Falmouth High School Weekly Communication October 3, 2025

- **■** radução para o português
- FHS Weekly Comm 10-3-2025

Clipper Scholars and Families: It's been an epic week on the Clipper Campus. On Thursday afternoon and evening the campus Clipper Spirit was alive and well. There were field hockey games, volleyball and soccer matches. Tonight is the game and the dance. Saturday will be another day full of competitions and school spirit. I'm extremely proud of our entire student body for the outstanding participation in spirit days and your pride in your school. Well done. That pride carries into the classroom. Next week our teachers will be updating power school with mid-quarter grades in powerschool. Families this is an important time to check-in on progress. Scholars this is the time to check your current reality. Early monitoring of your learning and completion is critical in building habits of success and knowing where you need to apply more effort or ask for assistance. We call that a good struggle. We are rolling now into the last part of the Fall sports season, building up to the Fall play and the end of the first quarter will be here before you know it. Keep striving to be your Clipper Best!

Say Something: Falmouth High, Lawrence School and Morse Pond all participate in the Say Something Anonymous Reporting System.

- What is the purpose of the Say Something Anonymous Reporting System? The Say Something Anonymous Reporting System is a platform and safe space for students and concerned adults to provide information about individuals threatening or displaying at-risk behaviors for potential violence or self-harm.
- Click on the links for <u>FAQ's</u> as well as the <u>Brochure</u> with instructions on how to use the system.

From Athletics/Activities/Arts & Clubs

■ 10/6/25: A Week at a GlanceThis link will give you a window into what is happening around our FHS campus for both athletics and activities.

Homecoming Weekend Schedule FHS will host Homecoming October 2-4th. All varsity games will be announced and broadcasted live by ALWAYSON Media Group! **Link for Live Streams.**

Friday - October 3rd

Kick Off Rally for students last period of the school day.

Varsity Football v Nantucket @ 4:00pm

*Homecoming Dance at 6:30-9:00pm here at the high school.

Saturday - October 4th - Taco Blanco food truck available at games 11:00am-2:00pm

10:00am - JV Field Hockey

10:00am - Boys Freshman Soccer

11:30am - Varsity Field Hockey

1:00pm - Girls JV & Varsity Soccer

3:00pm - Boys JV & Varsity Soccer

Athletic Highlights

Clipper of the week

Most weeks the athletic department honors one Clipper athlete as the Clipper of the Week. This athlete is a good teammate, does what is best for the team, comes everyday with a positive attitude ready to work hard. This week our Clipper of the Week is Field Hockey player Emele Conlon.

9/29 Field Hockey tied at Monomoy 2-2, after losing 7-0 on 9/17. Amazing turnaround ladies. Volleyball defeated SJP 3-1 at home.

9/30 Boys Soccer had a huge 6-2 win over Nantucket who beat them earlier in the year 4-0.

Cheer Fundraiser: Your Clipper Cheerleaders are raising money for breast cancer awareness and research in honor of Breast Cancer Awareness Month. With every shirt purchased, \$5 will be donated to the National Breast Cancer Foundation!! FLYER

2026 Yearbook & Senior Photo Submission: Seniors, it's time to leave your mark on the yearbook! Please submit your senior quote and/or senior picture no later than Monday, November 25th using the following link. ***Please note, the form must be submitted by the senior student using their school gmail account

2026 Senior Picture and Quote Submission Form

Spring 2025 MCAS scores will be distributed to students in homerooms October 7th. If your child participated in last year's MCAS tests, please review this important information, and if you have any questions whatsoever, please do not hesitate to contact Tom McManamon, Assistant Principal of Academic Programs: tmcmanamon@falmouth.k12.ma.us

FHS THEATRE COMPANY WINTER CALENDAR RAFFLE: Tickets are on sale now- one for \$10 or three for \$25. We have some <u>amazing prizes</u> this year! Drawings will begin on November 24th and each ticket gives you 26 chances to win. Tickets can be purchased from a member of FHS Theatre Co./Boosters, Ms. Guida or by emailing <u>theaterboostersfhs@gmail.com</u>.

From Guidance

PSAT Test will be offered to grade 10 and 11 students during periods 1-3 on Tuesday, **October 28**. The PSAT is a practice for the SAT test required by many colleges and universities for admission. The PSAT tests include ELA and Math and are a good measure for future academic success. For grade 11 students only, the PSAT allows scholarship opportunities through the National Merit Corporation. Please see the registration form for more information. **Any grade 10 or 11 student who would like to take the PSAT on October 28th must return the registration form to the Guidance Office by the extended October 6th deadline.**

■ PSAT Registration 2025.docx ■ PSAT Registration 2025 portuguese.docx

Student Exchange Program - Students in grades 9, 10, and 11 are invited to learn more about summer and year long student exchange programs to foreign countries. Falmouth Public Schools is partnering with Rotary International to explore student exchange options. To learn more, please come to a meeting with your parent or guardian on Wednesday evening, **October 8 at 6:30pm** in the high school library.

Host Family Needed - for European exchange students who speak English. Please email Alan Kazarian if you or someone you know may be interested. akazarian@falmouth.k12.ma.us **College Representatives visiting Guidance:** The following representatives will be in the Guidance Office after school at 2:05pm. St. Mary College of Maryland - Thursday, October

30th; Hartford Art School - Thursday, November 13th. This is a great opportunity to learn more about the school and meet the admissions counselors who may be reading your applications. The annual **College and Career Fair** will be held on October 15 during period 4 in the fieldhouse. All grade 10, 11 and 12 students will be invited to attend. Students will go to their regular period 4 lunch and come to the fair during their class time.

College Fair List 202526.pdf

Scholarship available for all students: Lumiere Scholars Essay Award invites high school students to examine issues that matter to them. The competition is free to enter for all high school students. 6 winners from 3 categories (Humanities, STEM, and Social Sciences) will receive a total of \$20,000 in cash prizes and scholarships. Entries will be judged by professors from Oxford, Cambridge, and Dartmouth. The submission deadline is November 2, 2025. For more information go to: https://www.lumiere-education.com/lumiere-scholars-essay-award Senior Scholarships: See attached list of upcoming scholarships

W UPCOMING SCHOLARSHIPS Class 2026.docx

HARVEST OF THE MONTH: This month we are excited to introduce our Harvest of the Month, pears. We will kick-off our cafeteria tastings on October 20th with a pear pão de queijo (gf brazilian cheese bread). Our tastings give every student in the lunchroom an opportunity to taste and vote on how they feel about the bite. It's a great way for students to try new foods, dive into the idea of mindful eating, and engage in constructive feedback while learning about local farms and seasonality. On October 30th our Harvest of the Month lunch menu is chicken and broccoli rice bowl with yum yum sauce, pear and cabbage slaw, banana and choice of milk. Students can also choose to try this side if they get the alternate lunch. The side of pear and cabbage slaw has fresh pears, cabbage, carrot, ginger, garlic, cilantro, scallion, rice vinegar, soy sauce, honey, and olive oil.

Community Announcements:

Spain summer 2026: We are excited to announce a travel opportunity to Spain for July 2026. This non-school affiliated trip is being organized through EF Educational Tours. To learn more about this exciting cultural and language immersion experience there will be an informational meeting on Monday October 6th at 6:00pm on ZOOM. You can use <a href="https://doi.org/10.1001/journational-neeting-n

The Town of Falmouth Human Services Department, in partnership with Riverside Community Care, invites you to a community discussion:

- Psychological Care During Unsettling Times <u>Flyer English Flyer Portuguese Flyer Spanish</u>
- Join us for an evening of support and conversation as we acknowledge and validate the stress and anxiety that can come from disturbing or unsettling news. Learn strategies for responding and coping in healthy ways so that you—and your family—can return to a place of calm and balance.
- The program will also provide guidance on how to talk with children and teens about upsetting news or events.

 Falmouth Senior Center

 Tuesday, October 7th

 6:00

 7:30 PM
- This program is open to Falmouth residents age 18+, with special focus on parents and caregivers seeking guidance on how to talk with children about upsetting news

Fresh Market will be at FHS on October 16th in Cafeteria A from 2:30 - 3:30 pm. This free food market is open to all families enrolled in Falmouth Public Schools. Anyone interested can enter through the front door and walk downstairs to cafeteria A or drive to the back of the building, park alongside the building and enter through the cafeteria door. Translated flyer.

Boys and Girls Club programs: Flag Football (translated flyer); October Teen Program calendar (translated flyer); Girl Talk (translated flyer).

Don't stop believin', Dr. Harris