**Accommodations / What to Bring**:
We will be lodged in dorm-style housing. **You must bring your own bedding.** The rooms are heated, and a pillow plus a sleeping bag or twin sheets + blanket should be sufficient. Hopefully we'll have sunny, clear weather like we had this past weekend, but it's always best practice to bring layers and be ready for rain/fog in the headlands at this time of year. A great suggested packing list can be found in the event guidelines link below.

**Meals + Refreshments**: We have passed on the dietary restrictions information we received to the NatureBridge team. Food will be provided buffet style with selections for everyone, including a yogurt bar at breakfast and salad bars at lunch and dinner. We will also have a coffee/tea service present throughout the day on Saturday and Sunday. If you would like to bring any additional food of your own, you may store it in the meeting room only, not in the dorm space. Access to refrigerated space can be provided by the NatureBridge team for storage of medications or other essentials.

**NatureBridge Informational Documents**
Conference Event Guidelines and Preparation
Dietary Restrictions and Information
Health and Safety Plan