San | Eternal Freedom
 - b. El Tor | Divine Chord
3. Atlantis Reiki
 - a. Divine Communication
 - b. Ki Ma Ra | Golden Power
 - c. Elemental Knowledge (Air, Earth, Eather, Fire, Water)
4. Karuna Reiki
 - a. Zonar | Karma
 - b. Halu | Consciousness (third eye)
 - c. Harth | Heart Health
 - d. Rama | Lower to Higher Tuning of Chakras (bottom of foot)
 - e. Gnosa | Awareness (Solar)
 - f. Iava | Ownership (Solar or Heart)
 - g. Shanti | Mystial
5. Reiki Surgery

Reiki Session (Full, General)

1. Greet client, paperwork, and introduction to Reiki
2. Ask to rate over all 1-10 comfort, pain, and happiness
3. Set intentions with client
4. Begin by sweeping clients aura and closing gaps
5. Begin Reiki with the head and work way down to feet
6. Using symbols and intentions that match the needs of the client reviewed in the greeting, and following spiritual intuition through out session
7. Take note of the session
8. Ground the client after session
9. Offer messages and talk about how they feel, rate from 1-10

Detailed Distance Session

1. Connect with client and send/gather info for session

- a. About Reiki and what to expect
 - b. Client forms, agreement and subscription
 - c. The subscription will provide additional access to resources as well
2. Open akashic records and attain only necessary info to encourage their higher good and healing guidance, why me, and spiritual quest/alignment, connect w their higher self
3. Before scheduled time clear self, area, and seal aura with prayers and protection
4. At the time of session, open to Reiki energy and set intentions for clients.
5. Visualize greeting client and Draw cho ku rei, master, distance, master, cho ku rei
6. Invite higher selves, invite to move into healing Home realm, entering through the light and cleansing their energetic/higher light body and any other spiritual guides of ours to assist
7. Lay them down, ask them to relax and begin by cleansing and smoothing aura, introducing our energy fields and healing frequencies
8. Reiki session beginning at head, moving down following intuition in mind
9. When done, tell the client that we will now return fully grounded in our physical bodies and do so
10. When back, state that we are grounded in the present and fully conscious of the effects of this reiki session and it's healing energies within, may it continue to unfold in blessings, healing, and abundance
11. Close the session with Raku and thank them for the experience
12. When done with client, cleanse self, room, and area closing all Reiki, chords, and energy from the session
13. Send an email/message to confirm the ending of the session and instruction to Grounding. Rate from 1-10?
14. Follow up later in the week for testimonials and. If any strong messages came through, note them, and offer a follow up coaching session to discuss things further in a few days