

Elementary Health Advocate Job Description

Are you passionate about Health and Wellness? Do you want to help make your site a healthier place for students, staff, and parents? Please consider being a Health Advocate at your site! (\$800 stipend)

RESPONSIBILITIES

Support Curriculum implementation

- Provide health-related professional developments at staff meetings on accessing SEL, COVID Safety and Health lessons and related report card assessment tools and resources.
- Promote <u>SEL and health curriculum</u>.
- Function as a resource for faculty regarding: health education policies, district approved curriculum and Health Education speakers, parent notification materials, and systems for requesting resources.
- Present Student Family Services Division (SFSD) updates and distribute health resources, curricula, and in-service materials as needed and/or provided by SFSD (slides and script provided).
- Publicize all Health related events/activities on site via bulletins, posters, newsletters, and announcements

Advise the Coordinated Care Team (CCT) about Tier 1 Supports for Health and Wellness

- Advise the Coordinated Care Team and staff at your site about all resources to strengthen school climate and culture, including the SEL/Health resources and staff wellness resources.
- Join an existing team (Leadership, Wellness, or CCT) to support health and wellness at your school

Promote Wellness Activities for students and staff

- Work with site leadership to infuse staff wellness opportunities into the meeting structures for staff and promote staff wellness resources and professional development.
- Create a Wellness Champions wall to celebrate classrooms, students, and staff who demonstrate healthy lifestyle habits.
- Support school-wide health events such as Bike and Walk to School days, Jump Rope for Heart, Walking Clubs, Water promotion, Staff Wellness events, etc...

Promote the Wellness Policy

• Share information about the <u>SFUSD Wellness Policy</u> with staff. (In brick and mortar, examples would be: Modeling healthy behaviors for staff and students: healthy classroom celebrations, non-food rewards, classroom snack policy, regular physical activity, etc.)

Documentation of these responsibilities needs to be submitted electronically in a timely manner. Health Advocates are expected to complete a minimum of **20 hours** outside of the contractual day (including the 4 HA meetings); **\$800** stipend is dependent upon meeting attendance, documentation submission and activity completion. Partial stipends will be paid to those who do **not** complete all role responsibilities.

MEETINGS

Attend 4 Health Advocate meetings via Zoom. The first meeting is scheduled for **September 28th at 4:15 OR September 30th at 3:15**. *New Advocates will also attend a short orientation September 21st at 4:15 or 23rd at 3:15*.

To sign up to be your site's Health Advocate, please confer with your administrator and complete this link: <u>HA Application Form</u>

For more information contact Mike Drum drumm@sfusd.edu 415-242-2615 x3225 or Karen Tiu tiuk@sdusd.edu 415-242-2615