<u>Activities for Unity Playground - Kickoff Event</u> (in bold & starred are higher priority)

Cosplay Theme(s) - **Traditional Folk Costume or 1930s** Daywear/**Speakeasy** Attire, **Rockabilly**/Anime/Harajuku/Little Kitty or other kid-friendly costumes (kindly leave any masks/naughty/scary-costumes/real or fake weapons at home)

Possible Bits/Intro Activities, etc.:

Speakeasy word/phrase (at the door - maybe "I've come to PLAY!) collect donation **Short sketches/artistic** performances, **Cabaret** themed Intro, 2 songs from **SOM**, some **dance tune(s)**, a "kumbaya" moment - join arms in singing towards the end. **Name Tags** (real or aliases, & a label to describe yourself) - like "Debbie the Artist" or

Announcements/Comedy (Steve/Brian KD): a few funny words each on Peace/Unity **Presenters**/Speakers: Plug for PB, A&C, Weirdos, BA, UN, etc.

Welcome Song: intro by Emcee - DB

Rebelle the Girl Rebel" (D/A/L)

Sesame Street: Today's program is brought to you by the letters "U & P" (+ why: A/L)

<u>lcebreakers:</u>

Elevator Pitch - introduce self (in 3rd person) with something that you identify with "Debbie is a creative soul" or "Nova is a Lover of trees"

Stream of Consciousness speaking game: say a word/phrase that comes to mind, or build on last thing said (like telephone?), or pass until ready to speak. (D/A)

Wellness practices:

Sound Circle/Guided **Meditation**/Yoga pose/stretches/tai chi//**martial arts**? (DO/L/N)

Hypnosis Session: guided self-affirmations (CC) - (self hug)

Gratitude Circle/Back Patting over something you did that was good (self & others)

Fun/silly games

Tags on your back: #/letter/fave color/Fruit game - "what fruit am I?" - give clues (DR)

Human Bingo – find people: "Speaks more than one language" or "Has a hidden talent"

Scavenger hunt - collect clues from people (given out when people come in the door)

Cards Against Humanity/Whats your meme? - associate words/phrases, pick best (L) **Cooperative Tasks** - like build a Machine together with sounds/actions (tea pot/whistle)

Mental Workshops

Language exchange - learn words, phrases for unity in other languages (A/D/L/?)

Sharing Mantras/slogans/wise words - a slogan that guides your thoughts/behaviors.

Conflict Transformation Workshop – Lightly facilitated session on how to engage with differing views respectfully; Non-Violent communication strategies (with licensed conflict mediator - L/RK/**JC**/DR).

|Speed Friending – Rotate every few minutes with a prompt to discuss (L)

|Big Talk/Humanity Question Cards - pick questions to ask others & answer yourself (L)

|Fishbowl Conversations – rotate topics like "What Community Means" (break outs)

Story Circles – (e.g., "A time I felt understood").

Values Mapping – Participants place stickers on a board of shared values (e.g., kindness, justice, curiosity) and discuss overlaps (L/A/D)

Poetry Board/Jam/Open Mic (J) – poems, songs, or spoken word pieces (toward end?)

Art Reading: offer your interpretation of a 1930's themed art piece (+ hear speaker-G)

Spontaneous Writing Event - 5 minutes to write about a word/phrase: "Peace" Means?

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Fun/Entertainment:

Unity Playlist – Crowd-sourced playlist of songs that inspire connection and joy (all)

Mocktails - Shirley Temples or Greenish drinks (MIM) - first come, first served!

Group Sing-Along or Drum Circle – build rhythm and unity (DO)

Singalong- one or more songs people may know which give the warm fuzzies! (D)

Arabic/BellyDance/Bollywood/Hula Dance/k-pop - learn some dance moves (D/G?)

Dance Performers: tango/cha-cha/salsa/lindy-hop/interpretive Jazz dance/hula?(D)

Dance Circle or **Flash Mob** – Invite spontaneous movement and celebration (MB/AM)

Fire Performer? (D/K?) - New Zealand style?

Pinata/balloons - for the kids

Face Painting/Henna - for kids or adults (sun star - what kinds of candies?) (D/?)

Collaborative Art Wall – draw, write, or paint messages of unity [or other expressions].

Craft Project - make an artistic fan with inspirational Message (SP?)

Unity Bracelet Making – using beads that represent different values or identities.

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Vogon/Dada/collage - absurdist art (keep it clean)
Exquisite Corpse - 3-part collaborative drawing activity
Music (* indicates priority, **sing-along, ***live sing-along):
As attendees trickle in, start with background music, like:
Blue Skies - Al Joelson <a href="https://youtu.be/Djd1XfwDAQs?si=yYDtl9BdjKk3mHZN">https://youtu.be/Djd1XfwDAQs?si=yYDtl9BdjKk3mHZN</a>
*Put it on the Ritz - Taco <a href="https://youtu.be/YsGiFh1ke44?si=ErLXfagrMoozCaW0">https://youtu.be/YsGiFh1ke44?si=ErLXfagrMoozCaW0</a>
or Fred Astaire Fred Astaire. Put it on the Ritz.
Dream a Little Dream | Pink Martini ft. The von Trapps (Official Music Video)
Transition into Program with music by JP Sousa - like:
■ Vienna Philharmonic - Sousa: Stars and Stripes Forever (Summer Night Conce...
???
As people get seated:
Program Start Music (JB): Ragtime Piano - Entertainer, Maple Leaf Rag, etc.
* The Entertainer on a 1915's Piano & Scott Joplin: Maple Leaf Rag
Background Music & short performances (1900-30's Era/Musical theater):
*Short bits from Cabaret (intro - clean version), & Sound of Music (E/SLF)
You've Got a Friend in Me - Randy Newman | Live from Here with Chris Thile
Bobby McFerrin - Don't Worry Be Happy (Official Music Video)
** Louis Armstrong - What A Wonderful World (Official Video) - sing-along (D)
Joe Cocker With A Little Help From My Friends
Bill Withers - Lovely day (1978) (Remastered)
**Lean on Me by Bill Withers play along with scrolling guitar chords and lyrics
(sing-along?)
*** • Kermit the Frog Sing Along | Rainbow Connection | The Muppets (D/F/Mar?)
* DFFICIAL Somewhere over the Rainbow - Israel "IZ" Kamakawiwoʻole
? • Yusuf / Cat Stevens – Morning Has Broken (Official Lyric Video) - sing-along?
* Cat Stevens - Peace Train
?Bob Marley - Get Up, Stand Up (Live at Munich, 1980)
*Bob Marley & The Wailers - One Love / People Get Ready (Official Music Video)
*** • The Sound of Music - Edelweiss (Reprise) - singalong (play twice)
Here comes the sun with lyrics The Beatles
Katrina & The Waves - Walking On Sunshine (Official Music Video)
R.E.M. - Shiny Happy People (Official Music Video)
**Star-Spangled Banner (sing-along - need conductor - Mr. L?) - "All rise for the SSB!"
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- or Kirk & James Perform the National Anthem (2017 Metallica Night w/ the SF ...

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? Ramones -Blitzkrieg Bop
Katy Perry - Roar - https://youtu.be/CevxZvSJLk8?si=IN_UxglfO_kO8A3Q (L)
*Katy Perry - Firework (Official Music Video) (L)
*Christina Aquilera - Beautiful (Official HD Video) (L)
? Muse - Uprising https://youtu.be/w8KQmps-Sog?si=N05XiDZg2W4-JXXS
? The White Stripes - Seven Nation Army (Official Music Video)
*** Plastic Ono Band - Give Peace A Chance (1969) - (D.O./all musician Jam)
* James Brown - I Feel Good 1965 (Remastered) - [flashmob?, dancers come
forwards1
***? Finale, all available cast: "So Long, Farewell!" -(if we can pull it off! D/A/L/?)
■ The Sound of Music So Long Farewell
(All bow out & make way for the dancers)
-Swing Dancers come to the stage:
*Save Ferris - The World Is New (lindy hop)
*The Brian Setzer Orchestra - Jump Jive An' Wail (lindy hop)
* Elvis Presley - Blue Suede Shoes 1956 (COLOR and STEREO)
*Queen - Don't stop me now
https://youtu.be/HgzGwKwLmgM?si=nwEP1CfnoJJK8iDm
*Pharrell Williams - Happy (Video)*
Mark Ronson - Uptown Funk (Official Video) ft. Bruno Mars
Taio Cruz - Dynamite (Official Video) (MS)
Kool & The Gang - Celebration
Fleetwood Mac - Don't Stop (Official Music Video) [4K] (MS)
■ Sade - By Your Side - Official - 2000
Billy Joel - We Didn't Start The Fire (Official HD Video) (MS)
Other Suggestions:
Latin Jazz? (pianist or on playlist?) - I like it, but am not a connoisseur....
K-Pop - "blackpink" (ask DG 4 suggestions?)
Program End. Clean up begins.
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