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Title : Bahnschrift 11, Bold's left and right flat position, Consists of 12-15 Words, typed in capital letters at the beginning of each word according to the rules of Language, Latin names, foreign terms typed in italics; The title is primarily provocative and directly highlights the uniqueness or novelty of the research.

Times New Roman 11: The first author¹, The second author², The third author³

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Author and Affiliation Name: include the full name without a degree, in order by contribution, followed by the description of the institution (department, faculty, university) and the email address of the author of the correspondence.

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ARTICLE INFO

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ABSTRACT

An abstract is written in 9-point Times New Roman, consisting of only 1 paragraph (typically about 250 – 300 words) with 2 – 5 keywords. It is written in English and is usually placed under the author's name. While it briefly addresses the background, method, result, and conclusion, it should not present tables, references, unexplained abbreviations and acronyms, and information and conclusion not contained in the body of the paper.

ABSTRAK

Abstrak ditulis menggunakan Times New Roman 9, terstruktur (200 – 300 kata), hanya terdiri atas 1 paragraph dengan 2 – 5 kata kunci (*key words*). Abstrak dicantumkan di bawah nama penulis dalam bahasa Inggris. Komponen abstrak terdiri dari *Background* (latar belakang), *Objective* (tujuan), *Method* (metode), *Result* (hasil), dan *Conclusion* (kesimpulan). Tidak mencantumkan tabel, rujukan, singkatan dan akronim yang tidak dijelaskan, tidak memuat informasi atau simpulan yang tidak ada dalam naskah.

INTRODUCTION

A good introduction is built on four main pillars: a clear formulation of the problem, a description of the current situation, a review of the literature (state of the art) that summarizes the course of the related research, and the identification of the research gaps that are the basis for the importance of this study being conducted. This section is typed with a capital heading (Bahnschrift 11) and should be able to explain the background, urgency, and purpose of the proposed problem-solving.

Articles are compiled using Microsoft Word on A4 paper with a Bahnschrift format of size 11 and a single space. Authors must ensure that the length of the article does not exceed 5,000 words in total. As a guarantee of originality, each manuscript will be verified using.

METHOD

The method section must comprehensively describe the technical aspects of the research, including the type and design of the research, population and samples, sampling techniques, data collection and management procedures, and data analysis and interpretation. The author can present this section by using sub-headings to ensure systematic detail and order. Alternatively, methods can be written in the form of a complete narrative without sub-headings, as long as they still include all the essential components, namely: **the type of study, the location and duration of the study, the population and samples, the instruments and materials, and the techniques for processing and analyzing data.**

RESULT

The results of the research can be presented in the form of Tables, Graphs/Figures, or Narratives. The main principles that must be adhered to are efficiency and non-redundancy; The same data is not allowed to be displayed twice (for example: data already in the table doesn't need to be graphed anymore, just select one). The systematics of data presentation started from demographic characteristics, followed by univariate, bivariate, and multivariate analysis. This section contains purely a description of the data findings without being accompanied by interpretation, in-depth discussion, or literature citations.

Format Conditions: Image/Graphic: If using visuals (photos, graphs, diagrams), use .jpg file format. The image is placed in the center, with the image title at the bottom. Use a size 11 Bahnschrift font with a single space. Tables: Tables must be presented in an open table format (using horizontal lines only, without vertical lines). The table is positioned in the middle, but the table title is placed in the top left. Please refer to the example of an article that has been published for proper visualization.

Tabel 1. Karakteristik Responden.....

Kelompok Umur	Jumlah	
	n	%
17-25	3	10,8
26-35	16	57,1
36-45	7	25,0

46-55	2	7,1
Total	28	100

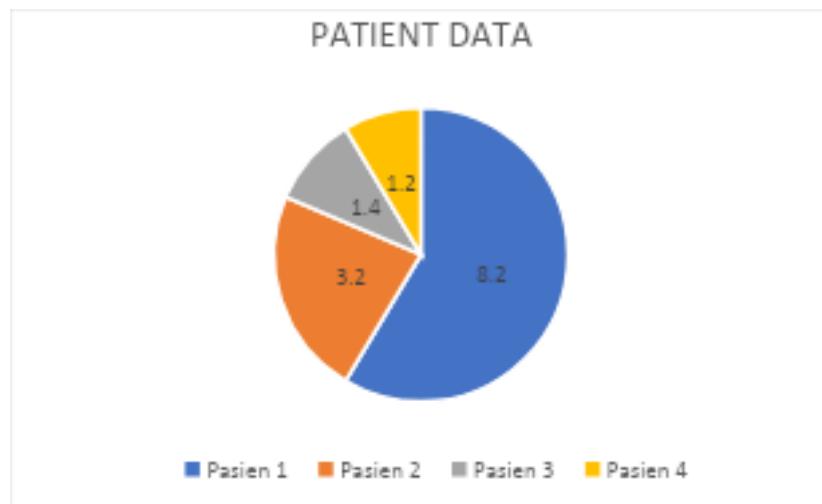


Figure 1. Distribution of Lecturers' Tenures

Each figure has an explanation underneath it to explain the meaning of the result in the image.

Table 1. Relationship and Prevalence of Sociodemographic Factors with CVD in Coastal Residents in Konawe, Southeast Sulawesi

Risk Group	Factor	Soropian Coastal Communities			
		Logistic Regression Variables in the Equation			
		Sig (2-sided)	Exp (B)	Lower Bound	Upper Bound
Sociodemographic Group Risk Factors:					
Age		0.043	0.378	0.148	0.969
Gender		0.448	2.476	0.238	25.752
Work		0.424	1.962	0.376	10.244

Each table and figure has an explanation underneath it to explain the meaning of the result in the image or table.

DISCUSSION

The discussion section aims to interpret the meaning behind the data, not just repeat the exposure of statistical figures. Authors are required to conduct scientific dialogue by comparing research findings against established theories or expert opinions in their fields. If the research results are in line (confirm) or contradictory (contradictory) with previous studies, the author is obliged to provide a scientific argument supported by reliable references to explain the cause.

In addition to comparisons, authors are encouraged to synthesize or formulate new hypotheses based on related findings, which must also be validated with adequate literature. This discussion must include an in-depth interpretation and contextualization of research results to the latest information (state of the art). References used in the

discussion are preferably from reputable journals, accredited journals, or articles published at PPHJ within the last 8 years.

CONCLUSION AND SUGGESTION

The conclusions are prepared as a direct answer to the research objectives that have been set in the introductory section. The author is obliged to ensure consistency between the objective formulation and the closing statement. This section should be written concisely and concisely, contain the essence of the research findings without lengthy descriptions, and end with constructive recommendations for future research development.

References must be written in Vancouver style using Mendeley/EndNote/Zotero reference manager with a minimum of 20 sources published in the past 8 years. An example is provided below.

REFERENCES

Acknowledgments

This section is dedicated to giving appreciation to parties—both individuals and agencies who have provided significant support during the research process but do not meet the criteria as co-authors.

Funding.

If this research is funded by a grant or sponsor, the author is required to include the name of the funding institution along with the contract number or grant decision letter in full.

Contributions of Each Author.

Authors should uphold academic transparency by declaring the specific role of each contributor in this study. Contribution declarations can be tailored to the taxonomy of relevant roles (e.g., conceptualization, data analysis, manuscript editing), ignoring categories that do not apply to the research.

Conflict of Interest Statement.

No conflict of interest.

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