

Tags: Iodine kills cancer, cancer testimonials, Breast Cancer, Ovary Cancer, Uterus Cancer, Skin Cancer, thyroid cancer, cancers killed

Iodine Kills & Prevents Cancers

This file:

<http://tinyurl.com/Iodine-Kills-Cancers>

If you have trouble reading this file, install the [Google Chrome Browser](#).

- - - There are known problems with some versions of Windows Explorer Browser

- - - Chrome is lightning fast & a joy to use.

[Our Website](#) Iodine References

Go to the [Curezone Iodine Group](#)

Disclaimer: Always consult with your healthcare professional before taking supplements

We recommend working with an iodine trained (or local Naturopathic/Holistic) doctor for all health problems. Traditional doctors know nothing about iodine & were never trained in Med School about iodine. They have deleted & censored their entire 100+ year history of iodine being a MAJOR medicine for disease.

List of iodine trained doctors here:

<http://breastcancerchoices.org/ipractitioners.html>

This file is for educational purposes only

FREE REPORT

There is nothing for sale and this report is free to everyone. No copyrights and no restrictions. Please share this report with all of your friends & relatives to help us educate everyone about the powers of iodine for optimal health, as documented by leading doctors. You can write magazine articles & books from this report.

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[Dr. Derry](#)

[Dr. Kovalik](#)

[Dr. Sircus, "Prostate Cancer – Treatment Choices"](#)

[Brophy Clinic - IODINE THERAPY - IODINE THE UNIVERSAL MEDICINE](#)

[Dr. Cousens Iodine – Universal & Holistic Super Mineral](#)

[Dr. Mercola - Prostate Cancer Treatment Choices](#)

[International Veritas Association - Bring Back the Universal Nutrient Medicine](#)

[History proves Iodine to be safe & effective](#)

[Special Report by Gabriel Cousens, MD, MD\(H\), DD](#)

[The Iodine Museum - History of iodine](#)

[From 11th Edition of Encyclopedia Britannica 1910-1911 \(Brownstein 2006:8 \)](#)

[The Early History & Discovery of Iodine by International Wellness](#)

[Jock Itch & Dandruff](#)

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Introduction Overview

Cancer is a complex disease which requires multiple factors to cure. This overview skips over all of the details found in following chapters.

Factors controlling Cancers

Diet

Eliminate cancer causing foods and focus on healthy cancer fighting food which are rich in vitamins, minerals & enzymes.

Dr. Lorraine Day refused Surgery + Chemo + Radiation and cured herself with diet: [Video](#).
Cancers thrive on sugars so no cake, liquor, cookies, pop & candy.

Liquids

There are raging debates about the proper liquids to drink. Dr. Gerson insists that only FRESH fruit & veggy juices, 9 glasses per day be taken to maximize necessary vitamins, minerals & enzymes. Other experts insist on High PH liquids to get saliva PH to 7.2 to 7.3 as measured by test strips. All agree that only distilled water be used.

Immune System

We always have cancers & abnormal cells in our body. Our immune system kills these cells via APOPTOSIS. In order to be cancer free we require a healthy diet with required vitamins, enzymes & minerals. The most important mineral is Iodine, which is used by our immune system to kill cancer cells. Iodine deficiency is a major cause of cancers, hormone imbalance, severe problems with breast, ovaries, uterus & prostate.

Hormonal problems contributing to cancers include inadequate levels of progesterone. Micronized Bioidentical Progesterone pills or cream (not synthetic) are available, especially older women into or past menopause.. Hormones originate in the Thyroid, Ovaries & testicles, all require iodine.

Body PH

A low Body PH is a breeding ground for disease of all kinds, including cancers. Measure our saliva using test strips to insure 7.4 to 7.7 PH. Then drink water with baking soda as required to raise PH. [High PH water](#) is also available from Amazon.Com. Video [PH Kills Cancer](#)

Iodine

Iodine is an essential element in our organs, muscles. Toxins such as chlorine have taken over the iodine receptors in our cells, resulting in severe Iodine Deficiency & disease. Iodine deficiency leads directly to a Pandoras Box of disease, including:

- Fibrocystic Breast Disease(FBS) - Cysts in the breast
- Polycystic Ovary Disease (PCOS) - Cysts in the ovaries
- Uterus problems including Endometriosis, Fibroids & Cysts
- Thyroid problems including Hypothyroid, Hyperthyroid
- Muscle problems including Fibromyalgia, cysts
- Male problems including testicle cysts & prostate
- Brain fog

- Related cancers

Doctors report that a minimum of 12mg a day (with selenium) is required for optimal health..

About Dr. Gerson & Optimal Health

We can also benefit from parts of the Dr. Gerson Therapy. See this seminar on Optimal Health, about 2 hrs: <https://www.youtube.com/watch?v=5WyEsN9DzSo> ,

Whatever cancer therapy you are taking, it should be continued for a minimum of 2 years to be certain that the cancer does not return, says Dr. Gerson.

If you have stage 4 Terminal Cancer, then Dr. Gerson has far more strict guidelines that have been proven successful. [Video Seminar](#).

NOTE: Dr. Gerson Therapy is primarily for EXTREME cases of terminal cancers but still includes iodine in his therapy. See Amazon.Com for books on the Gerson Therapy.

The FAILURE of Chemotherapy & Radiation

“Repeated chemotherapy and repeated radiation treatments kill the whole body by degrees. The immune system is hit particularly hard by chemotherapy and often does not recuperate enough to adequately protect from common illnesses, which can then lead to death. Some 67% of people who die during cancer treatment do so through opportunistic infections arising as a direct result of the immune system failing because of the aggressive and toxic nature of the chemo drugs.

What is this if it is not death by doctoring?

(I have personally witnessed a 100% death rate among 10+ friends & relatives given Chemo & Radiation Therapies. = Grizz)

(Iodine Therapy cannot be used with Chemo or Radiation because iodine requires a healthy immune system to do its magic)

“Most cancer patients in this country die of chemotherapy. Chemotherapy does not eliminate breast, colon, or lung cancers. This fact has been documented for over a decade, yet doctors still use chemotherapy for these tumors.” –**Allen Levin, MD UCSF**

The Healing of Cancer

Read Much More: <http://www.cancertutor.com/deathbydoctoring4/>

Google “[Chemo Immune System](#)” for in depth reporting

[The American Cancer Society: Running WITH the Money and AWAY From the Cure - Part 1](#)

[The American Cancer Society: Running WITH the Money and AWAY From the Cure - Part 2](#)

[The American Cancer Society: Running WITH the Money and AWAY From the Cure - Part 3](#)

Get started now, read the details later

I encourage everyone to be skeptical and please read all of the whys, wherefores & the many Dr. Reports in this document. Otherwise here are the shortcuts to get started now.

- Iodine is [required by every cell in our body](#) for optimal health.
- Read the Cancer Testimonials: <http://tinyurl.com/iodine-testimonials>
- This is the Dr. Brownstein Iodine Protocol in just one page. How to supplement with iodine: <http://tinyurl.com/Iodine-Handout>
Because Cancer is an iodine deficiency disease, it may be necessary to titrate up to 300mg iodoral caps daily with required co-supplements as alleged by Dr. Brownstein.
- 10,000+ IU Vitamin D3 is essential for the Immune System, blood test goal 70 to 80 ng/ml - References here: <http://tinyurl.com/Vitamin-D-Report>
- Optimal body pH is essential, Saliva pH 7.0 to 7.4 to prevent disease.
References here: <http://tinyurl.com/Iodine-PH-Levels> Disease LOVES a pH below 6
- DO NOT eat bread or grains as detailed in the book, "[Wheat Belly](#)"
- Eliminate all sugars, sugary drinks. [Cancer thrives on sugar](#)
- [Read the Iodine Cautions.](#) Near the end of this document
- Send your testimonial to the [Curezone](#) to help others suffering with cancers.

Post questions at the [Curezone](#)

Introduction to Iodine For Cancers

Disclaimer-This document is simply a collection of doctor reports & testimonials in the public record, and makes no claims that these reports will cure anything, and are for educational purposes only.

Update 2018: Wife has developed breast cancer and we are using the Dr. Brownstein Iodine Therapy. Stay tuned for updates.

I know that everyone is extremely skeptical, so most of this document is focused on Doctor Reports to verify why iodine is reportedly such a miracle for killing cancer cells.

This report is a work in progress, and is a best effort basis to report the world wide progress being made treating Cancers naturally with iodine. We have discovered there are choices for Cancer Problems, and iodine has been proven to treat cancer problems for over 100 years! Please report your progress, questions & testimonials to us at the [Curezone](#) Iodine Supplementation Support Forum.

This groundbreaking report has been a long time coming, because testimonials are so hard to find, and documentation is scarce. Iodine has also been censored & hidden, with unfair negative publicity / dire warnings about iodine to SCARE people. Everything short of making iodine illegal has been done to make people fearful of using it. They have even buried & censored the fact that iodine has been the most important and popular medicine for over 100 years.

Be careful what you read on the internet, there are gross lies & distortions about iodine designed to frighten people & boost the sale of expensive drugs. I suggest focusing only iodine reports from qualified Doctors: Abraham, Brownstein, Cousens, Flechas, Derry, Davis, & Tenpenny for honest & accurate information about iodine. Google Search for: *"doctorsName iodine cancer"*.

I have discovered the amazing power of Iodine to successfully treat a Pandoras Box of health problems in both men & women in the public record. Iodine is clearly the "Miracle Medicine," as you will see in this report. Cancers & thyroid problems in both men & women. See subjects Cancer & Thyroid here:

<http://tinyurl.com/Iodine-Reading>

Iodine for women has been shown to prevent & treat iodine deficiency diseases such as fibrocystic breast disease, ovary cysts, uterus fibroids, endo, cysts & menstrual problems, brain fog, depression, fibromyalgia, hypothyroid & **related cancers**. See the Iodine Deficiency Listing with references: <http://tinyurl.com/Iodine-Deficiency>

Review the hundreds of miraculous real life Testimonials that we have collected. See Cancer in our testimonials:

<http://tinyurl.com/iodine-testimonials>

How to Take Iodine

We use the [Dr. Brownstein Iodine Protocol](#), fully described in this research report.

<http://tinyurl.com/iodine-references>

Dr. Brownstein and the [Curezone VWT Iodine Group](#) have a > 7 year history of iodine usage. Dr. Brownstein has successfully treated THOUSANDS of patients with his iodine therapy. Dr. Brownstein recommends Lugols Liquid Iodine with co-supplements to start and later switch to Iodoral capsules, available at 12mg and 50 mg dosages. All required supplements are available at Amazon.Com. Dr. Brownstein has [several excellent books](#) that are highly recommended, at Amazon.Com.

Iodine has been used as a MAJOR medicine [for over 150 years!](#)

Here is the Dr. Brownstein Iodine Protocol.

<http://tinyurl.com/Iodine-Handout>

All supplies are available at Amazon.Com. Notice that the Dr. Brownstein Iodine Protocol includes most of the important Vitamins & Minerals to fight cancer, including raising Body pH, iodine, selenium, magnesium, and more. Raising body pH involves using Sodium Bicarbonate recommended by cancer doctors described later in this report.

Books: Curing Cancer with Iodine

Iodine is not Quack Science. Doctors have used iodine to successfully treat cancer for many decades.

[The Iodine Crises](#) Lynne Farrow cured her own breast cancer

[Breast Cancer & Iodine](#) Dr. Derry

[Iodine: Bring Back The Universal Medicine](#) Dr. Sircus

[Iodine: Why You Need It](#) Dr. Brownstein

Cancer Testimonials - Successfully Treated with Iodine

These testimonials should help to convince most skeptics that iodine is effective for cancer problems. *This testimonial is from our neighbor- I gave her Lynne Farrow's book, "The Iodine Cises," and this was the amazing result - Grizz*

"A dear friend of mine has been getting me in the know and I believe it is changing the lives of those around me! I started a friend that was diagnosed with a death sentence of cancer on the Iodine Therapy that is described in this book and she has now been given "no cancer" diagnosis. We went into

it with "what do I have to loose?" and now, "wow, did it get rid of the cancer?" What do any of us have to loose trying to go to natural remedies?

"She had started out with cancer of the uterus in 2000 and then it returned all over her in 2002 she was told it couldn't go in remission but did! Then almost 3 years ago it returned in a tumor that closed off her urine flow so she had to have a cath at all times. We started the iodine therapy one year ago, and within two months her urine flow was going past the cath so we wondered about the cancer's progress. She had been placed on Hospice, so we had to get her off of it before any test could be done. This was finally done in February! Nothing shows up except a 4 cm "spot" on her pubic bone. The bladder scan and pap test were done with no signs of cancer!

"This was what happened with her only up to 50mgs of iodine and I maintaining that.

"In addition to that I might add:

I had been diagnosed with fibrocystic breast disease in 1986. With every Mammogram I have done, I have to return for additional test because of what they see. I started the Iodine Therapy along with my friend in June, 2012. Within two months, my lumps and soreness was gone! I remain at 12.5 mg., and I will continue taking this until somebody shows me a reason to quit!"

<http://forum.jackkruse.com/index.php?threads/the-iodine-thread.943/page-37#post-90248>

Update 08/2016 - The woman who had cancer died from a heart attack last month, and her cancer never came back. Her friend who cured her Fibrocystic Breast Disease is still free of this painful disease.

We now have > 10 more exciting testimonials with more coming in. If your cancer is substantially improved or sent into remission with iodine, please send your story to the Curezone here: <http://curezone.com/forums/f.asp?f=815&p=606>

It will be added to our testimonials to help everyone else.

See Cancer in our [Testimonials file](#)

Comments & Warning: If a person takes iodine without the required co-supplements, damage to the thyroid is very likely. The Selenium is vital & must always be taken with iodine. Iodine gets unfair bad publicity because people are taking iodine without the required co-supplements and instructions from Dr. Brownstein.

Click Cancer in the testimonials index here for more:

<http://tinyurl.com/iodine-testimonials>

Comments on Cancer from the Curezone

[Pour the frickin coals to a cancer with iodine.](#)

[Dr. David Derry, Iodine & Fibrocystic breast disease...](#)

[The Iodine doctors have raised their dosage recommendation for cancer](#)

[Bone Cancer Cured](#)

[Topical Iodine & Skin Cancer 1](#)

[Topical Iodine & Skin Cancer 2](#)

Cancer Research related to Iodine

Links to Iodine Research:

Go to <http://tinyurl.com/Iodine-Reading> & click related subject

Breast Cancer Choices

Cancer

Cancer Videos

Prostate Cancer & Iodine

Breast Cancers & Progesterone

When the "low progesterone" group was compared to the "normal progesterone" group, the women in the low progesterone group had 5 1/2 times the risk of breast cancer. [Link](#)

Breast Cancers & Progesterone

<https://thetruthaboutcancer.com/progesterone-and-breast-cancer/>

The Immune System must be Optimal

If our immune system is deficient, it may not be able to mobilize iodine to kill cancer cells. We need to eat a nutrient rich diet & take supplements to boost our immune system. Most important are Vitamin D3 and iodine. Don't do anything that could damage the immune system.

Stop Drinking or eating anything with Fluoride

Many municipal water supplies are poisoned with Fluoride. Soda Pop can also be made with fluoridated water. Drink only pure distilled water or pure bottled mineral water.

- Fluoride can be found in any food or beverage made with fluoridated municipal water.
- Fluoride depletes the energy reserves and the ability of white blood cells to properly destroy foreign agents by the process of phagocytosis.
- Fluoride confuses the immune system and causes it to attack the body's own tissues, and increases the tumor growth rate in cancer prone individuals.
- Fluoride inhibits antibody formation in the blood.
- Fluoride depresses thyroid activity.
- Fluoride exposure disrupts the synthesis of collagen and leads to the breakdown of collagen in bone, tendon, muscle, skin, cartilage, lungs, kidney and trachea.
- There is more: <http://www.stopthethyroidmadness.com/fluoride-and-your-thyroid/>

Vitamins for Cancer:

- 12 foods to fight cancer:
<http://www.canceractive.com/cancer-active-page-link.aspx?n=531>
- Vitamin D Fights Cancer -
<https://nutritionandhealing.com/2012/12/12/how-vitamin-d-can-slow-down-cancer/>
- Top 5 Vitamins - A, B, C, E, Folic Acid
<http://www.care2.com/greenliving/top-5-vitamins-that-protect-against-cancer.html?page=1>
- [TriBoron & Cancer](#)

Vitamin D3 Geltabs (or plenty of Direct Sunshine) are essential for the Immune System

Vitamin D3 is required to boost the immune system, 10,000 IU Daily Geltabs with Olive Oil, or direct sun exposure without a sunscreen is recommended.

http://www.naturalnews.com/z028357_vitamin_D_deficiency.html

<http://www.jackkruse.com/the-sunshine-of-your-life/>

Vitamin D Blood Test should measure between 70 to 80 ng/ml. Inexpensive at home blood testing service <http://www.vitaminadecouncil.org/about-vitamin-d/testing-for-vitamin-d/>

Take Vitamin D3 for 3 months, then get the blood test. Adjust D3 dosage by 1,000 IU daily to change blood reading by 10 ng/ml. Complete Vitamin D3 References.

[Vitamin D3 Prevents Cancers University of California](#)

Body pH must be Optimal

- [Alkalize for Health](#) - Low pH major factor for cancer
- [A Remarkable Cancer Survivor Story](#) - Ovary Cancer Video - FoodMatters
 - [The Power of the Optimal pH Diet](#) a perfect example - [Optimal pH Research](#)

Dr. Sircus: <http://drsircus.com/cancer/cancer-studies-ph-medicine/>

- pH as measured by urine must be optimal to absorb the required vitamins & minerals. Eat an abundance of multi-colored veggies to boost the Body pH to 6.5 to 7.2. Measure urine with pH Test strips (available at Amazon.Com) and use these 12 steps to boost pH. Low body pH levels below 6.0 provide breeding grounds for disease, including cancers. <http://www.iconperformanceonline.com/?p=3678>
- Optimising pH is also recommended [by Dr. Brownstein.](#)
- **About Body pH** <http://tinyurl.com/Iodine-PH-Levels>
- [The importance of raising pH to kill cancers](#) - Rich Man Poor Man Cancer Treatment
- Boost the pH of water & coffee with a tsp of Potassium Bicarbonate or Baking Soda (Sodium Bicarbonate)
- **Don't Eat Foods that cause health problems.** Surprise - Dr. Davis has proven that wheat has a serious impact on the immune system & causes a Pandoras Box of health problems: <http://tinyurl.com/Wheat-Health-Problems>
- **Excellent Article on the Cancer Diet**, that focuses on all the right foods - I have verified the importance of most of this article. Another look at vital pH levels. <http://www.chimachine4u.com/cancer-diet.html>

Special Report: Cancers & Iodine

See this excellent factual video about Cancer: **The Forbidden Cures** - 1hr 32 minutes. Every minute is a revelation. . The truth about drugs & doctors. Why was iodine, that was THE major medicine for over 100 years buried & discredited? The shocking facts are exposed in this video: If it can't be patented, they will make it illegal or discredit it.

Please don't miss this important video. It is well worth 1.5 hrs to watch:

http://www.youtube.com/watch?v=gWLrfNJICeM&feature=player_embedded

Related [Gerson Therapy Book](#)

Related [Essiac Tea Book](#)

Related Dr. Sircus [Iodine Kills Candida Albican fungus](#)

Cancers THRIVE on sugars

Don't drink sugary liquids, important to avoid sugars & high carb foods, cancers THRIVE on sugars. High carb foods are converted directly into blood sugar. A ketogenic diet is recommended Details:

<http://wellcommons.com/weblogs/health-beat/2011/mar/29/we-all-carry-cancer-cells-and-our-bodies/>

What do Doctors Recommend for Cancers?

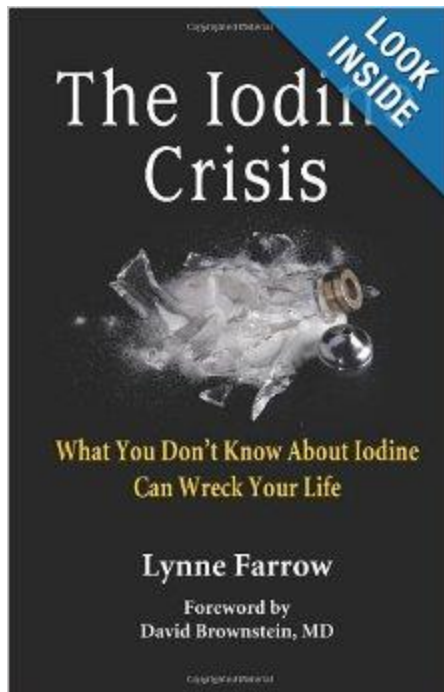
Of course we know that chemotherapy, radiation & surgery are the standards for cancers.

- But now we have a great deal more to do. Iodine doctors suggest we can power up our immune system with an optimal diet, vitamins & iodine to kill cancer cells via Apoptosis.

Iodine has been proven to kill cancer cells via the Immune System

There is no known cure for cancer and iodine does not cure cancer. However, it has been proven that the immune system uses iodine to kill cancer cells at their earliest stages, in a process called [Apoptosis](#). There are [ALWAYS cancer cells in our body](#), and they are routinely killed off by our immune system & apoptosis.

However, the Immune System must be optimal for iodine to be used effectively. See *Cancer* here for photos & complete details of why iodine kills cancer. <http://tinyurl.com/Iodine-Reading>



Author Lynne Farrow used iodine to put her stage 3 breast cancer into remission,

She fully describes her cancer research & why iodine kills cancer cells in her excellent book. [The Iodine Crisis](#). She also includes many testimonials and explains the History of Iodine.

More excellent books on the miraculous powers of Iodine: <http://tinyurl.com/iodine-books>

The Silent Epidemic of Iodine Deficiency

You will learn of iodine deficiency profound impact on overall health. You will discover iodine's vital role in thyroid function and its link to **obesity, cognitive impairment, heart disease, psychiatric disorders, and various forms of cancer**. You will also find out how iodine can help ward

off **breast cancer** and **fibrocystic breast disease**....

These biological factors explain the well-known link between iodine deficiency and thyroid disease, **thyroid cancer, and breast cancer**, **Gastric cancer** is the most common cancer in parts of Turkey

http://www.lef.org/magazine/mag2011/oct2011_The-Silent-Epidemic-of-Iodine-Deficiency_01.htm

There may be hope for those with cancers

Therefore, based on all of these references that the immune system uses iodine to kill cancer cells, it is very clear that there may be hope for people suffering with cancers. If your cancers are helped with the Dr. Brownstein Iodine Protocol, please post your results & Testimonial at the [Curezone Iodine Group](#).

Iodine & Cancers

"Iodine supports apoptosis. From a broader perspective, one of iodine's major functions, in conjunction with oxygen, is to support the process of apoptosis (programmed cell death of unhealthy cells), **to protect against cancer and facilitate youthing.**

Iodine activates hormone receptors and helps prevent certain forms of cancer. The primary cause of cancer, from an energetic perspective, is mitochondrial failure. It is clear that the prevention of cancer, **particularly cancer of the breasts, thyroid, ovaries, stomach, and esophagus, is increased with iodine sufficiency.** Iodine serves to prevent lipid peroxidation especially in breast cancer. **Deficiencies of iodine also increase the incidences of breast cancer."**

<http://www.godlikeproductions.com/forum1/message1906111/pg1>

Iodine & Skin Cancers

See Testimonials here

Iodine kills skin cancer, leaves fresh new skin

<http://www.curezone.org/forums/fm.asp?i=2100260#i>

Using an eggplant on skin cancer

<http://www.curezone.org/forums/fm.asp?i=1845931#i>

Iodine Mixed with DMSO

Mix Lugols 5% iodine with 50% DMSO and apply above the tumor in alternating stripes each day. DMSO is a carrier that carries iodine deep into the tissues to kill cancer cells.

<https://cancerwontbeatmedotcom.wordpress.com/2015/06/01/healing-at-home-dms0-and-iodine>

Many more links to be found with a google search "Iodine DMSO cancer"

Thyroid Cancer

The Horrible TRUTH about RAI.

"There are a growing number of patients using iodine supplementation to treat thyroid cancer, or recurrences. Iodine-literate doctors around the country are seeing success as their patients are able to combat cancer and other serious medical problems through iodine supplementation. Some patients are starting to recognize the correlation between iodine deficiency and cancer BEFORE their nodules become cancerous, and are having success in shrinking nodules with iodine and thyroid supporting nutrients like selenium. Selenium is an important thyroid supporting nutrient and deficiencies have been linked to thyroid cancer. Others have seen their cancer markers decrease when supplementing with iodine after RAI didn't fully eliminate the cancer from their bodies." Much more here:

<http://www.stopthethyroidmadness.com/rai/>

Best Doctor Links to Cancers & Iodine:

I know that everyone is extremely skeptical, and should be, so here are the doctor reports that help to prove that iodine (with required co-supplements) can indeed kill cancers.

Dr. Buist

Dr. Buist video describes how iodine saved her life from Thyroid Cancer:

<https://www.youtube.com/watch?v=w58dw0V0zk>

Dr. Buist Thyroid Cancer Story in detail: <http://www.naturalthyroidchoices.com/MyStory.html>

Dr. Flechas

- Dr. Flechas **Iodine Kills Cancer Cells through Apoptosis** - Video Seminar explains: @37.0 minutes in, Q&A Follows
http://www.youtube.com/watch?feature=player_embedded&v=uc4Q3kzBSc4
- Iodine Deficiency leads to Cancer: <https://www.youtube.com/watch?v=EoMfg76gAUo>

Dr. Brownstein

- The consequences of iodine deficiency are severe: mental retardation, lowered IQ, attention deficit hyperactivity disorder (ADHD), infertility, thyroid problems, and **cancer of the breast, prostate, ovaries, thyroid and uterus....** Adequate iodine levels are necessary for proper immune system function. Iodine contains potent antibacterial, antiparasitic, antiviral, and anticancer properties. **Iodine the Anti-Cancer Agent:** Dr. Brownstein has also noticed clinically that iodine can cause tumors to shrink and die from the center out. He's found similar results with nodules and cysts in the thyroid, ovaries, and uterus after instituting supplementation with iodine.
- Dr. Brownstein on Cancer Video: <https://www.youtube.com/watch?v=tZJ9Bcgjgzc>
- The research and clinical experience of Brownstein and his colleagues maintains that iodine is an anticancer nutrient that promotes apoptosis when taken in doses far exceeding the RDA, and that chronic deficiencies and the body's inability to properly utilize iodine set the stage for cancers of hormone-sensitive tissues and glands, such as the breasts, ovaries, uterus and prostate.
http://www.naturalnews.com/023107_iodine_body_thyroid.html
- "After only six weeks of taking the higher iodine dose, Joan's PET scan showed that all of the existing tumors were disintegrating, particularly in their central areas. "I am so grateful for this information as it is surely saving my life" Joan remarked. <https://w3.newsmax.com/LP/Health/DRB/Brownstein-Iodine>

- **Why You Need Iodine to Prevent Breast and Prostate Cancer** Very few nutrients have been shown not only to prevent cancer but also to put cancer cells in apoptosis (conversion to cells that die instead of proliferate). And iodine can accomplish both! Every cell of your body uses iodine, but iodine is especially important to your white blood cells, which are your first line of defense against infection and emerging cancer cells.
<http://w3.newsmax.com/newsletters/brownstein/cancer.cfm>
- **Cancer Photos going into remission - case studies**
<http://guardianlv.com/2013/01/jd-breast-cancer-iodine-therapy-may-put-cancer-into-remission/>
- Dr. Brownstein said he was using 200 to 300 mg iodine with his prostate and breast cancer patients with those who have metastases needing the highest dosages. http://www.bibliotecapleyades.net/ciencia/ciencia_influenza66.htm
- I have suggested that people put iodine into a nebulizer for aerosol treatment for transdermal effect into the lung tissues in the case of lung cancer, emphysema, asthma and tuberculosis. <http://drsircus.com/medicine/iodine/iodine-dosages>

Dr. Dach

Iodine is the key to breast cancer prevention as proposed by the following list of prestigious doctors: Guy Abraham, MD (1), Robert Derry MD PHD (2) (3), David Brownstein MD (4)(5), George Flechas MD (6)(20), Donald Miller, M.D. (7)(8)

<http://www.drdach.com/Iodine.html>

"Iodine, a well known topical antiseptic and antimicrobial agent, also directly kills cancer cells and serves as the key player in our body's surveillance system for removing abnormal pre-cancer cells. There is considerable medical research to support this statement."

<http://jeffreydachmd.com/breast-cancer-prevention-with-iodine/>

"Iodine Treats Breast Cancer, Overwhelming Evidence, with photos"

<http://jeffreydach.com/2009/11/13/iodine-against-breast-cancer-the-overwhelming-evidence-by-jeffrey-dach-md.aspx>

Dr. Derry

Lugol's daily in water,... will gradually eliminate the first phase of the cancer development ... so no new cancers can start. It also will kill abnormal cells floating around in the body at remote sites from the original cancer. ... qualifies as an anticancer agent.

<http://www.health-science-spirit.com/iodine.html>

Dr. Kovalik

"If iodine solution is placed directly on the skin over a nodule or tumor the iodine displaces the cancer cells and shrinks the tumor. It is also important to take iodine solution orally that has both forms of iodine and iodide (Lugols or Iodoral) because certain tissues only respond to either

iodine or iodide. Therefore it is most beneficial to take both for overall preventative and protective purposes.”

<http://drchristinakovalik.com/iodine-has-been-shown-to-kill-dissolve-cancer/>

Dr. Sircus, “**Prostate Cancer – Treatment Choices**”

We have to revisit the 1930s when iodine was still a universal medicine, present in the US Pharmacopeia and was used at much higher dosages than anyone even dreams of using today. The usual dose for treatment was 300 mgs (46 drops of full strength Lugol's) to 1 gm (1000 mg, 154 drops). It is very important to realize that today's Lugol's is not universally the same as it was because of new federal legal requirements about concentration levels, where Lugol's is now regulated to 2% & 5%

<http://drsircus.com/medicine/iodine/iodine-dosages>

-both prostate problems and prostate cancer, primarily as a result of poor diet and increasing environmental pollution.
- Boron has amazing properties against prostate cancers.
<https://www.lifeextensionvitamins.com/bomabojonean.html>
- One man in six will get prostate cancer during his lifetime.....
- Most die of something else before prostate cancer becomes a problem.”
- “No therapy has been shown superior to another,”
- **“The real impact and tragedy of prostate cancer screening is the doubling of the lifetime risk of a diagnosis of prostate cancer with little if any decrease in the risk of dying from this disease.”**
- “Our study raises a very serious questions of whether a man should even use the PSA test for prostate cancer screening any more. the test now indicates nothing more than the size of the prostate gland.....
- *Complications of ill advised prostate cancer treatments include urinary incontinence and erectile dysfunction, both difficult to reverse and both significantly decreasing the quality of life....*
- *There is a list of natural nutritional agents that are helpful in treating prostate cancer including getting lots of sun exposure to drive up **Vitamin D** levels, which costs virtually nothing to do.*
- ***Iodine is also a key component because reduced iodine levels in the breasts, ovaries, thyroid and prostate glands predispose one to higher cancer risk....***
- ***“Lugol’s iodine solution used by the medical profession for 100+ years. One drop (6.5 mg per drop) of Lugol’s daily in water, ,,,, will gradually eliminate the first phase of the cancer development and for fibrocystic disease of the breast so no new cancers can start.***
- ***Iodine will also kill abnormal cells floating around in the body at remote sites from the original cancer.***
- ***Of course this approach appears to work for prostate cancer as prostate cancer is similar to breast cancer in many respects.***
- ***Indeed, it likely will help with most cancers.”.....***

- *The men who had taken selenium had 63 percent fewer prostate cancers, 58 percent fewer colorectal cancers, 46 percent fewer lung cancers and overall 37% fewer cancers.....*
- *Magnesium also required....*
- *First is sodium bicarbonate therapy, (which raises body pH)...Our body pH is very important because pH controls the speed of our body's biochemical reactions. It does this by controlling the speed of enzyme activity as well as the speed that electricity moves through our body.....*
- *Prostate cancer demands we systemically increase the pH*
- <http://drsircus.com/cancer/cancer-studies-ph-medicine/>

Also read the [Dr. Sircus books](#). MUCH more in this great article.

<http://drsircus.com/medicine/cancer/prostate-cancer-treatment-choices>

For more on pH see this: <http://tinyurl.com/Iodine-PH-Levels>

Dr Sircus on Breast Cancers:

<http://drsircus.com/iodine/iodine-breast-cancer-treatment/>

Brophy Clinic - IODINE THERAPY - IODINE THE UNIVERSAL MEDICINE

- Iodine deficient humans suffer from physical, neurological, mental, immune and reproductive disease. Iodine is concentrated firstly in the thyroid tissue and after that mostly in reproductive tissue.
- Iodine plays a crucial role in the body's elimination system by inducing apoptosis, or what is called programmed cell death. This is vital because this process is vital to growth and development, and for destroying cells that represent a threat to the integrity of the organism, like cancer cells and cells affected with viruses.
- Iodine is commonly known as the element necessary for thyroid hormone production. Every single cell in your body needs iodine to function properly.....
- It has been proven that iodine deficiency can lead to fibrocystic breast disease and/or ovarian cysts. Iodine can similarly reduce uterine fibroids and one of the first conventional medical treatments for severe fibroids was to paint the uterus with iodine.
- So all reproductive disorders in addition to **thyroid cancer or nodules on the thyroid are affected by iodine deficiency. They can be prostate cancer, breast cancer, uterine cancer, ovarian cancer, and testicular cancer.**
- **A lack of iodine causes a spectrum of disorders, Iodine deficiency can cause breast cancer, uterine cancer, ovarian cancer, prostate cancer, testicular cancer,**
- Ideally, everyone should be tested for iodine deficiency with the [IODINE LOADING URINE TEST](#). MUCH MORE in this article

<http://joannebrophy.com/programs/iodinetherapy.htm>

Dr. Cousens Iodine - Universal & Holistic Super Mineral

- The history of iodine & why it works so well,.....
- it is important to realize that the thyroid is only one gland of many glands and tissues that needs [iodine](#). Other glands/organs/systems with high iodine uptake are the breasts, ovaries, cervix, blood, lymph, bones, gastric mucosal, salivary, adrenal, prostate, colon, thymus, lungs, bladder, kidney, and skin.

- One of iodine's major functions, in conjunction with oxygen, is to support the process of apoptosis (programmed cell death of unhealthy cells), to protect against cancer.....
- In the treatment of **prostate and breast cancer**, it is reported in Dr. Sircus' book that Dr. Brownstein uses between 200 and 300 milligrams of iodine daily, with higher doses for more serious and difficult diseases. In perspective, this seemingly "high" dose is still far lower than what the 11th edition of the 1910-1911 Encyclopedia Britannica cites as the "usual" doses of 300-900 milligrams (300,000 to 900,000 micrograms!) of iodine daily.....
- **Iodine supports immune function**.....Iodine plays a role in the physiology of inflammatory responses. This is important in the immune system. Iodine increases the movement of granulocytes into areas of inflammation and improves the phagocytosis of bacteria by granulocytes and the ability of granulocytes to kill bacteria.
- Since all disease is associated with inflammatory response, iodine becomes key for youthening the body.....Much more...

<http://www.treeoflife.nu/DRCOUSENS/DRCOUSENSBLOG/tabid/364/language/en-US/~Default.aspx?tabid=364&PostID=169&language=en-US>

Dr. Mercola - Prostate Cancer Treatment Choices

- Iodine is also a key component because reduced iodine levels in the breasts, ovaries, thyroid and prostate glands predispose you to higher cancer risk.....
- Vitamin D3 is vital ----
- Selenium is vital ...
- Magnesium to Reduce Your Prostate Cancer Risk...
- Researchers found men consuming the most dairy products had about 32 percent higher risk of developing prostate cancer ...
- Boost your pH with Sodium Bicarbonate important....
- Transdermal iodine therapy can be traced all the way back to the American Civil War when iodine was used as a universal medicine.
- Iodine can also be applied directly to the prostate tissue areas transdermally , or applying it liberally to genital areas and the perineal region as an adjunct to oral dosing. Much more here:

<http://articles.mercola.com/sites/articles/archive/2009/08/20/prostate-cancer-treatment-choices.aspx>

International Veritas Association - Bring Back the Universal Nutrient Medicine

-iodine is absolutely necessary for a healthy thyroid as well as healthy ovaries, breasts and prostate.

- Iodine also will kill abnormal cells floating around in the body at remote sites from the original cancer. Of course this approach appears to work for prostate cancer
- Iodine deficiency means we are significantly more vulnerable to thyroid malfunction, endocrine/hormonal imbalances, **breast cancer, ovarian cancer and prostate cancer**. ...
- So essential is iodine for life that those who are deficient in it suffer from a wide variety of afflictions (**including cancer**)....
- Iodine also rids the body of abnormal cells meaning it qualifies **as an anticancer agent**.....
- The greatest benefit of high iodine intake is its effectiveness in killing Candida and other fungi and microbes. This may also be a reason for its effectiveness with **breast cancer and fibrocystic disease in breasts, ovaries and uterus**.
- The secret of this success may be the fact that both iodine and fungi have an affinity for the mucous membranes. By keeping the mucous membranes healthy iodine greatly helps to overcome autoimmune diseases, sinus problems, asthma, **lung cancer**, and other lung problems, and also intestinal diseases, including inflammatory conditions, **and cancers**.

<http://www.health-science-spirit.com/iodine.html>

History proves Iodine to be safe & effective

Iodine has been used extensively as an effective medicine for well over 100 years, and has only recently been censored by the drug companies and removed from Med Schools Training since WWII.

Special Report by Gabriel Cousens, MD, MD(H), DD

- In 1911, 900 milligrams daily were considered usual and safe doses.
- In 1950 the Japanese had 100 times more iodine in their diet than Americans. In 2001 they had 202 times more iodine than Americans and were using up to 13.8 milligrams daily!
- A shocking 96% deficiency in Americans
- Iodine is found in every single one of our body's hundred trillion cells. Without adequate iodine levels life is impossible.
- Iodine is the universal health nutrient that brings health on many levels.
- Higher dosages were used in 1917 through 1922, when Dr. David Marine proved that iodine reversed goiter in a study in which 2,000 school girls were given an equivalent of 18.6 milligrams daily (18,600 micrograms day) for 2½ years with a dramatic success rate.
- In 2003 Dr. Zhang showed that 100 mg potassium iodide reversed lung cancer tumors in mice.

- In 1993, Dr. Ghent administered to 1,368 patients 5 milligrams (5,000 micrograms) daily with no evidence of the WolfSChaikoff theoretical problem of hypothyroidism.
- The Iodine Project, from 1997 through
- 2005, Dr. Abraham, Dr. Brownstein, and Dr. Flechas followed 4,000 patients and administered 12.5 to 100 milligrams daily, with 100 milligrams administered to diabetics primarily, because low thyroid function is also associated with Type 2 diabetes. They had positive results with only three adverse reactions out of 4,000 people (possibly allergic reactions to the binding agents, excipients, fillers, preservatives or synthetics commonly found in tablets, capsules as opposed to the bioavailable form of iodine itself).
- Glands/organs/systems! with high iodine uptake are the breasts, ovaries, cervix, blood, lymph, bones, gastric mucosal, salivary, adrenal, prostate, colon, thymus, lungs, bladder, kidney, and skin.
- There are more than twenty two functions of iodine! These important! functions!include-
Read report for details

<http://www.gabrielcousens.com/LinkClick.aspx?fileticket=LghQRidoLyU%3d&tabid=364&mid=6700&language=en-US>

The Iodine Museum - History of iodine

<http://iodinehistory.blogspot.com/>

From 11th Edition of Encyclopedia Britannica 1910-1911 (Brownstein 2006:8)

“In medicine, iodine is frequently applied externally ... and in the treatment of many conditions usually classified as surgical. The usual doses of these iodine salts are from 300mg to 900mg. Their pharmacological action is obscure just as their effects in certain diseased condition are consistently brilliant and unexampled. Our ignorance of their mode of action is cloaked by the term deobstruent, which implies that they possess the power of driving out impurities from the blood and tissues. The following is a list of the principal condition in which iodides are recognised to be of definite value: metallic poisonings, as by lead and mercury, asthma, aneurism, arteriosclerosis, angina pectoris, gout, goitre, syphilis, haemophilia, Brights's disease (nephritis) and bronchitis.”

It is now suggested that **iodine deficiency is one of the main underlying causes of many varied illnesses including thyroid disorders, chronic fatigue, fibromyalgia, cancer (including cancers of the breast and prostate)** and many other health issues including fibrocystic breasts and ovarian cysts. (Brownstein 2006:54, 25) Animal studies show that **iodine prevents breast cancer** and cures fibrocystic abnormalities in their breasts. (Miller 2006)

Iodine is the safest of all the essential trace elements being the only one that can be administered safely for long periods in daily amounts as high as 100,000 times the RDA.

[Read the rest of this story](#)

The Early History & Discovery of Iodine by International Wellness

<http://www.mnwelldir.org/docs/history/iodine.htm>

Jock Itch & Dandruff

The 50% water, 50% Lugols iodine mix kills nasty stinking Jock Itch on contact. This works because iodine is the best antiseptic & antibiotic that exists. It even kills the dreaded MRSI [antibiotic resistant Super Bacteria](#). The same mix when applied to the scalp ends dandruff on contact for 2 or more months.

Iodine Cautions

Hashimotos

If your doctor thinks you have Hashimotos, a problem with the thyroid where the immune system attacks the thyroid, then It is necessary to take selenium BEFORE taking iodine to clear up the Hashi:

- The important key for Hashi is to start selenium first to protect the thyroid cells from oxidative damage from hydrogen peroxide used to incorporate Iodine into thyroid hormone. After two weeks, it is safe to start the iodine supplementation.
- "Selenium and Thyroid More Good News" - Jeffery Dach
<http://jeffreychmd.com/2014/01/selenium-thyroid-good-news/>

For more on Hashimotos & Thyroid Storm, see the links in Hashimotos here

<http://tinyurl.com/iodine-hashimotos>

Skin painting with iodine

Iodine >>WILL<< cause severe dermatitis if applied to the same skin area every day. We solve this problem by painting grapeseed or coconut oil over the iodine patch to prevent skin problems. This is clean and not at all messy. Also, painting the skin just above the cancer helps to get iodine into the cells.

Detox

A caution about using iodine. We have been inundated with the toxins Fluoride (drinking water), Bromide (bread & wheat products), & Chlorine (pesticides in farming & in water). These toxins displace what little iodine we have in our cells. Here is why:

<http://www.freegrab.net/Iodine%20update.htm#section18>

Every cell in the human body requires iodine, and we get sickly when toxins displace our vital iodine, especially from reproductive organs in men & women. As we take in iodine with required co-supplements, toxins are sent into the blood stream to be removed by the liver & kidneys. If we take too much iodine too soon, then we will suffer Detox Symptoms, typically headaches, skin rashes, bloat. Additional detox symptoms listed:

<http://breastcancerchoices.org/bromidedetoxsymptomsandstrategies.html>

So it is VERY important to take the co-supplements required by Dr. Brownstein, and to titrate as quickly as possible from 1 drop of Lugols 5% to 200 to 300mg of iodoral capsules. We expect

temporary detox symptoms of pimples, skin rash, bloat, headaches.

<http://tinyurl.com/Detox-Help>

Not everyone suffers detox equally. Some have severe detox with just 1 drop of Lugols & others have minimal detox starting at 100mg. In view of a growing cancer, each person must make their own decision on detox symptoms vs titrating speed. Do the salt flush & Pulse Dosing if detox gets too bad.

<http://tinyurl.com/Iodine-Handout>

Iodine is not a health problem

As proven over and over at the Curezone Iodine Group, and by Dr. Brownstein, other iodine doctors,

<http://curezone.org/forums/f.asp?f=815&p=604>

there is no danger in taking iodine up to 500mg. These folks have 5+ years of experience taking iodine, and actually recommend STARTING iodine at 100+mg a day. (I don't advise this & neither do the iodine doctors) Also here is one of many doctor reports on why iodine is NOT a problem:

<http://www.gabrielcousens.com/LinkClick.aspx?fileticket=LghQRidoLyU%3d&tabid=364&mid=6700&language=en-US>

Also because iodine was used as a major medicine for 150 years prior to WWII . In addition, iodine is required by every cell in the human body, especially the reproductive organs, the immune system & thyroid.

Bottom Line:

If anyone wants to try natural iodine for your cancer, I would appreciate your feedback at the [Curezone Iodine Group](#). I will include your feedback in my files, and author Lynne Farrow is also looking for testimonials from cancer patients for her book, "[The Iodine Crises](#)" There is a world wide iodine community to help everyone at the Curezone.

Work with an Iodine Trained Doctor

It is recommended to work with your Naturopathic/holistic Doctor for all treatments using vitamins, iodine & minerals. See these listings for Iodine Trained Doctors:

<http://breastcancerchoices.org/ipractitioners.html>

http://www.acamnet.org/site/c.ltJWJ4MPIwE/b.5420171/k.76F0/Integrative_Medicine_From_ACAM_the_voice_of_integrative_medicine.htm

Traditional doctors know nothing of iodine & were never trained in Med School about iodine. They have deleted their entire 100+ year history of iodine being a MAJOR medicine for most disease, in favor of expensive drugs, radiation & surgery. See more in History of Iodine. This comes through loud & clear in our testimonials for Fibrocystic Breast Disease, where doctors routinely prescribe mastectomies when iodine cures the

disease reliably within months or even weeks.

[Iodine Web Site](#)

Please help to support the Curezone with a contribution

If you found any of this information helpful, please make a donation - Grizz

<https://sites.google.com/site/iodinereferenes/donate-to-the-curezone>

Best wishes to all,
Grizz