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 Can breastfeeding support interventions prevent the development of depression after childbirth?  10 studies (1573 mothers) tested whether breastfeeding support could prevent development of depression after childbirth (postpartum depression). Most studies provided education or social or psychological support. • Breastfeeding support may prevent some cases of postpartum depression at 1-3 months after treatment ends. It is uncertain whether support reduces symptoms of depression or anxiety. • Breastfeeding support may increase the overall length of time that babies are breastfed. • Studies did not mention any harms related to the interventions.  Psychosocial breastfeeding support may reduce the risk of postpartum depression in the short term. Additional large and high-quality studies are needed to improve the certainty of these findings and judge whether there is a risk of harms. 	https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD014833.pub2/full Added 9/22/25
 Can acupuncture help newborns with brain injury from lack of oxygen at birth?  Brain injury from lack of oxygen at birth (called hypoxic ischemic encephalopathy or HIE) can lead to death or severe long-term disability. Cooling the body temperature has been shown to be helpful, but acupuncture has also been tried. • This review found 4 studies (464 babies) comparing acupuncture to no treatment for newborns (≤10 days) with HIE. All studies were conducted in China or Russia. • None of the studies collected information on deaths, length of hospital stay, or long-term brain development. • None of the studies collected information on side effects.  There is not enough evidence to show whether acupuncture is helpful or harmful for newborns with HIE. More studies looking at survival and other important outcomes are needed. 	https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD007968.pub3/full Added 10/7/25