

Foods and Nutrition 1- Mrs. Drewes
Semester 1 2026-2027 School Year

Week of: September 28-October 2, 2026

<u>Day</u>	<u>Assignment/Activity</u>
Monday	- Carbohydrate Vocab
Tuesday	- What are Carbs? Notes - Missing Work Makeup Day - Pasta Recipe & Shopping List
Wednesday	- What are Carbs? Notes
Thursday	- Pasta Mise en Place (Tentative)
Friday	- Pasta Lab (tentative)

Essential Learning Outcome: [ELO 5](#)

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Week of: September 21-25, 2026

<u>Day</u>	<u>Assignment/Activity</u>
Monday	- Organize Bulk Food Order
Tuesday	- Food Label Vocabulary
Wednesday	- Reading Food Labels Notes & Discussion - Research Food Labels Assignment
Thursday	- Research Food Labels Assignment - Finish
Friday	- Mrs. Drewes Gone - Culinary Food Nutrition Escape Room

Essential Learning Outcome: [ELO 1](#)

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Week of: September 14-18, 2026

<u>Day</u>	<u>Assignment/Activity</u>
Monday	- Kitchen Safety Poster Project [Summative]
Tuesday	- Kitchen Safety Poster Project [Summative]
Wednesday	- Knife Safety Notes - Knife Safety Worksheet
Thursday	- Knife Skills Practice with Play-Doh
Friday	- Knife Safety Summative

Essential Learning Outcome: [ELO 1](#)

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Week of: September 7-11, 2026

<u>Day</u>	<u>Assignment/Activity</u>
Monday	- No School
Tuesday	- Kitchen Safety Notes & Discussion - Mise en Place Notes (if time)
Wednesday	- Food Borne Illness Notes & Discussion
Thursday	- Kitchen Escape Room with Cooking Teams
Friday	- Clean, Cook, Separate, & Chill Reading and Questions

Essential Learning Outcome: [ELO 1](#)

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Week of: August 31-September 4, 2026

<u>Day</u>	<u>Assignment/Activity</u>
Monday	- No School
Tuesday	- First Day of School Expectations - 1st Hour-Assembly
Wednesday	- Cooking Lab Expectation Form - Kitchen Activity / Kitchen Team Selection - Kitchen Set Up - Pick your perfect menu with your cooking group
Thursday	- Culinary Vocab
Friday	- No School

Essential Learning Outcome: