# Some Health Advantages Of Birth Control Prescriptions You Should Be Aware Of

Since the time of its invention, **birth control prescriptions** pills have advanced significantly. Hormone levels have been lowered to the point where adverse effects are not only considerably decreased but also positively viewed! There are already several more hormonal birth control options available in addition to the pill. Progestin-only pills are ideal for women who do not need or choose to take estrogen, but they are less commonly prescribed since they have a higher risk of producing unexpected vaginal bleeding for at least the first year. Due to their longer-lasting effects for preventing conception as well as some of the other, less well-known advantages of hormonal birth control, methods including the contraceptive implant, IUD, patch, ring, and shot have become quite popular. It is advisable to consult with the **best general doctors in Houston** for birth control instructions.

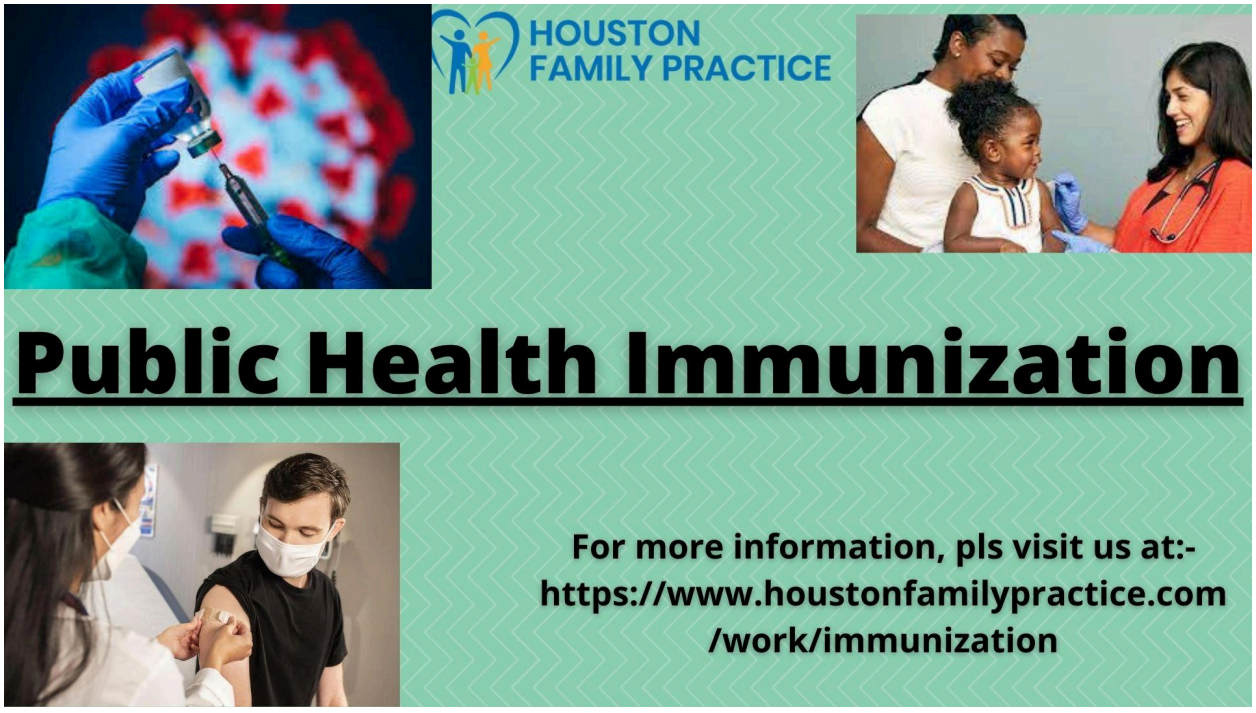



## How Does Hormonal Birth Control Work?

When a woman reaches reproductive age, her ovaries produce an egg once per cycle (about once a month), which waits to be fertilized in the fallopian tubes. The lining of the uterus, which has developed a lining of blood cells, sheds the blood cells via the vagina if the egg is not fertilized by male sperm, and this is what is seen as monthly menstruation. When hormonal birth control is provided to a female, the hormones "trick" the ovaries into believing the lady is already pregnant, which prevents the egg from being released into the fallopian tubes. In that case, a sperm cell cannot fertilize an egg. However, what many people don't realize is that this reaction can start or stop other bodily processes that the woman taking the medicine could view as advantageous. **Houston Family Practice** can assist you with prescriptions for birth control or whether you are looking for the best **Houston family medicine and pediatrics**.

## Which Advantages Do Hormonal Birth Control Offer?

The birth control pill is the most often prescribed drug in the world, thus its advantages are widely recognized. **Public health immunization** is the process of administering a vaccine to a person in order to protect them from disease. Immunity (protection) from immunization is similar to immunity from disease, except that instead of getting the disease, you get a vaccine. This is why vaccines are such effective medicines. The pill has been around the longest, but there are many more options that last longer and offer additional advantages. Despite the fact that pills are the most commonly prescribed method of **birth control prescriptions**, they are not the only method available. If you have trouble remembering things or don't want to take a tablet every day, try the patch or ring. Remember that because everybody is unique, various effects may be felt by different women.



- The length of the monthly cycle is typically shortened by hormonal birth control. The body's hormones have often stabilized after a few months, resulting in a more regular or lighter cycle. Many females also mention having fewer cramps!
- Monthly bleeding may be lessened as a result of the hormonal **birth control prescription near me** pills. As hemoglobin levels rise as a result of the decreased monthly blood loss, anemia may be treated or avoided. There are serious health repercussions of anemia. Premature births and underweight kids are more likely to occur in anemic moms. Additionally, anemia causes weariness and poor productivity. Young women with anemia sometimes perform badly in school.
- IUDs and contraceptive implants are two methods that can potentially entirely STOP menstruation. The uterus no longer needs such a thick lining to shed since the body starts to stop expecting an egg every month. It's important to note here that this can vary for each woman.
- The prevalence of some malignancies in women can be decreased by hormonal birth control techniques. The majority of the studies have been with the pill, however, there is evidence that the hormones used in different birth control methods have comparable effects in preventing ovarian, endometrial, and colorectal cancers. A **well woman exam** allows your provider to detect any health issues early, when they are easiest to treat. It also gives you important information about how to avoid future health problems.
- It has been demonstrated that oral contraceptives (like the pill) lessen ovarian cysts.
- Acne and other hormone-related issues can sometimes be helped by some birth control techniques.

- Managing monthly bleeding and fewer absences from school may also be made easier as a side benefit of less menstrual bleeding.

So these were some of the health benefits of birth control. You can get in touch with **Houston Family Practice** for **birth control prescriptions**.